



## "7 Days Training Program on Employability Skills for Women"

Date: 25th October 2024

The Training Program on Employability Skills for Women under the flagship of **Mission Shakti (Phase 5)** on 25<sup>th</sup> Oct 2024, was held at Banking & Insurance(B&I), Department of Commerce, D.D.U. Gorakhpur University, Gorakhpur. Today's session covered the topics like, Job Readiness and Importance of Group Discussion.

The trainer started the session with the Job Readiness by emphasizing its in significance increasing the ability of the students to excel in every job by sustaining the competition and surviving in the long run. The trainer highlighted that it is a comprehensive process that equipped the students about the technical and required soft skills. It develops the critical thinking and also increases the adaptability. It promotes the professionalism and develop the work ethics. Students were also informed that how Job Readiness is different from the Career Readiness.

Continuing further, the Trainers from the Naandi Foundation, Mr. Amit Uttarani Mr. Ankit Puri and Mohd Shaqib emphasized on the Role of the Group Discussion in the holistic development of the student. The students learned about the structured way of exchanging the ideas and opinion among them. Group Discussion is the way to the integrate the experiences that enhances the knowledge, actions and provides smooth mechanism for conflict resolution. The entire session focused on the Job Readiness and signifies the importance of Group Discussion in raising the confidence of the students. The Coordinator of B&I, Dr. Maneesh Kumar and the faculties of B&I Dr. Abhishek Kumar, Dr. Anshika Mishra, Dr. Farozan, Dr. Sarika Gupta and Ms. Khushbu Verma were present throughout the session.











