



Activity Report



Gender Equality – Achieve gender equality and empower all women and girls.



Name of the Event	Women Status Empowerment and Psychological Development
Department	Department of Psychology
Date (or Period)	3:00 PM
Organizer (Name of the University)	Deen Dayal Upadhyaya Gorakhpur University Gorakhpur
Online/Offline Mode	Offline Mode
Brief Write-up in English	<p>The Department of Psychology organized a session on “Women’s Status, Empowerment, and Psychological Development” to address the intersection of gender equality and mental well-being. The session focused on women’s rights, self-esteem, access to education, and emotional resilience as key aspects of empowerment. Expert speakers emphasized the importance of psychological support in enabling women to overcome societal barriers and achieve personal growth. Students participated in meaningful discussions, sharing ideas and perspectives. The program effectively highlighted the role of psychology in fostering inclusive and empowered societies.</p>