One Day Webinar

on

"Neuroplasticity Memory Course"

Date- March 29, 2023

Organized by

Department of Psychology

Deen Dayal Upadhyaya Gorakhpur University

Gorakhpur



Department of Psychology

Deen Dayal Upadhyaya Gorakhpur University, Gorakhpur organizes



Webinar

Neuroplasticity Memory Course

RESOURCE PERSON: DR.NARESH BATLA

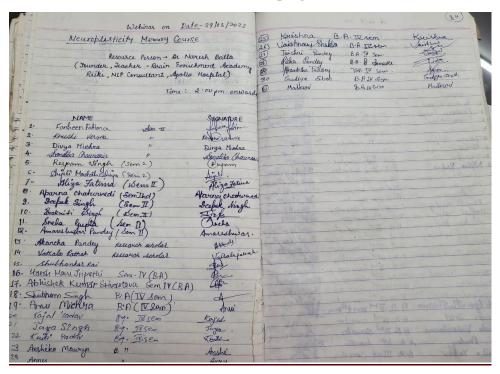
March 29, 2023, at UG Lab

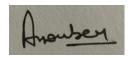
Prof. Dhananjay Kumar Co-Ordinator Prof. Anubhuti Dubey
Head of Department &
Program Coordinator

Department of Psychology organized a webinar on 'Neuroplasticity Memory Course' on March 29 at 2 pm. The Resource person for the webinar was Dr. Naresh Batla, Founder, Teacher, Brain Enrichment Academy, Reiki, NLP Consultant, Apollo Hospital. The webinar was organized to help participants understand and harness the brain's ability to reorganize itself by forming new neural connections. This can be applied to enhance memory, cognitive abilities, and learning processes. Key goals of the course included understanding neuroplasticity, improving memory, cognitive training, mental health benefits and encouraging continuous brain development and adaptation, regardless of age. By the end of the course, participants would be equipped with strategies to optimize their memory and

overall cognitive function, using principles grounded in neuroplasticity.

Attendance in the program





(Prof. Anubhuti Dubey)

Head,

Department of Psychology

DDU Gorakhpur University, Gorakhpur

Report Compiled By: Dr Garima Singh