



University Vision and Action Plan for Sustainable Development Goals

3 GOOD HEALTH AND WELL-BEING



Good Health and Well-being – Ensure healthy lives and promote well-being for all at all ages

1. Relevance and Significance

Sustainable Development Goal 3 (SDG 3) aims to ensure healthy lives and promote well-being for all. Recognizing the critical role of health in development, Deen Dayal Upadhyaya Gorakhpur University (DDUGU) advances this goal through integrated research, education, and community outreach focused on public health and wellness.

2. Sustainable Practices

Deen Dayal Upadhyaya Gorakhpur University actively supports SDG 3 through sustainable practices and health-focused research. Faculty members contribute to advancements in medical biotechnology, including studies on cancer and other critical diseases. The university also promotes community engagement by blending ethical values with scientific education, encouraging both students and faculty to support societal well-being. This approach nurtures a culture of innovation and social responsibility.

3. Policies and Guidelines

DDUGU's mission supports regional development with a strong focus on health and well-being. The university integrates ethical education with scientific learning and includes wellness topics in its curriculum. Through its MoU with the University of Delhi under the Samarth Initiative, DDUGU aligns with NEP goals, potentially advancing health-related efforts. It has also implemented key institutional policies and committees—such as IHEC, IAEC, IBC, and a Research Ethics Committee—to ensure ethical and safe research. Additionally, the university has adopted Divyangjan and Environment Policies to promote inclusivity and a pollution-free campus. These initiatives collectively reflect DDUGU's commitment to SDG 3: Good Health and Well-being.

4. Outcomes

DDUGU's policies have led to the development of popular programs in Yoga and Counselling. Regular yoga, meditation sessions, and health initiatives like blood donation drives, vaccination, and medical camps support overall well-being. The university's mental well-being club benefits students, staff, and the community, while special support is extended to TB patients. Through faculty research, publications, and regional outreach, DDUGU actively promotes health awareness. Its collaborations in medical and public health research further strengthen its contribution to SDG 3: Good Health and Well-being.

5. Future Roadmap

To advance SDG 3, DDUGU plans to establish health research centers, expand outreach programs in underserved areas, and integrate preventive health education into its curriculum. Collaborations with healthcare providers and NGOs will enhance local health outcomes, while robust monitoring systems will track progress. These efforts will solidify DDUGU's commitment to promoting health and well-being for all.