



**FREE STRESS CHECK-UP CAMP
&
EXHIBITION ON “AWARENESS OF SUICIDE
PREVENTION”**

**On the occasion of
WORLD SUICIDE PREVENTION DAY
(Theme: *Creating Hope Through Action*)**

**11 SEPTEMBER, 2023
11 AM- 4 PM
VENUE: SWASTHI COUNSELLING CENTRE,
DEPARTMENT OF PSYCHOLOGY,
DDU GORAKHPUR UNIVERSITY**

**ORGANIZED BY
DEPARTMENT OF PSYCHOLOGY
DDU GORAKHPUR UNIVERSITY,
GORAKHPUR, UP**

CONCEPT NOTE

Suicide sometimes may become the only way for some people to escape pain or sufferings. Talking about suicide makes most people cringe and makes them very uncomfortable but, at the same time, Suicide affects many people around the globe each year due to complex interactions of biological, genetic, psychological, sociological and environmental factors. One in every 100 deaths in the world is a suicide. The global burden of suicide is an estimate of 703 000 people every year. In 2021, 1.64 lakh people took their own lives, and the rate jumped to 12 % in 2022.

Hence, the department of psychology organizes various awareness programs each year on this day. Swasti Psychological Counselling Center of the department of psychology was established in 2020 aiming to provide preventive and affective counselling and care for the population undergoing stress, depression, suicidal thoughts and other mental health related issues fulfilling the theme of this year - *“Creating Hope Through Action”*.

On the occasion of World Suicide prevention day, it is a step taken by the counselling center and the department to spread awareness about prevention and alternative coping strategies to mitigate suicide ideation among people. So, find out your level of stress and gain information related to suicide prevention. After all, *“Awareness is the first step to Healing”*

PROGRAM SCHEDULE

ACTIVITY	TIME
• Inauguration of Exhibition (Ribbon Cutting) by Hon. Vice Chancellor	11:00 am- 11:45 am
• Showcasing of the Exhibition	11:45 am-12:15 pm
• Inauguration of Free stress check-up camp by lighting of the lamp	12:15 pm- 12:40 pm
• Demonstration of stress bursting techniques	12:40 pm- 01:00 pm
• Continuation of free stress checkup Camp and Exhibition	01:00 pm- 04:00 pm

<u>Patron</u> Prof.(Dr.) Poonam Tandon Honorable Vice Chancellor, DDUGU, Gorakhpur	
Convener Prof.(Dr.) Anubhuti Dubey Head, Department of Psychology	Coordinator Dr. Vismita Paliwal
Co-Convener Prof. (Dr.) Dhananjay Kumar Department of Psychology	Organizing Team Dr. Girijesh Kumar Yadav Dr. Garima Singh Dr. Ram Kirti Singh
Advisor Prof. (Dr.) Sushma Pandey	Dr. Rashmi Rani Dr. Priyanka Gautam

EVENT: Free Stress Check-Up Camp & Exhibition for “Awareness of Suicide Prevention” on the occasion of “World Suicide Prevention Day”.

DATE: 11 September, 2023

TIME: 11 am- 4 pm

VENUE: Swasti Psychological Counselling Centre, Department of Psychology, DDU Gorakhpur University, Gorakhpur.

Minute to Minute Programme

ACTIVITY	TIME
<ul style="list-style-type: none">Inauguration of Exhibition (Ribbon Cutting) by Hon’ble Vice Chancellor	11:00 am- 11:05 am
<ul style="list-style-type: none">Floral Tribute to Goddess Saraswati & Lighting of the lamp	
<ul style="list-style-type: none">Kulgeet	11:05 am- 11:10 am
<ul style="list-style-type: none">Felicitation of Dignitaries	11: 10 am- 11: 15 am
<ul style="list-style-type: none">Felicitation of Hon’ble Vice Chancellor by Head , Department of Psychology	
<ul style="list-style-type: none">Felicitation of Dean , Faculty of Arts by the Organizing Secretary	
<ul style="list-style-type: none">Felicitation of The Registrar by the Co-Convener	
<ul style="list-style-type: none">Welcome Address by Head , Department of Psychology	11:15 am- 11:20 am
<ul style="list-style-type: none">Words of Blessings by Dean , Faculty of Arts	11:20 am- 11:25 am
<ul style="list-style-type: none">Inaugural Address by Hon. Vice Chancellor	11:25 am
<ul style="list-style-type: none">Book Release	
<ul style="list-style-type: none">Vote of Thanks by Organizing Secretary	
<ul style="list-style-type: none">Showcasing of the Exhibition	After inaugural address
<ul style="list-style-type: none">Inauguration of Free Stress Check-up Camp by ribbon cutting	
<ul style="list-style-type: none">Demonstration of Stress Busting Techniques	
<ul style="list-style-type: none">Plantation of Sapling by Hon’ble Vice Chancellor	
<ul style="list-style-type: none">Continuation of Free Stress Check-up Camp and Exhibition	Till 4 pm

REPORT

On the occasion of World Suicide Prevention Day (10.09.2023), Department of Psychology, Deen Dayal Upadhyay Gorakhpur University, Gorakhpur organized a free stress checkup camp and an exhibition for suicide prevention awareness on 11.09.2023. On this occasion, the program was inaugurated and presided over by Prof. Poonam Tandon, Honorable Vice Chancellor, Deen Dayal Upadhyay Gorakhpur University, Gorakhpur.

Formal welcome of all the guests in the program was done by Prof. Anubhuti Dubey, Head, Department of Psychology. In her address, she said that every year on this day, various types of awareness programs have been organized by the department, where there has been full support from the entire university.

On this occasion, Prof. Kriti Pandey, Dean, Faculty of Arts, during her address, while making reference to Durkheim's theory, said that as specialization was promoted in the society, our aspirations also increased due to which self-realization took place due to which the average number of suicides increased.

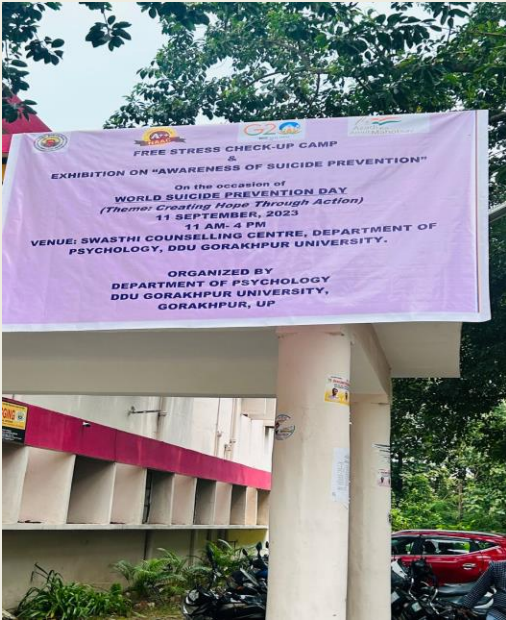
In the presidential address of the program, the Honorable Vice Chancellor said that mental health and suicide prevention are linked to each other. Paying attention to adopting a positive mental health never leads to stress and suicidal thoughts. Madam also highlighted that many such adverse situations arise in the life of students, in order to adjust with or cope from them, there is a need to understand the concept of positivity and happiness.

In the program, The book entitled, "Communication Skills and Personality Development" written by Prof. Anubhuti Dubey and Prof. Aradhana Shukla was released by the dignitaries.

The students displayed and presented the models made by them related to various causes and solutions of suicide, after observing which the honorable Vice Chancellor praised them. In their models, students drew attention to topics like academic stress, unemployment, farmer suicide, domestic violence, cyber bullying, ragging, exam stress, etc. The program was coordinated by Dr. Vismita Paliwal and compared by Prof. Dhananjay Kumar.

After this, while inaugurating the free stress checkup camp at Swasti Psychological Counseling Centre, Madam Vice Chancellor also inspected the centre. Under the Stress Checkup Camp, stress prevention measures and techniques were demonstrated through various tests and therapeutic interventions. The free stress checkup camp continued till 4 pm for all the students, teachers and other staff of the university, in which more than 50 people got their stress measured.

On this occasion, a tree plantation ceremony was also done in the Psychology Department by the Honorable Vice Chancellor. In this program, Prof. Shantanu Rastogi (Registrar), Dr. Satyapal Singh (Chief Proctor), Prof. Dharma Vrat Tiwari, Prof. Umesh Nath Tripathi, Prof. Ravi Shankar Singh, Prof. Vinod Kumar Singh, Prof. Shivkant, Prof. Sangeeta Pandey, Prof. Ajay Shukla, Prof. Pradeep Yadav, Prof. Sandeep Dixit, Prof. Harsh Kumar Sinha, Prof. Divya Rani Singh, Prof. Usha Singh, Prof. Gaurahari Bahra, Prof. Sunita Murmu, Dr. Mahendra Kumar Singh, Dr. Deependra Kumar Singh, Dr. Tulika Mishra, Mr. Shashank Singh, etc. were present in the program. The vote of thanks for the program was given by Dr. Vismita Paliwal.





आत्महत्या के रोकथाम में मानसिक स्वास्थ्य की आवश्यकता: प्रो.अनुभूति दुबे

दैनिक युद्ध का सन्देश गोरखपुर। विश्व आत्महत्या रोकथाम दिवस के उपलक्ष्य में मनोविज्ञान विभाग, दीन दयाल उपाध्याय गोरखपुर विश्वविद्यालय के तत्वावधान में सोमवार को ही स्ट्रेस चेकअप कैंप एवं आत्महत्या के रोकथाम की जगरुकता हेतु प्रदर्शनी का आयोजन किया। कार्यक्रम का उद्घाटन एवं अध्यक्षता प्रो. पुनम टंडन, माननीय कुलपति, दीन दयाल उपाध्याय गोरखपुर विश्वविद्यालय द्वारा किया गया। कार्यक्रम में सभी अतिथियों का स्वागत प्रो. अनुभूति दुबे, निमायाश्रम, मनोविज्ञान विभाग द्वारा किया गया। अपने उद्बोधन में उन्होंने बताया कि विभाग में प्रतिवर्ष इस दिवस पर अनेक प्रकार के जागरुकता कार्यक्रम होते रहे हैं जहाँ पूरे विश्वविद्यालय का सम्पूर्ण सहयोग रहा है। आत्महत्या के रोकथाम का मापन कर उनकी सही समय पर पहचान करना अतिआवश्यक है। कई बार यह लक्षण आसानी से

समझ नहीं आते हैं जिसके हेतु, वैसे ही हमारी आकांक्षों की स्वास्थ्य पर ध्यान देने से कभी की अवधारणा को समझने की आवश्यकता है। कार्यक्रम में प्रो. अनुभूति दुबे एवं प्रो. अराधना शुकला द्वारा लिखित 'बचत-उपलब्ध-संभव-वर्ष' परसेसे 'दक च म तै व द' स प ज ल फलमससवचउमदज' पुस्तक का विमोचन किया गया। छात्र-छात्राओं ने अपने द्वारा बनाए गए विभिन्न कार्यों एवं निगरणों से संबंधित मॉडल्स का प्रदर्शन किया, जिनका अवलोकन करते हुए कुलपति जी ने उनकी प्रशंसा की। छात्र-छात्राओं ने अपने मॉडल्स में रैथानिक तनाव, बेरोजगारी, किसान आत्महत्या, धरेलु हिंसा, साइबर बुल्लिंग, रैपिंग, प्रायोगिक परीक्षा तनाव, इत्यादि जैसे विषयों पर ध्यान आकर्षित किया। इनके पश्चात स्थाित काउंसिलिंग सेंटर में ड्रग स्ट्रेस चेकअप कैंप का उद्घाटन करते हुए कुलपति महोदया ने सेंटर का अवलोकन भी किया। स्ट्रेस चेकअप कैंप के अंतर्गत विभिन्न मनोवैज्ञानिक परीक्षणों द्वारा तनाव

बढ़ोतररी हुई जिसके कारण आत्महत्या का औसत बढ़ता गया। कार्यक्रम के अध्यक्षीय उद्बोधन में आदरणीय कुलपति महोदया ने कहा कि मानसिक स्वास्थ्य और आत्महत्या रोकथाम एक दूसरे से जुड़े हुए हैं। मानसिक तनाव और आत्महत्या के विचार उत्पन्न होने की स्थिति ही नहीं आती। महोदया ने इस बात पर भी प्रकाश डाला कि छात्र जीवन में कई ऐसी विपरीत परिस्थितियाँ आ जाती हैं जिससे समायोजन करने हेतु सकारात्मक एवं खुशी



प्रो. अनुभूति दुबे, निमायाश्रम, मनोविज्ञान विभाग द्वारा किया गया। अपने उद्बोधन में उन्होंने बताया कि विभाग में प्रतिवर्ष इस दिवस पर अनेक प्रकार के जागरुकता कार्यक्रम होते रहे हैं जहाँ पूरे विश्वविद्यालय का सम्पूर्ण सहयोग रहा है। आत्महत्या के रोकथाम का मापन कर उनकी सही समय पर पहचान करना अतिआवश्यक है। कई बार यह लक्षण आसानी से

PARTICIPANTS OF THE EXHIBITION- 95

Name	MA III	Notes
Virat Veer V. Jaram		
Varika Sai		
Deepshikha Singh		
Ekta Kumari		
Sanjay Gautam		
Anjali Shrivastava		
Shikha Gupta		
Neha Yadav		
Tanya Gupta		
Shubika Yadav		
Saurabh Patel		
Laxman Kumar Shanti		
Indrason Kumar Shanti		
Nomchru Chaurasia	MA III	
Saumya Shikha		
Hemadshu Kumar Shrivastava		
Karuna Sharma		
Ashu Tripathi		
Ravi		
Ashika Anand		
Shikha Gupta		
Namika		
Vikash Kumar Singh		
Adarsh Gupta		
Ankur Goel		
Himanshu K. Singh		
Neha Dixit		
Balvi Vishwakarma		
Sonju Gautam		
Pallavi Kumar		

No.	Name	Department	Notes
1	Prof. Anandhul Dubey	Psychology	
2	Prof. Anant Shrivastava Pandey	Psychology	
3			
4	Dr. Ajit Kumar Yadav		
5	Dr. Gaurav Singh		
6	Vandana Pathak		
7	Prof. G.H. Behera		
8	Prof. Sunil Kumar		
9	Dharm Virat Tiwari		
10	Dr. Veena B. Kishore (PhD & MEd)	Zoology	
11	Prof. Anil K. Divedi (MEd, BA Eng)	Psychology	
12	Hari Prasad Muni	Psychology	
13	Kazimul Nera Tiphani	Psychology	
14	Prof. Suresh Kumar	Botany	
15	Dr. Rajesh Singh Chauhan	Botany	
16	Prof. K. K. Goyal	Hindi	
17	Dr. Anshu K. Singh	Psychology	
18	Dr. Harsh Kumar Singh	Psychology	
19	Dr. Nisha Singh	Psychology	
20	Anandha Pandey	Psychology	
21	Shikha Sharma	Psychology	
22	K. Shikha	Psychology	

Name	MA III	Notes
Taruna Sadiq		
Somya Mishra		
Fatima Fatoom	P.G. Diploma	
Gaurav Singh	M.A. III	
Shikha Anand	M.A. III	
Smita Bhatt	M.A. III	
Ganesh Sagar Manya	M.A. III	
Alia Fatima	M.A. III	
Meharika Kumar	M.A. III	
Balvir Singh	M.A. III	
Aparna Kishore	M.A. III	
Aparna Chaturvedi	M.A. III	
Karan Kumar Tripathi	M.A. III	
Anjali Madhwal	M.A. III	
Anandhul Pandey	M.A. III	
Bishwarya Pandey	M.A. III	
Deepak Singh	M.A. III	
Srinivas Mishra	M.A. III	
Pooja Mishra	M.A. III	
Fatima Fatima	M.A. III	
Shikha Pandey	M.A. III	
Shikha Pandey	M.A. III	
Shikha Mishra	M.A. III	
Vandana Mishra	M.A. III	
ABHISHER RAI	M.A. III	
Sangam Singh	M.A. III	
Shikha	M.A. III	
Ishant	M.A. III	
Pooja	M.A. III	
Anandhul Tripathi	M.A. III	
Prachi Mishra	M.A. III	
Nandini	M.A. III	
Divya Mishra	M.A. III	
Rupam Singh	M.A. III	

Name	MA III	Notes
Mishra Dipti Anand	BA - III year	
Bhaskar Fatima	BA - III year	
Sadi Siddiqui	BA - III year	
Shikha Mall	BA - III year	
Shikha Shahi	BA - III year	
Shikha	BA - III year	
Shikha Sahani	BA - III year	
Kriti Pandey	BA - III year	
Ananya Mishra	BA - III year	
Anandhul Mishra	BA - III year	
Sandeep Singh	BA - III year	
Tijasa Kuchibhaskar	BA - III year	
Sakshi Singh	BA - III year	
Sakshi Naveen Singh	BA - III year	
Sakshi Joseph	BA - III year	
Sara	BA - III year	
Hera	BA - III year	
Shreya Barwal	BA - III year	
Shikha Gupta	BA - III year	
Shikha Yadav	BA - III year	
Fatima Fatima	BA - III year	
Prachi Gupta	BA - III year	
Ratan Prisha Mishra	BA - III year	
Saumya Jyoti	BA - III year	
Rachel Kurian	BA - III year	
Manisha Khau	BA - III year	
Rachana Singh	BA - III year	
Nandini Singh	BA - III year	
Shikha	BA - III year	

No.	Name	Year	Notes
30	Shikha Mishra	BA 2nd year	
31	Tijasa Shukla	BA 2nd year	
32	Shikha Mishra	BA 2nd year	
33	Shikha Mishra	BA 2nd year	
34	Shikha Mishra	BA 2nd year	
35	Shikha Mishra	BA 2nd year	
36	Shikha Mishra	BA 2nd year	
37	Shikha Mishra	BA 2nd year	
38	Shikha Mishra	BA 2nd year	
39	Shikha Mishra	BA 2nd year	
40	Shikha Mishra	BA 2nd year	
41	Shikha Mishra	BA 2nd year	
42	Shikha Mishra	BA 2nd year	
43	Shikha Mishra	BA 2nd year	
44	Shikha Mishra	BA 2nd year	
45	Shikha Mishra	BA 2nd year	
46	Shikha Mishra	BA 2nd year	

PARTICIPANTS OF STRESS CHECKUP CAMP-50

Sl. No.	Roll No.	Date	College	Test Administration
1	MA001	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test and stress management test
2	MA002	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
3	MA003	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
4	MA004	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
5	MA005	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
6	MA006	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
7	MA007	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
8	MA008	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
9	MA009	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
10	MA010	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
11	MA011	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
12	MA012	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
13	MA013	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
14	MA014	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
15	MA015	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
16	MA016	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test

Sl. No.	Roll No.	Date	College	Test Administration
17	MA017	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
18	MA018	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
19	MA019	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
20	MA020	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
21	MA021	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
22	MA022	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
23	MA023	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
24	MA024	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
25	MA025	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
26	MA026	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
27	MA027	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
28	MA028	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
29	MA029	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
30	MA030	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
31	MA031	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
32	MA032	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
33	MA033	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
34	MA034	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
35	MA035	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
36	MA036	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
37	MA037	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
38	MA038	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
39	MA039	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
40	MA040	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test

Sl. No.	Roll No.	Date	College	Test Administration
41	MA041	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
42	MA042	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
43	MA043	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
44	MA044	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
45	MA045	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
46	MA046	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
47	MA047	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
48	MA048	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
49	MA049	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
50	MA050	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
51	MA051	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
52	MA052	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
53	MA053	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
54	MA054	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
55	MA055	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
56	MA056	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
57	MA057	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
58	MA058	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
59	MA059	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
60	MA060	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test

Sl. No.	Roll No.	Date	College	Test Administration
61	MA061	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
62	MA062	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
63	MA063	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
64	MA064	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
65	MA065	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
66	MA066	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
67	MA067	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
68	MA068	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
69	MA069	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
70	MA070	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
71	MA071	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
72	MA072	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
73	MA073	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
74	MA074	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
75	MA075	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
76	MA076	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
77	MA077	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
78	MA078	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
79	MA079	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
80	MA080	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test

Sl. No.	Roll No.	Date	College	Test Administration
81	MA081	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
82	MA082	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
83	MA083	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
84	MA084	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
85	MA085	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
86	MA086	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
87	MA087	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
88	MA088	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
89	MA089	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
90	MA090	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
91	MA091	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
92	MA092	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
93	MA093	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
94	MA094	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
95	MA095	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
96	MA096	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
97	MA097	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
98	MA098	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
99	MA099	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test
100	MA100	11/08/2023	Shubhankar	Psychological immunity test, life satisfaction test

FEEDBACK OF THE EVENT BY PARTICIPANTS

Prof. G.H. Behera
The exhibition was very creative. Students displayed their understanding of concepts related to the theme of the exhibition. More such exhibitions shall be helpful in many psychological concepts etc. popular. Best wishes!
Relu

Prof. Sunita Mishra
Excellent presentation. Very helpful for the students in engaging with an issue, articulating it and addressing the concerned issues with clarity and understanding. My best wishes to the students, teachers and staff for the wonderful effort. Good luck!
Sunita Mishra

डॉ. धीरज तिवारी
मेरे विभाग द्वारा लगाई गई प्रदर्शनी के सभी स्टाफों को बहुत ही निकट से देखने एवं सुनने का अवसर मिला। सभी विभागियों ने अपनी स्टाफ पर लगी प्रदर्शनी को बहुत ही अच्छे ढंग से सजकवाया। विभागियों ने वडे ही मनोबल से अपने स्टाफ को जमाया संवाला। महत्वपूर्ण संदेश देने वाले यह प्रदर्शनी मुझे लगी। सभी प्रदर्शनी में सजकवायी विभागियों को

वैतनिक रूप से प्रदर्शनी को सजकवाया। सभी विभागियों ने अपनी स्टाफ पर लगी प्रदर्शनी को बहुत ही अच्छे ढंग से सजकवाया। विभागियों ने वडे ही मनोबल से अपने स्टाफ को जमाया संवाला। महत्वपूर्ण संदेश देने वाले यह प्रदर्शनी मुझे लगी। सभी प्रदर्शनी में सजकवायी विभागियों को

Dr. Veena B. Kulkarni, Head, Department of Zoology
My interaction with students and teachers in exhibition was very fruitful. Students are able to explain their exhibit in proper way and I feel such programs are desirable. I present it as a happy and observing a person suffering stress can help society to move into positive direction and create a happy society. The test done was too good and I was happy with that. I wish would like to congratulate each and every person of your department for carrying out this program. I hope we can create a happy environment. I would also like to thank all the faculty members, students and Head room for making me to this function.
11/08/23

Prof. Anil K. Divyaji, HOD BBA
Exhibit of extremely busy schedule, kept in my mind & with the Department of Psychology today in order to update my knowledge regarding topic which is most relevant to the day.
The exhibition is really informative. The effort & the students made appreciation. I was surprised to learn various aspects of the subject & have also undergone the test.
I appreciate and support the authorities of the Subject to make the things popular & compare to all.
11/08/23

Dr. Sandeep Kumar, Head, Dept of Economics
A very nice event with practical aspects related to stress/season of mind. The best communication during home one. The students are able to identify their people from our side & help them to feel that world is large. Teachers not call alone. Sharing things with every individual can contribute to it. I hope you will be able to visit the College. I will be happy to visit the college. Best wishes.
11/08/23

Prof. Alok Kumar Goyal, Dept of Economics
Congratulations to Head, Dept of Psychology and entire faculty of the dept for organizing such a nice exhibition. Every staff of psychology department is in good manner with all aspect of human for the betterment of the
11/08/23

Ankita Pandey
The department