



## **“7 Days Training Program on Employability Skills for Women”**

**Date: 24<sup>th</sup> October 2024**

The Training Program on Employability Skills for Women under the flagship of **Mission Shakti (Phase 5)** on 24<sup>th</sup> Oct 2024, at Banking & Insurance, Department of Commerce, D.D.U. Gorakhpur University, Gorakhpur. Trainer from the Naandi Foundation, Mr. Amit Uttarani Mr. Ankit Puri and Mohd Shaqib undertook the training session 160 girls divided into four batches, consisting of 40 students each. Today’s training focuses on the role of Money Management, Time Management and rising Job Opportunities for the graduates.

The session was started with introduction of Money Management that cover the arena of Budgeting, Saving, Spending and allied investment activities. They promoted the students to develop a discipline saving habit among them. A complete guidance regarding Investment Management and Risk Diversification was provided to the students. Students were also provided with the idea of personal finance.

The session further engaged the students with the concept of Time Management. Students are informed about how they can plan and control their activities and can utilize their time efficiently and productively. The trainer emphasized on the role of Time Management in reducing the student Stress Level and promoting their creativity.

The session further informed the students about the emerging job opportunities, the prevailing conditions of the job market and the skills required to enter into the workplace and excel in their career. The entire session comprehensively focuses on effective Management and the various aspects of the Job in current scenario. The session was coordinated by faculties of B&I, Dr. Abhisekh Kumar, Dr. Farozan, Dr. Sarika Gupta, Dr. Anshika Mishra & Ms. Khushbu Verma.



