

Activity Report



4 QUALITY EDUCATION



Quality Education – Ensure inclusive and equitable quality education and promote lifelong learning opportunities for all



Name of the Event	Counselling skill development workshop
Department	Department of Psychology
Date (or Period)	12/09/2023
Organizer (Name of the University)	Deen Dayal Upadhyaya Gorakhpur University Gorakhpur
Online/Offline Mode	Offline Mode
Brief Write-up in English	<p>The Department of Psychology conducted a Counselling Skill Development Workshop to enhance students' practical abilities in the field of counselling. The workshop focused on core skills such as active listening, empathy, non-verbal communication, and ethical practice. Through interactive activities, demonstrations, and role-plays, participants gained hands-on experience and confidence in applying counselling techniques. The session was engaging and well-received, offering valuable insights into real-world counselling scenarios. Overall, it contributed meaningfully to the professional development of aspiring psychologists.</p>