

One Day Webinar

on

“Neuroplasticity Memory Course”

Date- March 29, 2023

Organized by

Department of Psychology

Deen Dayal Upadhyaya Gorakhpur University

Gorakhpur



Department of Psychology

Deen Dayal Upadhyaya Gorakhpur University, Gorakhpur
organizes



Webinar

on

Neuroplasticity Memory Course

RESOURCE PERSON: DR. NARESH BATLA

March 29, 2023, at UG Lab

Prof. Dhananjay Kumar
Co-Ordinator

Prof. Anubhuti Dubey
Head of Department &
Program Coordinator

Department of Psychology organized a webinar on 'Neuroplasticity Memory Course' on March 29 at 2 pm. The Resource person for the webinar was Dr. Naresh Batla, Founder, Teacher, Brain Enrichment Academy, Reiki, NLP Consultant, Apollo Hospital. The webinar was organized to help participants understand and harness the brain's ability to reorganize itself by forming new neural connections. This can be applied to enhance memory, cognitive abilities, and learning processes. Key goals of the course included understanding neuroplasticity, improving memory, cognitive training, mental health benefits and encouraging continuous brain development and adaptation, regardless of age. By the end of the course, participants would be equipped with strategies to optimize their memory and

overall cognitive function, using principles grounded in neuroplasticity.

Attendance in the program

Webinar on Date- 29/03/2023
 Neuroplasticity Memory Course
 Resource Person -> Dr. Navish Batta
 (Founder, Teacher - Brain Enrichment Academy, Reiki, NLP Consultant, Apollo Hospital)
 Time: 2:00 pm onward

Sl. No.	NAME	Signature
1.	Farheen Fatima	[Signature]
2.	Khushi Verma	[Signature]
3.	Divya Mishra	[Signature]
4.	Bondita Chaurasia	[Signature]
5.	Rupam Singh (Sem 2)	[Signature]
6.	Shubhi Madhukeshwari (Sem 2)	[Signature]
7.	Aliza Fatima (Sem II)	[Signature]
8.	Aparna Chaturvedi (Sem II)	[Signature]
9.	Deepak Singh (Sem II)	[Signature]
10.	Shakruti Singh (Sem II)	[Signature]
11.	Shreya Gupta (Sem II)	[Signature]
12.	Amanushanti Pandey (Sem II)	[Signature]
13.	Akancha Pandey research scholar	[Signature]
14.	Vatika Bhatnagar research scholar	[Signature]
15.	Shubhankar Rai	[Signature]
16.	Katsh Mavi Jipattai Sem-IV (BA)	[Signature]
17.	Abhishek Kumar Shrivastava Sem IV (BA)	[Signature]
18.	Shubham Singh B.A (IV sem)	[Signature]
19.	Annu Mishra B.A (IV sem)	[Signature]
20.	Kajal Yadav B.A. IV sem	[Signature]
21.	Jaya Singh B.A. IV sem	[Signature]
22.	Kushi Yadav B.A. IV sem	[Signature]
23.	Anshika Maurya B. "	[Signature]
24.	Annu	[Signature]

Anubhuti

(Prof. Anubhuti Dubey)

Head,

Department of Psychology

DDU Gorakhpur University, Gorakhpur

Report Compiled By: Dr Garima Singh