



International Yoga Lecture & Practice (Virture Mode)



YOGA BANDHAN

Deen Dayal Upadhyaya Gorakhpur
India

&

Chulalongkorn University

Bangkok, Thailand



Smt. Anandiben Patel
Hon'ble Governor
Uttar Pradesh



Prof. Poonam Tandon
Vice Chancellor
D.D.U.G.U.

Topic

Yoga for Better Health and Lifestyle

Date & Time- 06/06/2025 UTC 2:00 PM, IST 12:30PM

Google Meet QR



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International Cell

Deen Dayal Upadhyaya Gorakhpur , India



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