



# International Yoga Lecture & Practice (Virtual Mode)



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## YOGA BANDHAN Deen Dayal Upadhyaya Gorakhpur University, Gorakhpur

India  
&

INTI International University

Malaysia

Topic



Smt. Anandiben Patel  
Hon'ble Governor  
Uttar Pradesh



Prof. Poonam Tandon  
Vice Chancellor  
D.D.U.G.U.

Yogic Management of stress and its Consequences

Date & Time- 11/06/2025 MYT 4:00 PM, IST 1:30PM

Google Meet QR



Scan to Join



International Cell

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