



Activity Report

Quality Education – Ensure inclusive and equitable quality education and promote lifelong learning opportunities for all



Name of the Event	Classic Personality Theories
Department	Department of Psychology
Date (or Period)	6/09/2024
Organizer (Name of the University)	Deen Dayal Upadhyaya Gorakhpur University Gorakhpur
Online/Offline Mode	Offline Mode
Brief Write-up in English	<p>The Department of Psychology organized an engaging session on "Classic Personality Theories" aimed at deepening students' understanding of foundational psychological concepts. The lecture covered major theories including Freud's Psychoanalytic Theory, Jung's Analytical Psychology, Adler's Individual Psychology, and Trait and Type Theories. The session emphasized the historical significance and continuing relevance of these theories in both academic and applied settings. Participants actively interacted and discussed how these perspectives influence contemporary psychological practices. The event proved insightful and intellectually enriching for all attendee.</p>