

Department of Philosophy
DDU Gorakhpur University, Gorakhpur
SYLLBUS
UG (B.A.) CBCS Philosophy September 2021

Department of Philosophy
DDU Gorakhpur University, Gorakhpur

Semester-wise Titles of the Papers in UG, (B.A) CBCS Philosophy.

Year	Sem.	Course Code	Paper Title	Theory&Practical	Credits
First Year	I	Phil-001	Indian Philosophy- I	Theory	2
		Phil-101 (A100101T) Phil - 102 (A100101T)	Indian Philosophy- II		3 3
	II	Phil-103 (A100201T)	Western Philosophy	Theory	4
		Phil-104 (A100202P)	Yoga	Theory & Practical	2
Second Years	III	Phil-201 (A100301T) Phil - 202 (A100301T)	Ethics (Indian) -I Ethics (Western)- II	Theory	3 3
		IV	Phil-203 (A100401T)		Logic (Indian) I or
	Phil-204 (A100402T)		Logic (Western) II	Theory & Practical	2
	Phil-205 (A100403P)	Yoga			
Third Year	V	Phil-301 (A100501T)	Problems of Philosophy (Indian)- I	Theory	3
		Phil-302 (A100501T)	Problems of Philosophy (Western) - II		2
		Phil-303 (A100601T)	Philosophy of Religion- I		3
		Phil-304 (A00601T)	Philosophy of Religion -II		2
		Phil-305 (A100503R)	Research project		3 Qualifying
	VI	Phil-306 (A100602T) Phil-307 (A100602T)	Socio political Philosophy - I Socio political Philosophy - II	Theory	3 2 3
		Phil-308 (A100502T)	Applied Philosophy		Theory & Practical
		Phil-309 (A100603P)	Yoga		
		Phil-310 (A100604R)	Research Project	3 Qualifying	

(Prof. Dwarka Nath)
Department of Philosophy
DDU University of Gorakhpur.

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Programme Specific Outcome for 1st Year

By studying this course of one year, a student will be able to develop his/her understanding about classical Indian philosophy as well as Plato and Aristotle, the two leading thinkers of western philosophy and modern western philosophy. In this way, after one year of study, he/she would learn about both Indian and Western streams of Philosophy. Moreover, Study & practice of this course will provide a stressless and effortless life, expansion of consciousness, regulation of the nervous system etc.

Ist Year Semester I Course Code Phil-001 Credit 02

Indian Philosophical Tradition

Unit Ist

Begining of Indian Thought

1. Vedas
2. The Upnisads
3. The Bhagwadgita

Unit IIInd

Ancient & Medieval Indian Thought

1. Jainism
2. Buddhism
3. Six Systems of Indian Philosophy
4. Bhakti Movement

Unit IIIrd

Modern Indian Thought

1. Swami Vivekanand
2. Swami Dayanand Saraswati
3. Rabindra Nath Tagore
4. Mahatma Gandhi

Unit IVth

5. Sri Aurobindo
6. Paramhansa Yoganand
7. Radhakrisanan
8. Deen Dayal Upadhyaya
9. B.R. Ambedkar

Course Outcomes :

- A. Philosophy arose in india as an inquiry into the mystery of life and existence.
- B. Indian Philosophy refers to several treaditions of philosophical thought that originated in the indian sub-continent
- C. Over centuries india's intellectual exploration of truth has come to be represented by six systems of Indian philosophy. Those are known as Sankhya, Yoga, Nyaya,

Vaisheshika, Mimamsa and Advaita and Charvaka, Buddhist and Jain Philosophy belong to heterodox school of Indian Philosophy.

Semester Ist Course Code Phil-101 Credit 03
Indian Philosophy-I

Unit	
I	Introduction: Common characteristics and classification of Indian philosophical school: Āstika and Nāstika Cārvāka School: Epistemology, Metaphysics, Ethics
II	Jainism: Concept of sat, dravya, paryāya, Guna; Anekāntavāda, Syādvāda and Sapta-bhaṅgi-naya, Theory of Karma, Bondage and Liberation.
III	Buddhism: Four noble truths, Theory of dependent origination (Pratītyasamutpāda), Definition of Reality (Arthakriyākāritvamsattvam), Doctrine of momentariness (Kṣhaṇabhāṅgavāda), Theory of no-soul (Nairātmyavāda), Nirvāṇa, Hīnyāna and Mahāyāna
IV	Sāṅkhya: Satkāryavāda, Nature of Prakṛti, its constituents and proofs for its existence, Nature of Puruṣa and proofs for its existence, plurality of the Puruṣas, theory of evolution Yoga: Citta, Cittavṛtti, Cittabhūmi, Eight fold path of Yoga (Aṣṭāṅga Yoga), God
<p>Co. 1. Indian philosophy has been intensely spiritual and has emphasized the need of practical realization of truth.</p> <p>Co. 2. The aim of this paper Indian philosophy is to give a clear, comprehensive and critical account of the various systems of Indian philosophy.</p> <p>Co. 3. The purpose of this paper is to present the major systems of Indian philosophy simply and clearly so that research students can comprehend the basic concepts of Indian philosophy.</p>	
<p>Suggested Readings:</p> <ol style="list-style-type: none"> 1. Datta, D.M. & Chatterjee, S. C., "An Introduction to Indian Philosophy", Rupa Publication India Pvt. Ltd., New Delhi, 2007. 2. Datta, D.M. & Chatterjee, S. C., "Bhartiya Darshan", Pustak Mahal, Patna, 2013. 3. Hiriyanna, M., "Outlines of Indian Philosophy", Motilal Banarasidass Publishers Pvt. Ltd., Delhi, 2014. 4. Mohanty, J. N., "Classical Indian Philosophy", Rowman and Littlefield Publishers INL Maryland, U.S.A., 1992. 5. Pandey, S.L., "Bhartiya Darshan ka Sarvekshana", Central Publishing House, 	

Allahabad, 2008.

6. Pathak, Rammurty, "Bhartiya Darshan ki Sameekshatmak Ruprekha", Abhimanyu Prakashan, Allahabad, 2017.
7. Radhakrishnan, S., "Indian Philosophy (Vol. I & II)", Oxford University Press, New Delhi, 2008.
8. Raju, P.T., "The Philosophical Traditions of India", Motilal Banarasidass Publication Pvt. Ltd., New Delhi, 2009.
9. Sharma, C.D., "Bhartiya Darshan: Aalochan evam Anusheelan", Motilal Banarasidass Publication Pvt. Ltd., New Delhi, 2013.
10. Sharma, C.D., "A Critical Survey of Indian Philosophy", Motilal Banarasidass Publication Pvt. Ltd., New Delhi, 2016.

This course can be opted as an elective by the students of following subjects: Open to all
Suggested Continuous Evaluation Methods: Assignment, Project, Seminar (15 Marks), Attendance (10 Marks)
Course prerequisites: Open to All
Suggested equivalent online courses: Coursera, SWAYAM
Further Suggestions:

Semester Ist Course Code Phil-102 Credit 03
Indian Philosophy-II

Unit	
V	Nyāya: Pramā and Pramāna, Pratyakṣa (definition), Sannikarṣa, Classification of Pratyakṣa: Nirvikalpa, Savikalpa, Laukika, Alaukika; Anumiti, Anumāna (definition), Vyāpti, Parāmarśa, Classification of Anumāna: Pūrvavat, Śeṣavat, Sāmānyatodrṣṭa, Kevalānvayi, Kevalavyatireki, Anvaya-vyatireki, Svārthanumāna, Parārthanumāna, Upmāna, ŚabdaPramāṇa.
VI	Vaiśeṣika: Padārtha, Dravya, Guṇa, Karma, Sāmānya, Viśeṣa, Samavāya, Abhāva Mīmāṃsā (Prabhākara and Bhatta): Arthāpatti and Anuplabdhi as source of knowledge.
VII	Advaita Vedānta: Saṅkara's view of Brahman, Saguna and Nirguna Brahman, Three grades of Sattā: Prātibhāsika, Vyāvahārika, Pāramārthika, Jiva, Jagat, Māyā and Mokṣa. Viśiṣṭadvaita Vedānta: Rāmānuja's view of Brahman, Jiva, Jagat, Refutation of the doctrine of Māyā, Mokṣa.
VIII	The Philosophy of Gorakhnath (Gorakh Darshan) : Metaphysics, Ethics and Yoga

Co. 1. Indian philosophy has been intensely spiritual and has emphasized the need of practical realization of truth.

Co. 2. The aim of this paper Indian philosophy is to give a clear, comprehensive and critical account of the various systems of Indian philosophy.

Co. 3. The purpose of this paper is to present the major systems of Indian philosophy simply and clearly so that research students can comprehend the basic concepts of Indian philosophy.

Suggested Readings:

1. Datta, D.M. & Chatterjee, S. C., "An Introduction to Indian Philosophy", Rupa Publication India Pvt. Ltd., New Delhi, 2007.
2. Datta, D.M. & Chatterjee, S. C., "Bhartiya Darshan", Pustak Mahal, Patna, 2013.
3. Hiriyanna, M., "Outlines of Indian Philosophy", Motilal Banarasidass Publishers Pvt. Ltd., Delhi, 2014.
4. Mohanty, J. N., "Classical Indian Philosophy", Rowman and Littlefield Publishers INL Maryland, U.S.A., 1992.
5. Pandey, S.L., "Bhartiya Darshan ka Sarvekshana", Central Publishing House, Allahabad, 2008.
6. Pathak, Rammurty, "Bhartiya Darshan ki Sameekshatmak Ruprekha", Abhimanyu Prakashan, Allahabad, 2017.
7. Radhakrishnan, S., "Indian Philosophy (Vol. I & II)", Oxford University Press, New Delhi, 2008.
8. Raju, P.T., "The Philosophical Traditions of India", Motilal Banarasidass Publication Pvt. Ltd., New Delhi, 2009.
9. Sharma, C.D., "Bhartiya Darshan: Aalochan evam Anusheelan", Motilal Banarasidass Publication Pvt. Ltd., New Delhi, 2013.
10. Sharma, C.D., "A Critical Survey of Indian Philosophy", Motilal Banarasidass Publication Pvt. Ltd., New Delhi, 2016.

This course can be opted as an elective by the students of following subjects: Open to all

Suggested Continuous Evaluation Methods:

Assignment, Project, Seminar (15 Marks), Attendance (10 Marks)

Course prerequisites: Open to All

Suggested equivalent online courses:

Coursera, SWAYAM

Further Suggestions:

Semester IInd Course Code Phil-103 Credit 04

Western Philosophy

Unit	
I	Plato and Aristotle: Ideas, Substance, Form and Matter, Causation, Actuality and Potentiality
II	Descartes: Cartesian method of doubt, <i>cogito ergo sum</i> , criterion of truth, types of ideas, Proofs for the existence of God, Mind-body relation: Interactionism
III	Spinoza: Doctrine of substance, attributes and modes, Existence of God, Pantheism, Parallelism
IV	Leibnitz: Monads, Truth of reason, Truth of facts, Innateness of ideas, Doctrine of pre-established harmony
V	Locke: Refutation of innate ideas, the origin and formation of ideas, simple and complex ideas, substance, modes and relations, nature of knowledge and its degrees, limits of knowledge, primary and secondary qualities.
VI	Berkeley: Refutation of abstract ideas, criticism of locke's distinction between primary and secondary qualities, Immaterialism, <i>esse est percipi</i> , role of God
VII	Hume: Impression and Ideas, distinction between judgements concerning relations of ideas and judgements concerning matters of fact, theory of causality, theory of self and personal identity, Scepticism.
VIII	Kant: Conception of critical Philosophy, distinction between <i>a priori</i> and <i>a posteriori</i> judgements, distinction between analytical and synthetic judgements, Possibility of synthetic <i>a priori</i> judgements, Copernican revolution.

Co. 1. The history of western philosophy aims to give a connected account of the different attempts which have been made to solve the problems of existence, or to render intelligible to us our world of experience.

Co. 2. Western philosophy at the present day has for its main branches : metaphysics, epistemology, logic, Ethics, Aesthetics and social philosophy.

Co. 3. It is the story of the development of reasoned human thought from its beginnings down to the present time; not a mere exposition of philosophical theories but a study of these in their relations to one- another.

Suggested Readings:

1. Connor, D.J.O., "A Critical History of Western Philosophy", Free Press, Parent Company Simon and Schuster, New York, 1985.
2. Ewing, A.C., "The Fundamental Question of Philosophy", Routledge and Kegan Paul Ltd., New York, 2012.
3. Falckenberg, R., "History of Modern Philosophy", Create Space Independent Publishing Platform, Scotts Valley, Carolina, 2015.
4. Kenny, Anthony, "A New History of Western Philosophy", Oxford University Press, Oxford, 1985.
5. Masih, Y., "A Critical History of Western Philosophy (Greek, Medieval, Modern)", Motilal Banarasidass Publication Pvt. Ltd., New Delhi, 2017.

6. Russel, Bertrand, "History of Philosophy", Routledge, New York, 2004.
7. Scruton, R, "A Short History of Modern Philosophy from Descartes to Wittgenstein", Routledge Publishers, Pustak Mahal, New Delhi, 2001.
8. Srivastava, J.S., "Adhunik Darshan ka Vaijñānik Itihas", Kitab Mahal, Allahabad, 2012.
9. Sharma, Chandradhar, "Pashchatya Darshan", Motilal Banarasidass, Delhi, 1998.
10. Thilly, F., "A History of Philosophy", SBW Publishers, New Delhi, 2018.
11. Upadhyaya, Harishankar, "Pashchatya Darshan ka Udbhav aur Vikas", Anusheelan Prakashan, Allahabad, 2004.
12. Wright, W.K., "A History of Modern Philosophy", Macmillan Company, Mumbai, 1952.

This course can be opted as an elective by the students of following subjects: Open to All
Suggested Continuous Evaluation Methods: Assignment, Project, Seminar (15 Marks), Attendance (10 Marks)
Course prerequisites: Open to All.
Suggested equivalent online courses: Coursera, SWAYAM
Further Suggestions:

Semester IInd Phil-104 Credit 02
Yoga (Theory and Practical)

Unit	
I	Surya Namaskar
II	Shatkarma: Neti, Dhauti, Nauli, Tratok, Vasti and Kapalbhathi
III	Asana: According to Gheranda Samhita Padmasana, Vajrasana, Muktasana, Swastikasana, Singhasana, Makarasana, Siddhasana, Sukhasana, Veerasana, Bhujangasana, etc
III	Pranayama: Nadishodhan Pranayam, Bhastrika, Kapalbhathi, Sheetli, Ujjai etc.

Co. 1. To attain higher level of consciousness for God realization.
Co. 2. To enable the students to have good health.
Co. 3. Promoting prevention of stress related health problems and rehabilitation through yoga.

Suggested Readings:

1. Adityanath, Yogi, "Hathyoga: Swaroop and Sadhna", Gorakhnath Mandir Math Trust, Gorakhpur, 2015.
2. Gheranda Samhita
3. Patanjali Yogasutra
4. Ramdev, Swami, "Yoga Sadhna evam Yoga Chikitsa Rahasya", Divya Prakashan, Haridwar, 2004.
5. Saraswati, Swami Satyananda, "Asana Pranayama Mudra Bandh", Bihar School of Yoga, Bihar, 2013.
6. Yogananda, Paramhansa, "Autobiography of a yogi", Yogoda Satsanga Society of India, Ranchi, 1998.
7. Yogananda, Paramhansa, "Yogi Kathamrit", Yogoda Satsanga Society of India, Ranchi, 2005.
8. Purana Purusha : Lahiri Mahashaya : Ashok Kumar Chattopadhyaya.
9. Kriya yoga and Advaitavada: Lahiri Mahashaya : Ashok Kumar Chattopadhyaya.

This course can be opted as an elective by the students of following subjects: Open to all

Suggested Continuous Evaluation Methods:
Assignment (15 Marks), Attendance (10 Marks)

Course prerequisites: Open to All

Further Suggestions:

Programme Specific Outcome for 2nd Year

By studying the course of one year, a student will be able to develop his/her understanding about Ethics (Indian & Western) and Logic. In this way, after one year of study, he/she will be able to understand the moral concepts, principles and logical reasoning of Indian or Western Logic (whichever he/she chooses). Moreover, Study & practice of Yoga will provide better stamina, clarity for thoughts, a sense of inner peace, calmness, and stability in the body, Discipline their thoughts and Improved concentration.

Second Year

Semester III
Paper I Phil-201 Credit 03
Ethics I (Indian)

Unit	
I	The Ethics of Bhagavadgītā: Niṣkāma Karma-yoga, Sthitiprajña, Lokasaṃgraha Puruṣārthās and their inter-relations
II	Meaning of Dharma, Classification of Dharma: Sāmānya dharma, Viśeṣa dharma, Sādhāraṇa dharma, Concept of Ṛṇa and Ṛta
III	The general features of Jaina and Bauddha Ethics.
IV	The ethics of Gandhi: Eleven vows, Sarvodaya, Concept of seven sins, Doctrine of Trusteeship
<p>Co. 1. Ethics investigates the problem of morality, such as the standard of moral judgement, the highest goal of human life and other cognate problems.</p> <p>Co. 2. Another recent development of philosophy in the west called axiology, is devoted to the discussion of the problem of values.</p> <p>Co. 3. The object of this paper is to provide a simple introduction and help to grasp thoroughly the central ideas of Ethics.</p>	
<p>Suggested Readings:</p> <ol style="list-style-type: none"> 1. Dasgupta, Surama, "Development of Moral Philosophy in India", Munshiram Manoharlal Publication, New Delhi, 1994. 2. Frankena, W., "Ethics", Pearson, New Delhi, 1998. 3. Maitra, S.K., "The Ethics of the Hindus", Calcutta University Press, Calcutta, 1963. 4. Pandey, S.L., "Neetishastra ka Sarvekshana", Central Publishing House, Allahabad, 1992. 5. Satyanarayana, Y.V., "Ethics: Theory and Practice", Pearson, New Delhi, 2009. 6. Shaiba, S.A., "Problems of Ethics", Spectrum Publications, Delhi, 2003. 7. Sharma, I.C., "Ethical Philosophies of India", Johnsen Publishing, U.S.A., 1965. 8. Tewari, K.N., "Classical Indian Ethical Thought", Motilal Banarasidass, New Delhi, 1998. 9. Verma, Ved Prakash, "Neetishastra ke Mool Siddhanta", Hindi Madhyam Karyanvayan Nideshalaya, New Delhi, 1991. 10. Suggestive digital platforms web links- http://heecontent.upsdc.gov.in/Home.aspx 	
This course can be opted as an elective by the students of following subjects: Open to all	
Suggested Continuous Evaluation Methods: Assignment, Project, Seminar (15 Marks), Attendance (10 Marks)	

Course prerequisites: Open to All.
Suggested equivalent online courses: Coursera, SWAYAM
Further Suggestions:

Paper I Phil-202 Credit 03
Ethics II (Western)

Unit	
V	Nature and scope of Ethics, Theories of ethics: Teleological and Deontological. Postulates of morality, problem of free will and determinism.
VI	Moral and non-moral actions, Object of moral judgement-Motive and intention, ends and means. Value as standard of morality.
VII	Standards of morality: Hedonism- Ethical and Psychological, Utilitarianism: Bentham and Mill. Intuitionism, Butler's Theory of conscience as the ultimate standard of moral judgement.
VIII	Kant's ethical theory: Good will, Categorical Imperative, Duty for duty's sake Perfectionism

Co. 1. Ethics investigates the problem of morality, such as the standard of moral judgement, the highest goal of human life and other cognate problems.

Co. 2. Another recent development of philosophy in the west called axiology, is devoted to the discussion of the problem of values.

Co. 3. The object of this paper is to provide a simple introduction and help to grasp thoroughly the central ideas of Ethics.

Suggested Readings:

1. Dasgupta, Surama, "Development of Moral Philosophy in India", Munshiram Manoharlal Publication, New Delhi, 1994.
2. Frankena, W., "Ethics", Pearson, New Delhi, 1998.
3. Maitra, S.K., "The Ethics of the Hindus", Calcutta University Press, Calcutta, 1963.
4. Pandey, S.L., "Neetishastra ka Sarvekshana", Central Publishing House, Allahabad, 1992.
5. Satyanarayana, Y.V., "Ethics: Theory and Practice", Pearson, New Delhi, 2009.
6. Shaida, S.A., "Problems of Ethics", Spectrum Publications, Delhi, 2003.
7. Sharma, I.C., "Ethical Philosophies of India", Johnsen Publishing, U.S.A., 1965.

<p>8. Tewari, K.N., "Classical Indian Ethical Thought", Motilal Banarassidass, New Delhi, 1998.</p> <p>9. Verma, Ved Prakash, "Neetishastra ke Mool Siddhanta", Hindi Madhyam Karyanvayan Nideshalaya, New Delhi, 1991.</p> <p>10. Suggestive digital platforms web links- http://heecontent.upsdc.gov.in/Home.aspx</p>
This course can be opted as an elective by the students of following subjects: Open to all
Suggested Continuous Evaluation Methods: Assignment, Project, Seminar (15 Marks), Attendance (10 Marks)
Course prerequisites: Open to All.
Suggested equivalent online courses: Coursera, SWAYAM
Further Suggestions:

Semester IV Course code Phil-203 Credit 04
Logic-I (Indian)

Unit	
I	Indian Logic: Definition, nature and scope.
II	Nature of Knowledge
III	Pramā and Apramā
IV	Pramāṇa: Nature and Its different kind. Perception according to Nyāya
V	Inference: according to Nyāya, Buddhism, Jainism.
VI	Verbal Testimony, Upmāna, Arthāpatti, Anuplabdhi
VII	Prāmāṇyavāda: Svataḥ and Parataḥ Prāmāṇyavāda
VIII	Khyātivāda: Theory of error
Co. 1. Indian logic stands as one of the three original tradition logic, along side the Greek and the Chinese logic.	
Co.2. The Indian tradition continued to develop through early to modern times, in the	

form of the navya-nayaya school of logic.

Co.3. The purpose of this paper is to provide an detailed account of Indian logic and epistemology.

Suggested Readings:

1. Bandishtey, Dr. D.D. & Sharma, Dr. Ramashankar, "Bhartiya Darshnik Nibandh" (ed.), Madhya Pradesh Hindi Grantha Academy, Bhopal, 2008.
2. Barlingay, S.S., "A Modern Introduction to Indian Logic", Orient Book Distributers, New Delhi, 1976.
3. Bijalvan, C.D., "Bhartiya Nyayashastra", Uttar Pradesh Hindi Sansthan, Lucknow, 1983.
4. Chatterjee, S.C., "The Nyaya Theory of Knowledge", Rupa Publication, New Delhi, 2015.
5. Ganeri, Jonardon, "Indian Logic: A Reader" (ed.), Routledge, New York, 2017.
6. Maitra, S.K., "Fundamental Questions of Indian Metaphysics & Logic", Chakraverty, Chatterjee & Co. Ltd., Calcutta, 1956.
7. Pandey, S.L., "Jñāna, Mulya evam Sat", Central Publishing House, Allahabad, 1988.
8. Shastri, S. Kuppaswami, "A Primer of Indian Logic", KSRI Mylapore, Madras, 1951.
9. Tiwari, Kedarnath, "Bhartiya Tarkshastra Parichaya (An Introduction to Indian Logic)", Motilal Banarasi Dass, Delhi, 2014.
10. Tiwari, N.P., "Bhartiya tarkshastra (Indian Logic)", PHI Learning Private Limited, Delhi, 2009.
11. Suggestive digital platforms web links-
<http://heecontent.upsdc.gov.in/Home.aspx>

This course can be opted as an elective by the students of following subjects: Open to All

Suggested Continuous Evaluation Methods:

Assignment, Project, Seminar (15 Marks), Attendance (10 Marks)

Course prerequisites: Open to All.

Suggested equivalent online courses:

Coursera, SWAYAM

Further Suggestions:

OR

Semester IV Course Code Phil-204 Credit 04

Logic-II (Western)

Unit	
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I	Logic and arguments, deductive and inductive arguments, truth and validity Functions of language, Definition, Informal fallacies
II	Categorical Propositions and classes: quality, quantity and distribution of terms, translating categorical propositions into standard form
III	Immediate inferences: Conversion, Obversion and Contraposition, Traditional square of opposition and immediate inferences. Categorical syllogism: Standard form of Categorical Syllogism, The formal nature of syllogistic argument, Rules and fallacies.
IV	Boolean interpretation of categorical propositions; Venn diagram technique for testing Syllogism, Hypothetical and Disjunctive Syllogism, Enthymeme, Dilemma.
V	Induction: Argument by Analogy, Appraising analogical arguments, refutation by Logical analogy. Causal, Connections: Cause and effect, the meaning of "Cause", Induction by simple enumeration; Mill's methods of experimental inquiry, Criticism of Mill's method.
VI	Symbolic Logic: The value of special symbols; Truth-functions; Symbols for Negation, Conjunctions, Disjunctions, Conditional Statements and Material Implications. Tautologous, Contradictory and Contingent Statement-forms; The three laws of thought.
VII	Testing statement-form and statement & validity of argument-form and argument by the method of truth-table.
VIII	Science and Hypothesis: Scientific and Unscientific explanation, criteria of evaluation of hypothesis.
<p>Co.1. The purpose of this paper is to Explain how symbolic Logic can assist in eliminating the ambiguity, vagueness and redundancy of ordinary language statements.</p> <p>Co.2. To discuss the advantages and limits of symbolic Logic in the development of strong reasoning skills.</p>	
<p>Suggested Readings:</p> <ol style="list-style-type: none"> 1. Chakraborti, Chhanda, "Logic: Informal, Symbolic & Inductive", PHI Learning Private Limited, Delhi, 2016. Second Edition. 2. Cohen & Nagel, "Introduction to Logic and Scientific Method", Read Books, India, 2008. 3. Copi, Irving M., Cohen, Carl & McMohan, Kenneth, "Introduction to Logic", Pearson India Education Service Pvt. Ltd., Delhi, 2016. Fourteenth Edition. 4. Pathak, Rammurti, "Tarkashastra Praveshika", Abhimanyu Prakashan, Allahabad, 2004. 5. Seth, Shyam Kishor & Mishra, Neelima, "Tarkashastra: Ek Adhunik Parichaya", Lokabharti Prakashan, Allahabad, 2004 6. Suggestive digital platforms web links- http://heecontent.upsdc.gov.in/Home.aspx 	
This course can be opted as an elective by the students of following subjects: Open to All	

Suggested Continuous Evaluation Methods: Assignment, Project, Seminar (15 Marks), Attendance (10 Marks)
Course prerequisites: Open to All
Suggested equivalent online courses: Coursera, SWAYAM
Further Suggestions:

Semester IV Phil- 205 Credit 02
Yoga (Theory and Practical)

Unit	
I	Asana: Mayurasana, Mandukasana, Sheershasna, Sarvangasana, Halasana, Bhujangasana, Muktasana, Makarasana, Shalabhasana, Chakrasana, etc
II	Pranayama: Suryabhedan, Sheetli, Sheetkari, Bhastrika, Ujjai, Bhramari, etc
III	Dhyana (Meditation): Vipassana
IV	Samagra yoga dhyana (Sri Aurobindo)

Co. 1. To attain higher level of consciousness for God realization.
Co. 2. To enable the students to have good health.
Co. 3. Promoting prevention of stress related health problems and rehabilitation through yoga.

Suggested Readings:

1. Adityanath, Yogi, "Hathyoga: Swaroop and Sadhna", Gorakhnath Mandir Math Trust, Gorakhpur, 2015.
2. Gheranda Samhita
3. Patanjali Yogasutra
4. Ramdev, Swami, "Yoga Sadhna evam Yoga Chikitsa Rahasya", Divya Prakashan, Haridwar, 2004.
5. Saraswati, Swami Satyananda, "Asana Pranayama Mudra Bandh", Bihar School of Yoga, Bihar, 2013.
6. Yogananda, Paramhansa, "Autobiography of a yogi", Yogoda Satsanga Society of India, Ranchi, 1998
7. Yogananda, Paramhansa, "Yogi Kathamrit", Yogoda Satsanga Society of India, Ranchi, 2005.
8. Purana Purusha : Lahiri Mahashaya : Ashok Kumar Chattopadhyaya.
9. Kriya yoga and Advaitavada: Lahiri Mahashaya : Ashok Kumar Chattopadhyaya.

This course can be opted as an elective by the students of following subjects: Open to all

Suggested Continuous Evaluation Methods: Assignment (15 Marks), Attendance (10 Marks)
Course prerequisites: Open to All
Further Suggestions:

Programme Specific Outcome for 3rd Year:

By studying this one year course, a student will become aware of Indian and Western Philosophical Problems. He/She will develop an understanding of various epistemological and metaphysical concepts. He/She will understand many theories related to Philosophy of Religion, which will be helpful in solving many misconceptions related to Religion. Student will have a better understanding by studying various Social and Political concepts and theories. The student will learn various issues of Applied Philosophy which are very important in contemporary world. Moreover, study of Yoga will provide improved attention in studies, better stamina and co-ordination for sports and a heightened awareness and balanced attitude for social activity and by the study & practice of project work student would be able to learn tools, techniques and skills regarding the research oriented activities.

V Semester Phil-301 Credit 03 Problems of Philosophy- I (Indian)

Unit	Topics
I	The main problems of Indian Philosophy, Problem regarding creation, Theories regarding creation-Materialism, Parmānukāraṇavāda, Prakṛti-pariṇāmavāda, Māyāvāda, Brahma-pariṇāmavāda.
II	Problems of Causality, Theories regarding Causality- Satkāryavāda, Asatkāryavāda, Pratītyasamutpāda, Pariṇāmavāda, Vivartavāda.
III	Problems regarding Ātman (soul), Theories regarding Ātman: Bhūtacaitanyavāda, Anātmavāda, Anekāntavāda, Ekātmavāda,
Co. 1. The problems of philosophy advances an epistemological theory and a discussion of truth.	
Co. 2. It provides an overview of major philosophical achievements.	
Co. 3. The study of philosophy helps us to enhance our ability to solve problems, our communication skills, our persuasive power etc.	

Suggested Readings:

1. Ayer, A. J., "The Central Questions of Philosophy", Penguin, U.K., 1991.
2. Bhattacharya, H.M., "Principles of Philosophy", Calcutta University, Calcutta, 2002.
3. Bijalvan, C.D., "Bhartiya Nyayashastra", Uttar Pradesh Hindi Sansthan, Lucknow, 1983.
4. Chatterjee, S.C., "Nyaya Theory of Knowledge", Bhartiya Kala Prakashan, New Delhi, 2008.
5. Datta, D.M., "Six Ways of Knowing", Motilal Banarasidass Pvt. Ltd., New Delhi, 1997.
6. Ewing, A.C., "Some Fundamental Questions of Philosophy", Routledge & Kegan Paul Ltd., New York, 2012.
7. Maitra, S.K., "Fundamental Questions of Indian Metaphysics & Logic", Chakraverty, Chatterjee & Co. Ltd., Calcutta, 1956.
8. Pandey, S.L., "Jñānamimamsa ke goodha Prashana", Asia Prakashan, Allahabad, 1984.
9. Prasad, Prof. Rajendra, "Darshan Shastra ki Ruprekha", Motilal Banarasidass, Delhi, 2011.
10. Raja, K.C., "Some Fundamental Problems of Indian Philosophy", Motilal Banarasidass, Delhi, 1974.
11. Russell, B., "Problems of Metaphysics", Hackett Publishing Company, Massachusetts, USA, 1990.
12. Sharma, C.D., "Bhartiya Darshan: Aalochan evam Anusheelan", Motilal Banarasidass Publication Pvt. Ltd., New Delhi, 2013.
13. Srivastava, Chandra Prakash, "Darshan ki Pramukh Samasyayein", Neelkamal Prakashan, Gorakhpur, 1993.
14. Tiwari, Kedarnath, "Tattvamimamsa evam Jñānamimamsa (Metaphysics and Epistemology)", Motilal Banarasidass, Delhi, 2009. Sixth Edition.
15. Tripathi, R.K., "Problems of Philosophy and Religion", Banaras Hindu University, UP, 1971.
16. Upadhyaya, H.S., "Jñānamimamsa ke Mool Prashana", Sharda Pustak Bhawan, University Road, Allahabad, 2006.
17. Wozzley, A.D., "Theory of Knowledge", Routledge & Kegan Paul Ltd., New York, 2015.
18. Suggestive digital platforms web links-
<http://heecontent.upsdc.gov.in/Home.aspx>

This course can be opted as an elective by the students of following subjects: Open to All

Suggested Continuous Evaluation Methods:

Assignment, Project, Seminar (15 Marks), Attendance (10 Marks)

Course prerequisites: Open to All
Suggested equivalent online courses: Coursera, SWAYAM
Further Suggestions:

V Semester Phil-302 Credit 02
Problems of Philosophy- II (Western)

Unit	Topics
IV	Nature of Reality: Monism, Dualism, Pluralism. Problems of Universals: Realism, Conceptualism, Nominalism
V	Problem of substance, attribute, mode, relation, idealism, realism & phenomenalism. Nature and source of knowledge: Rationalism, empiricism, criticism and intuitionism: <i>A priori</i> and <i>A posteriori</i> .
VI	Theories of Truth: Correspondence theory, Coherence theory and Pragmatic theory. Problems regarding Space, Time and Causality. (Newton, Leibnitz, Hume, Kant)
VII	Creationism and Evolutionism: Problem of creationism, Theories of evolutionism: Creative evolutionism (Bergson), Emergent evolutionism (Alexander), Evolutionism of Aristotle and Hegel.
VIII	Problem and criteria of personal identity and other minds.

Co. 1. The problems of philosophy advances an epistemological theory and a discussion of truth.

Co. 2. It provides an overview of major philosophical achievements.

Co. 3. The study of philosophy helps us to enhance our ability to solve problems, our communication skills, our persuasive power etc.

Suggested Readings:

1. Ayer, A. J., "The Central Questions of Philosophy", Penguin, U.K., 1991.
2. Bhattacharya, H.M., "Principles of Philosophy", Calcutta University, Calcutta, 2002.
3. Bijalvan, C.D., "Bhartiya Nyayashastra", Uttar Pradesh Hindi Sansthan, Lucknow, 1983.
4. Chatterjee, S.C., "Nyaya Theory of Knowledge", Bhartiya Kala Prakashan, New Delhi, 2008.
5. Datta, D.M., "Six Ways of Knowing", Motilal Banarasidass Pvt. Ltd., New Delhi, 1997.

6. Ewing, A.C., "Some Fundamental Questions of Philosophy", Routledge & Kegan Paul Ltd., New York, 2012.
7. Maitra, S.K., "Fundamental Questions of Indian Metaphysics & Logic", Chakraverty, Chatterjee & Co. Ltd., Calcutta, 1956.
8. Pandey, S.L., "Jñānamimamsa ke goodha Prashana", Asia Prakashan, Allahabad, 1984.
9. Prasad, Prof. Rajendra, "Darshan Shastra ki Ruprekha", Motilal Banarasidass, Delhi, 2011.
10. Raja, K.C., "Some Fundamental Problems of Indian Philosophy", Motilal Banarasidass, Delhi, 1974.
11. Russell, B., "Problems of Metaphysics", Hackett Publishing Company, Massachusetts, USA, 1990.
12. Sharma, C.D., "Bhartiya Darshan: Aalochan evam Anusheelan", Motilal Banarasidass Publication Pvt. Ltd., New Delhi, 2013.
13. Srivastava, Chandra Prakash, "Darshan ki Pramukh Samasyayein", Neelkamal Prakashan, Gorakhpur, 1993.
14. Tiwari, Kedarnath, "Tattvamimamsa evam Jñānamimamsa (Metaphysics and Epistemology)", Motilal Banarasidass, Delhi, 2009. Sixth Edition.
15. Tripathi, R.K., "Problems of Philosophy and Religion", Banaras Hindu University, UP, 1971.
16. Upadhyaya, H.S., "Jñānamimamsa ke Mool Prashana", Sharda Pustak Bhawan, University Road, Allahabad, 2006.
17. Wozzley, A.D., "Theory of Knowledge", Routledge & Kegan Paul Ltd., New York, 2015.
18. Suggestive digital platforms web links-
<http://heecontent.upsdc.gov.in/Home.aspx>

This course can be opted as an elective by the students of following subjects: Open to All

Suggested Continuous Evaluation Methods:
Assignment, Project, Seminar (15 Marks), Attendance (10 Marks)

Course prerequisites: Open to All

Suggested equivalent online courses:
Coursera, SWAYAM

Further Suggestions:

V Semester Phil-303 Credit 03
Philosophy of Religion- I

Unit	Topics
I	Nature and scope of Philosophy of Religion, Religion, Science and Morality.
II	Foundations of religious belief: Reason, Revelation, Faith and Mystical experience.
III	Argument for the existence of God: Cosmological, Teleological, Moral and Ontological arguments, Nyāya arguments, Immortality of Soul, Liberation Pathways of Moksha- Karma, Bhakti, Jnana and Dhyana- with special reference to Vivekananda and Pradhans Yogananda.
IV	The problem of evil and its solutions.
<p>Co. 1. The Philosophy of religion is the philosophical examination of the themes and concepts involved in religious traditions as well as the broader philosophical task of reflecting on matters of religions significance.</p> <p>Co. 2. Philosophy of religion involves all the main areas of philosophy : metaphysics, epistemology, value theory, philosophy of language, science, history, politics, art and so on.</p> <p>Co. 3. Studying religion help us to understand people's beliefs as well as looking at alternative belief systems we might want to find out about in the future.</p>	
<p>Suggested Readings:</p> <ol style="list-style-type: none"> 1. Bhattacharya, H.D., "Foundations of Living Faith", Motilal Banarasidass, New Delhi, 1994. Second Edition. 2. Chatterjee, P.B., "Comparative Religion", Ramkrishna Mission Institute of Culture, Kolkata, 1996. 3. Chatterjee, S.C., "The fundamentals of Hinduism: A Philosophical Study", Calcutta, 1950. 4. Davies, Brian, "An Introduction to the Philosophy of Religion", Oxford University Press, New York, 2004. Third Edition. 5. Hick, John, H., "Philosophy of Religion", Pearson India Educational Services Private Ltd., New Delhi, 2016. Fourth Edition. 6. Masih, Y., "Tulnatmaka Dharma-Darshan", Motilal Banarasidass, New Delhi, 2018. 7. Pandey, Rishi Kant, "Dharma-Darshan", Pearson India Educational Services Private Ltd., New Delhi, 2016. 8. Verma, Ved Prakash, "Dharma Darshan Ki Mool Samasyaein", Hindi Madhyam Karyanvyan Nideshalaya, Delhi Vishvavidyalaya, Delhi, 2010. 9. Suggestive digital platforms web links- http://heecontent.upsdc.gov.in/Home.aspx 	
<p>This course can be opted as an elective by the students of following subjects: Open to All</p>	

Suggested Continuous Evaluation Methods: Assignment, Project, Seminar (15 Marks), Attendance (10 Marks)
Course prerequisites: Open to All
Suggested equivalent online courses: Coursera, SWAYAM
Further Suggestions:

V Semester Phil-304 Credit 02
Philosophy of Religion- II

Unit	Topics
V	The general features of Hinduism, Jaina, Buddha, Islam and Christianity
VI	Nature of religious language: Analogical and symbolic, Cognitive and Non-cognitive.
VII	Religious Pluralism and the problem of the absolute truth
VIII	Religious tolerance, conversion and secularism and meeting points of all religion.

Co. 1. The Philosophy of religion is the philosophical examination of the themes and concepts involved in religious traditions as well as the broader philosophical task of reflecting on matters of religions significance.

Co. 2. Philosophy of religion involves all the main areas of philosophy : metaphysics, epistemology, value theory, philosophy of language, science, history, politics, art and so on.

Co. 3. Studying religion help us to understand people's beliefs as well as looking at alternative belief systems we might want to find out about in the future.

Suggested Readings:

1. Bhattacharya, H.D., "Foundations of Living Faith", Motilal Banarasidass, New Delhi, 1994. Second Edition.
2. Chatterjee, P.B., "Comparative Religion", Ramkrishna Mission Institute of Culture, Kolkata, 1996.
3. Chatterjee, S.C., "The fundamentals of Hinduism: A Philosophical Study", Calcutta, 1950.
4. Davies, Brian, "An Introduction to the Philosophy of Religion", Oxford University Press, New York, 2004. Third Edition.

<p>5. Hick, John, H., "Philosophy of Religion", Pearson India Educational Services Private Ltd., New Delhi, 2016. Fourth Edition.</p> <p>6. Masih, Y., "Tulnatmaka Dharma-Darshan", Motilal Banarasidass, New Delhi, 2018.</p> <p>7. Pandey, Rishi Kant, "Dharma-Darshan", Pearson India Educational Services Private Ltd., New Delhi, 2016.</p> <p>8. Verma, Ved Prakash, "Dharma Darshan Ki Mool Samasyaein", Hindi Madhyam Karyanvyan Nideshalaya, Delhi Vishvavidyalaya, Delhi, 2010.</p> <p>9. Suggestive digital platforms web links- http://heecontent.upsdc.gov.in/Home.aspx</p>
This course can be opted as an elective by the students of following subjects: Open to All
Suggested Continuous Evaluation Methods: Assignment, Project, Seminar (15 Marks), Attendance (10 Marks)
Course prerequisites: Open to All
Suggested equivalent online courses: Coursera, SWAYAM
Further Suggestions:

**V Semester Phil-305 Credit 03
Research Project (Qualifying)**

**Paper-3
(Research Project)**

Programme/Class: Bachelor	Year: Third	Semester: Fifth
Subject: Philosophy		
Course Code: A100503R	Course Title: Research Project I	
Course outcomes: As the project works play important role in developing the essential attributes of research, by the end of this Course the student would be able to learn tools, techniques and skills regarding the research oriented activities under the continuous guidance of faculty members.		
Credits: 3	Core compulsory	
Max. Marks: 100	Min. Passing Marks: 33	
Total No. of Lectures-Tutorials-Practical (in hours per week): L-T-P: 1-0-2		
Suggested Topics		

Concept of Dravya, Prāmānyavāda, Khyātivāda, Pramāna in Indian Philosophy, Materialism & Spiritualism, Karma and Rebirth, Advaita Vedānta & Viśistādvaita Vedānta, Mokṣa, Theories regarding Causality, Theories regarding creation, Theories regarding Atman, Nature of Reality, The Ethics of Bhagavadgītā, The ethics of Gandhi, Crime and punishment, Dharma & Religion, Standard of morality, Morality and Ethics, Mediate and Immediate Inferences, Induction & Deduction, Formal & Informal Fallacies, Competitive Reasoning, etc.

Note: This list of topics is just a suggestion. It can be enriched and enlarged by respective faculty members.

Course outcomes: As the project works play important role in developing the essential attributes of research, by the end of this Course the student would be able to learn tools, techniques and skills regarding the research oriented activities under the continuous guidance of faculty members.

VI Semester Phil-306 Credit 03 Socio- Political Philosophy-I

Unit	Topics
I	Nature and scope of Social and Political Philosophy.
II	Individual, Society and State.
III	Social and Political ideals: Equality, Liberty and Justice, Rights and Duties. Concept of Human Rights.
IV	Tradition, change and modernity with special reference to Indian social institutions.

Co. 1. Social and political philosophy includes examination and evaluation of all aspects of social life, from the family, to the nation state, to international relations.

Co. 2. Social and political philosophy is interested in values related to groups of individuals, a community, society or nation.

Co. 3. The central task of social and political philosophy is to provide a justification for coercive institutions.

Suggested Readings:

1. Rajyashree, "Darshan, Manav evam Samaj", Madhya Pradesh Hindi Granth Academy, Bhopal, 2006.
2. Gauba, O.P., "Social and Political Philosophy", Mayur Books, New Delhi, 2018. Fifth Edition.
3. Joad, C.E.M., "Introduction to Modern Political Theory", Oxford University Press,

<p>London, 1953.</p> <p>4. Joad, C.E.M., "A Guide to Modern Thought", Kessinger Publishing LLC, USA, 2007.</p> <p>5. Mackenzie, J.S., "Outlines of Social Philosophy", George Allen & Unwin Ltd., London, 2003.</p> <p>6. Pandey, S.L., "Samaj Darshan ki ek Pranali", Asia Prakashan, Allahabad, 1984.</p> <p>7. Pathak, Rammurti, "Samajik-Rajnitik Darshan ki Ruprekha", Abhimanyu Prakashan, Allahabad, 2008.</p> <p>8. Raphael, D.D., "Problems of Political Philosophy", Macmillan Press Ltd., Hampshire, London, 1990.</p> <p>9. Singh, Shiv Bhanu, "Samaj Darshan", Sharda Pustak Bhawan, Allahabad, 2008.</p> <p>10. Singh, Shiv Bhanu & Shukla, S. K., "Critique of Justice", Philosophy Department Ewing Christian College, Allahabad, 2009.</p> <p>11. Suggestive digital platforms web links- http://heecontent.upsdc.gov.in/Home.aspx</p>
<p>This course can be opted as an elective by the students of following subjects: Open to All</p>
<p>Suggested Continuous Evaluation Methods: Assignment, Project, Seminar (15 Marks), Attendance (10 Marks)</p>
<p>Course prerequisites: Open to All</p>
<p>Suggested equivalent online courses: Coursera, SWAYAM</p>
<p>Further Suggestions:</p>

VI Semester Phil-307 Credit 02
Socio- Political Philosophy-II

Unit	Topics
V	Gender discrimination: Female foeticide, Land and property rights, Empowerment and Caste discrimination.
VI	Political ideologies: Democracy, Socialism, Marxism, Communism and Gandhism.
VII	Humanism, Secularism and Multi-culturalism, Feminism.
VIII	Means of political action: Constitutionalism, Revolutionism, Terrorism, Satyagraha.
<p>Co. 1. Social and political philosophy includes examination and evaluation of all aspects of social life, from the family, to the nation state, to international relations.</p> <p>Co. 2. Social and political philosophy is interested in values related to groups of individuals, a community, society or nation.</p>	

Co. 3. The central task of social and political philosophy is to provide a justification for coercive institutions.

Suggested Readings:

1. Rajyashree, "Darshan, Manav evam Samaj", Madhya Pradesh Hindi Granth Academy, Bhopal, 2006.
2. Gauba, O.P., "Social and Political Philosophy", Mayur Books, New Delhi, 2018. Fifth Edition.
3. Joad, C.E.M., "Introduction to Modern Political Theory", Oxford University Press, London, 1953.
4. Joad, C.E.M., "A Guide to Modern Thought", Kessinger Publishing LLC, USA, 2007.
5. Mackenzie, J.S., "Outlines of Social Philosophy", George Allen & Unwin Ltd., London, 2003.
6. Pandey, S.L., "Samaj Darshan ki ek Pranali", Asia Prakashan, Allahabad, 1984.
7. Pathak, Rammurti, "Samajik-Rajnitik Darshan ki Ruprekha", Abhimanyu Prakashan, Allahabad, 2008.
8. Raphael, D.D., "Problems of Political Philosophy", Macmillan Press Ltd., Hampshire, London, 1990.
9. Singh, Shiv Bhanu, "Samaj Darshan", Sharda Pustak Bhawan, Allahabad, 2008.
10. Singh, Shiv Bhanu & Shukla, S. K., "Critique of Justice", Philosophy Department Ewing Christian College, Allahabad, 2009.
11. Suggestive digital platforms web links-
<http://heecontent.upsdc.gov.in/Home.aspx>

This course can be opted as an elective by the students of following subjects: Open to All

Suggested Continuous Evaluation Methods:

Assignment, Project, Seminar (15 Marks), Attendance (10 Marks)

Course prerequisites: Open to All

Suggested equivalent online courses:

Coursera, SWAYAM

Further Suggestions:

**VI Semester Phil-308 Credit 03
Applied Philosophy**

Unit	Topics
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I	Yoga for Social, personal and spiritual development: Concept, meaning and historical tradition of Yoga
II	Kinds of Yoga: Bhakti Yoga, Jñāna Yoga, Karma Yoga, Raj Yoga and Kriya Yoga (Shyama Charan Lahiri and Paramhansa Yogananda)
III	Modern Yogis: Swami Vivekananda, Sri Aurobindo, Shyama Charan Lahiri, Paramhansa Yogananda, Shivananda and Maharshi Mahesh Yogi
IV	Dhyana (Meditation): Vipassana (Buddha), Kriya Yoga Dhyana (Shyama Charan Lahiri and Paramhansa Yogananda), Transcendental meditation (Maharshi Mahesh Yogi)
V	Nature and Scope of Professional Ethics Media Ethics: Ethical issues in privacy, Censorship, Media bias.
VI	Medical Ethics: Surrogacy, Abortion, Euthanasia.
VII	Environmental Ethics.
VIII	Philosophical Counselling: Managing everyday problems

Co. 1. Applied Philosophy is the application of those principles and concepts derived from and based on philosophy to a study of our practical affairs.

Co. 2. It helps us solve or problems-mundane or abstract, and it helps us make better decisions by developing our critical thinking.

Co. 3. The principle objective of this paper is to spell out the essence and importance of the fundamental issues of applied philosophy.

Suggested Readings:

1. Cheema, Pooja Lamba, "Vipassana", Prabhat Prakashan, New Delhi, 2017.
2. Coady, David, Brownlee Kimberley and Rasmussen, Kasper Lippert "A Companion to Applied Philosophy" (ed.), John Wiley and Sons Ltd., UK, 2017.
3. Frankl, Victor E., "Man's Search for Meaning", Rider, Great Britain, 2008.
4. Frankl, Victor E., "Jeevan ke Arth ki Talash me Manushya", Wow Publishing Pvt. Ltd., Pune, Maharashtra, 2020.
5. Frey, R. G. and Wellman, Christopher Heath, "A Companion to Applied Ethics" (ed.), Blackwell Publishing Ltd, Germany, 2003.
6. Guha, Debashis, "Practical and Professional Ethics (Vol. 2): Environmental Ethics", Concept Publishing Co., New Delhi, 2007.
7. Iyengar, B. K. S., "Yoga for Everyone", Dorling Kindersley, Noida, 2018.
8. Jatashankar, "Naitik Darshan ke Vividh Ayam", Shri Bhuvaneshvari Vidya Pratishthan, Allahabad, 2003.
9. Naagarazan, R.S., "A Textbook On Professional Ethics and Human Values", New Age International (P) Limited Publishers, New Delhi, 2006.
10. Raabe, Peter B., "Philosophical Counselling: Theory and Practice", Praeger

<p>Publishers Inc, USA, 2000</p> <p>11. Raabe, Peter B., "Issues in Philosophical Counselling", Praeger Publishers Inc, USA, 2002</p> <p>12. Subramanian, R., "Professional Ethics", Oxford University Press, USA, 2013.</p> <p>13. Vivekananda, Swami, "The Complete Book of Yoga : Karma Yoga, Bhakti Yoga, Raja Yoga, Jnana Yoga", Fingerprint Publishing, New Delhi, 2019</p> <p>14. Yogananda, Paramhansa, "Autobiography of a yogi", Yogoda Satsanga Society of India, Ranchi, 1998</p> <p>15. Yogananda, Paramhansa, "Yogi Kathamrit", Yogoda Satsanga Society of India, Ranchi, 2005.</p> <p>16. Yogi, Maharshi Mahesh, "Bhavateet Dhyana", Nabhi Publication, New Delhi, 2018.</p> <p>17. Purana Purusha : Lahiri Mahashaya : Ashok Kumar Chattopadhyaya.</p> <p>18. Kriya yoga and Advaitavada: Lahiri Mahashaya : Ashok Kumar Chattopadhyaya.</p> <p>19. Suggestive digital platforms web links- http://heecontent.upsdc.gov.in/Home.aspx</p>
<p>This course can be opted as an elective by the students of following subjects: Open to All</p>
<p>Suggested Continuous Evaluation Methods: Assignment, Project, Seminar (15 Marks), Attendance (10 Marks)</p>
<p>Course prerequisites: Open to All</p>
<p>Suggested equivalent online courses: Coursera, SWAYAM</p>
<p>Further Suggestions:</p>

VI Semester Phil-309 Credit 02 Yoga (Theory and practical)

Unit	Topics
I	Pranayama: Kapalbhati, Sheetli, Sheetkari, Bhastrika, Ujjai, Bhramari, etc.
II	Dhyana: Yoganidra, Ajapa jaap, Antah maun, Chidakash dharana, Kriya yoga dhyana (Shyama Charan Lahiri, Paramhansa Yogananda)
III	Mudra & Bandh: Khechari, Shambhavi, Gyan mudra, Chin mudra, etc.
<p>Co. 1. To attain higher level of consciousness for God realization.</p> <p>Co. 2. To enable the students to have good health.</p>	

Co. 3. Promoting prevention of stress related health problems and rehabilitation through yoga.

Suggested Readings:

1. Adityanath, Yogi, "Hathyoga: Swaroop and Sadhna", Gorakhnath Mandir Math Trust, Gorakhpur, 2015.
2. Gheranda Samhita
3. Patanjali Yogasutra
4. Ramdev, Swami, "Yoga Sadhna evam Yoga Chikitsa Rahasya", Divya Prakashan, Haridwar, 2004.
5. Saraswati, Swami Satyananda, "Asana Pranayama Mudra Bandh", Bihar School of Yoga, Bihar, 2013.
6. Yogananda, Paramhansa, "Autobiography of a Yogi", Yogoda Satsanga Society of India, Ranchi, 1998
7. Yogananda, Paramhansa, "Yogi Kathamrit", Yogoda Satsanga Society of India, Ranchi, 2005.
8. Purana Purusha : Lahiri Mahashaya : Ashok Kumar Chattopadhyaya.
9. Kriya yoga and Advaitavada: Lahiri Mahashaya : Ashok Kumar Chattopadhyaya.

This course can be opted as an elective by the students of following subjects: Open to all

Suggested Continuous Evaluation Methods:
Assignment (15 Marks), Attendance (10 Marks)

Course prerequisites: Open to All

Further Suggestions:

**VI Semester Phil-310 Credit 03
Research Project (Qualifying)**

Programme/Class: Bachelor	Year: Third	Semester: Sixth
Subject: Philosophy		
Course Code: A100604R	Course Title: Research Project II	
Course outcomes: As the project works play important role in developing the essential attributes of research, by the end of this Course the student would be able to learn tools, techniques and skills regarding the research oriented activities under the continuous guidance of faculty members.		
Credits: 3	Core compulsory	
Max. Marks: 100	Min. Passing Marks: 33	

Total No. of Lectures-Tutorials-Practical (in hours per week): L-T-P: 1-0-2

Suggested Topics

Religion & Morality, Argument for the existence of God, The problem of evil, Multi-Culturalism, Secularism, Religious Conversion, Religious Pluralism, Religious Tolerance, Idealism & Realism, Rationalism vs Empiricism, Mind-body Problem, Knowledge of Other minds, Personal Identity, Skepticism, Theories of Truth, Problems of Universals, Space & Time, Creationism and Evolutionism, Medical Ethics, Environmental Ethics, Media Ethics, Philosophical Counselling, Gender discrimination, Caste discrimination, Human Rights, Equality, Liberty and Justice, Feminism, Means of political action, Political ideologies, Kinds of Yoga, Competitive Reasoning, etc.

Note: This list of topics is just a suggestion. It can be enriched and enlarged by respective faculty members.

Course outcomes: As the project works play important role in developing the essential attributes of research, by the end of this Course the student would be able to learn tools, techniques and skills regarding the research oriented activities under the continuous guidance of faculty members.