

# CURRICULUM VITAE

## **DR. RAM KIRTI SINGH**

Assistant Professor, Department of Psychology  
DDU Gorakhpur University, Gorakhpur-273009 (U.P.)

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### **Academic Qualifications:**

- Ph.D. Awarded in Department of Psychology, 2012, Under the Supervision of Prof. R.P. Singh, Topic "Mental Health in Relation to Organizational Commitment, Job-Performance and Job-Satisfaction," M.G.K. Vidyapith, Varanasi, U.P.
- M.A. (Psychology) from V.B.S. Purvanchal University, Jaunpur with 58.2% marks in the year 2005.
- B. A. from V.B.S. Purvanchal University, Jaunpur with 61.44% marks in the year 2003.
- Intermediate from U. P. Board with 55.60% marks in the year 2000.
- High School from U. P. Board with 51.00% marks in the year 1997.

### **Teaching Experience**

- Present Time Working as Assistant Professor, Department of Psychology, DDU Gorakhpur University, Gorakhpur, U.P.
- Four Year Experience in U.G. & P.G. (Session-2018-2019 to 2022-2023), Assistant Professor, Department of Psychology, MGKVP, NTPC Campus Shaktinagar, Sonbhadra, U.P.
- One year Experience in U.G. & P.G. (Session-2015-2016), Department of Psychology, Harish Chandra P. G. College, Varanasi, U.P.
- Two year Experience in U.G. & P.G. (Session-2013-2014 to 2014-2015), Department of Psychology, M.G.K. Vidyapith, Varanasi, U.P.

### **Other Teaching Experience:**

- Academic Counselor for CIG Program in IGNOU (Study Centre No. 48033) from 29.08.2014 to till Date.
- Academic Counselor for M.A. in Psychology Program IGNOU (Study Center No. 48046) For 04.0.2018 to till Date.
- Academic Counselor for PGDCFT Program IGNOU (Study Center No. 48046) For 16.08.2021 to till Date.

### **Research Experience:**

- Post-Doctoral Fellow Awarded from 25.09.2013 to 24.09.2015 in ICSSR, New Delhi. Topic "Effects of Perceived Discrimination on Job-Satisfaction, Organizational Commitment and Mental Health among Public and Private Sector Employees," at Department of Psychology, M.G.Kashi Vidyapith, Varanasi, U.P.
- Project Fellow from 26.10.2016 to 30.06.2018 in UGC sponsored major research project: MRP-MAJOR-PSYC-2013-44248(GEN). Entitled "Exploring Psycho-social correlates of Internet use among Indian Adolescents" at Department of Psychology, M.G. Kashi Vidyapith, Varanasi, U.P.

### **Published Research Papers:**

- Singh, R.K., & Singh, R.P. (2010). *Snatak Star ke Vidyarthiyon ke Samayojan evam Tanav ka Manoviagyanik Adhyayan. Jigyash*, Vol. 3(4), 240-243, ISSN: 0974-7648.
- Singh, R.K., & Singh, R.P. (2011). *Sangathan evam Sangathanatmak Pratibaddhata ka Mansik Swasthya par prabhav*. Indo-Indian Journal of Social Science Researches, Vol. 7 (1), 22-26, ISSN: 0975-1343.
- Singh, R.K., & Singh, R.P. (2012). *Sarkari evam Gair Sarkari Audyogik Sansthan ke karmachariyon ki karya-Santushti ka Tulanatmak Adhyayan*. Indo-Indian Journal of Social Science Researches, Vol.8 (1), 11-16, ISSN: 0975-1343.
- Singh, R.K., & Sheikh, K. (2012). *Sarvajanik Evam Niji kshetra ke Karmachariyon ke Manasik Swasthya par karya-Nishpadan ka Prabhav*. Indian Journal of Social Sciences and Societies, Vol.12, 72-77, ISSN: 0974-7265.
- Singh, R.K. (2012). *Sarkari evam Gair Sarkari Audyogik Sansthan key karmachariyon ki Sangathanatmak-Pratibaddhata ka Tulanatmak Adhyayan*. Shodh-Amrit, Vol.2 (2), 358-360, ISSN: 2231-6086.
- Singh, R.K., & Sheikh, K. (2013). *Sarkari kshetra ke karmachariyon ke Mansik Swasthya par Sangathanatmak Pratibaddhata, karya-Nishpadan evam karya- Santushti ka Prabhav*. The Journal of Education and Indian Perspective, Vol. 5 (1), 8-16. ISSN: 0976-934X.
- Singh, R.K., & Sheikh, K. (2013). *Niji kshetra ke karmachariyon ke Mansik Swasthya par Sangathanatmak Pratibaddhata, karya-Nishpadan evam karya- Santushti ka Prabhav*. Navya, Vol.8, 65-74. ISSN: 2249-5118.

- Singh, R.K., & Singh, R.P. (2014). *Supervisor Evam karmachariyon key Manic Swarthy, karya-Nishpadan Evam Sangathanatmak Pratibaddhata ka Tulanatmak Adhyayan.* The Journal of Education and Indian Perspective, Vol.6 (2), 60-65.ISSN:0976-934X.
- Singh, R.K. (2015). *Snatak Vidyarthiyon ke Jivan ki Gunavatta ka Tulanatmak Adhyayan.* Research Highlights, Vol. 2(4), 108-110.ISSN:2350-0611.
- Sheikh, K., & Singh, R.K. (2016).A Comparative Study of Stress and Academic Achievement of Parentally Accepted and Rejected Adolescent .Research Highlights, Vol.3 (3), 69-79.ISSN:2350-0611.
- Singh, R.K. (2017).Shareerik Rup se Chunotigrast Evam Samany Viidyarthiyon ke Mansik Swasthya ka Tulanatmak Adhyayan.Varanasi Management Review, Vol.3 (2), 77-83. ISSN: 2395-0390.
- Singh, R., Singh, R.P., & Singh, R.K. (2018). Aashawadita Mapani ki Sanrachana. Jigyasa, Vol.XI (5).88-91. ISSN: 0974-7648.
- Singh, K.K., & Singh, R.K. (2021).The Study of Frustration among Adolescence. Varanasi Management Review, Vol.VII (2), 01-07. ISSN: 2395-0390.

**Published Book:**

- Singh, R.K. (2019). *"Manic Swarthy, Evam Sangathanatmak karak"* Rawat Publication New Delhi, ISBN: 978-93-88562-13-3.

**Participated in Workshop :**

- Faculty Induction Programme Organized by HRD UGC & Deen Dayal Upadhyaya Gorakhpua University, Gorakhpur during Aug.26 to Sept. 24, 2023.
- Sart Tarm Programme Organized by HRD UGC & Department of Psychology, Deen Dayal Upadhyaya Gorakhpua University, Gorakhpur during Aug.26 to Sept. 24, 2023.
- National Workshop on 'Psychological Effects of Gandhian Thought on Individual Transformation and Reconstruction of Society' Jointly Organized by Gandhian Study Centre & Department of Psychology, DAV, PG College, B.H.U.,Varanasi during January 30 to February 06,2013.
- International Workshop on 'Counselling Skills in Health Profession and Schools' Organized by Department of Applied Psychology, VBS Purvanchal University, Jaunpur during 23 to 26 October, 2013.

- Workshop on 'SPSS' for Social Science data analysis' Organized by Uttarakhand Open University during 2 to 8 February, 2015.
- National Workshop on 'Understanding Mental Health Issues and Outcome: An Interface between Psychiatry and Psychotherapy' Organized by Department of Psychology, DAV, PG College, B.H.U., Varanasi during April 3 to 10, 2015.
- National Workshop on 'Statistical Analysis in Physical Education' Organized by Department of Physical Education, M.G.K. Vidyapith, Varanasi during January 5 to 11, 2016.
- National Workshop on 'Research Methods and Statistical Measures in Behavioural Sciences 'Organized by Department of Physical Education and Yoga, M.G.K. Vidyapith, Varanasi & Poddar Foundation ,Varanasi , Association with- Pranaam Foundation, Mumbai during February 8 to 14, 2017.

### **Orientation Course:**

- Orientation Course on 'Research Methodology in Social Sciences' Organized by Department of Psychology, M.G.K.V., Varanasi during 13-15 February, 2010.

### **Participation in Seminars/Conferences:**

- Paper Presented on 'Snatak Star ke Vidyarthiyon ke Samayojan evam Tanav ka Manovigyanik Adhyayan ' in the National Conference on ' Guidance & Counseling for the Stress-ridden Youth: The Present Day Need of the Society 'Organized by Department of Psychology, A.M.P.G. College, Varanasi on November 22,2010.
- Paper Presented on 'A Study of Mental Health, Job-Performance and Organizational Commitment of the Supervisors and Employees Working in Industrial Organization' in the 1<sup>st</sup> National Conference of Indian Association of Positive Psychology from Dec 24-26, 2012 Organized by Department of Psychology, M.G.K.V., Varanasi.
- Paper Presented on 'Mahila Sashaktikaran Me Panchayati Raj Vyavastha Our Manarega Ki Bhumika' in the National Seminar of ICSSR, New Delhi from Nov 09-10, 2013 Organized by Sudhakar Mahila P.G. College, Varanasi.

- Paper Presented on 'Shichha Bhumandaliykan Our Rasht Nirman' in the International Seminar of Social Institutions: Challenges and Solution from Jan 18-19, 2014 Organized by Department of Sociology, M.G.K.V., Varanasi.
- Paper Presented on 'Alexithymia and Stress Related Health Problem' Organized by Department of Applied Psychology, VBS Purvanchal University, Jaunpur on 11-12 February, 2014.
- Paper Presented on 'Panchayati Raj Vyavastha Me Sushasan Ki Sambhavanaye, National Seminar Sponsored U.G.C., New Delhi from Feb. 15-16, 2014 Organized by Department of Political Science ,M.G.K.V., Varanasi.
- Paper Presented on 'Vidhava Vivah Nishedh Vartaman Pariprekshya ki kunthit Vichardhara, National Seminar Sponsored ICSSR, New Delhi from Feb. 17-18, 2014 Organized by Department of Sociology, B.H.U., Varanasi.
- Paper Presented on ' Bharat me Garibi :Visheshataye evam karak , National Seminar Sponsored Higher Education Department Uttar Pradesh Government from Feb 22-23, 2014 Organized by Department of Economics ,M.G.K.V., Varanasi.
- Paper Presented on 'Impact of Mental Health on Burnout Among Teachers , International Conference U.G.C., New Delhi from March 29-31,2014 Organized by Department of Psychology ,Magadh University, Bodh-Gaya(Bihar)India.
- Paper Presented on ' Impact of Mental Health on Job- Performance among Teachers, International Conference Indian Sociological Society from Nov.29-30, Dec.1, 2014 Organized by Department of Sociology, M.G.K.V., Varanasi.
- Paper Presented on ' Impact of Mental Health on Organizational Commitment Among Public and Private Sector Employees ,National Seminar Sponsored by ICSSR, New Delhi from Jan.24-25,2015 Organized by Department of Social Work ,M.G.K.V., Varanasi.
- Paper Presented on 'Effects of Perceived Discrimination on Job-Satisfaction Among Public and Private Sector Employees , National Seminar Directed by Govt. of Indian Ministry of Youth Affairs & Sports from Nov.26, 2015 Organized by National Service Scheme, M.G.K.V., Varanasi.
- Paper Presented on 'Effect of Psycho-Neurotic Disorders on Adolescents obesity' National Seminar Sponsored by ICSSR, New Delhi from Nov.28-29, 2015 Organized by Department of Sociology, M.G.K.V., Varanasi.

- Paper Presented on 'Effects of Perceived Discrimination on Mental Health Among Public and Private Sector Employees , National Seminar from Feb.11,2016 Organized by National Service Scheme ,M.G.K.V., Varanasi & Whistle Blower Trust, Varanasi.
- Paper Presented on 'A Study of Organizational Commitment and Job-Performance of the Supervisors and Employees Working in Industrial Organization' in the National Conference of Psychology and Society Today: Contemporary Issues and Interventions from Nov. 26-27, 2016 Organized by Department of Psychology, M.G.K.V., Varanasi.
- Paper Presented on 'Social Exclusion Related to Poverty' in the National Seminar of Problems of Food and Nutritional Security: Planning and Strategy from July 30-31, 2016 Organized by Department of Economics, M.G.K.V.,Varanasi.
- Paper Presented on 'Impact of Mental Health on Adjustment among Teachers' in the National Seminar of Endogenous Growth: A Path Towards Sustainable & Inclusive Growth in India from Feb. 24,2018 Organized by Department of Economics, U.P. College, Varanasi.
- Paper Presented on 'A Study of Mental Health in Relation to Organizational Climate among Government Employees' in the National Seminar of Socio-Political and Administrative Issues in 21<sup>st</sup> Century: Problem & Solutions from Feb.16-17, 2019 Organized by Department of Sociology, M.G.K.V., Varanasi.
- Paper Presented on “Mental Health and Social Support” in the International Conference of Indian Academy of Health Psychology from Oct.20-22, 2019 Organized by Department of Psychology, In Association with: Department of Physical Education & Yoga and University Sports Council, M.G.K.V., Varanasi.
- Paper Presented on “Bharati Parampara Evam Manoviyan” in the National Conference of Bharati Parampara ka Aadhunik Bharat from July.27-28,2019 Organized by RSS & Department of Psychology, MGKVP, Varanasi.
- Paper Presented on “Relationship between Parenting Style and well-being among adolescence” in the National Seminar of Psychology & Society Today: Issues, Challenges & Interventions from March.17-18, 2023 Organized by Department of Psychology, MGKVP, Varanasi.

### **Computer Skills**

- MS Word
- MS Power Point
- SPSS

**Personal Details**

Father's Name : Late Shri Indra Bahadur Singh  
Mother's Name : Late Smt. Savitri Devi  
Date of Birth : 02-07-1982  
Nationality : Indian  
Gender : Male  
Marital status : Married  
Religion : Hindu  
Permanent Address : Village - Kishunpur, Post – Kishunpur  
District – Azamgarh (UP)-276128

**Declaration**

I here by declare that all the information furnished above is true to the best of knowledge and belief.

**Place: Gorakhpur**

***Signature***

**Date:**

**DR. (RAM KIRTI SINGH)**