

## Curriculum Vitae



**Dr. (Mrs.) Anubhuti Dubey**

**Professor**

**Department of Psychology**

Deen Dayal Upadhyay Gorakhpur University, Gorakhpur, Uttar Pradesh, India

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### **Area of Specialization**

Health Psychology, Applied Social Psychology, Positive Psychology, Counseling Psychology & Qualitative Research Methods

### **Academic Qualification**

- **Ph.D.** on the research title '*Role of some Psychological Variables in Chronic Illness*'. Deen Dayal Upadhyaya Gorakhpur University, Gorakhpur awarded in 2004.
- **P.G. Diploma, Promotive & Preventive Health.** Apollo Hospital, Hyderabad (distance learning) 2005.
- **M.A. in Psychology.** Deen Dayal Upadhyaya Gorakhpur University, Gorakhpur, 1996.
- **B.A. with Hindi, Sanskrit, & Psychology,** Deen Dayal Upadhyaya Gorakhpur University, Gorakhpur, 1994.

### **Academic Honors and Awards:**

- UGC National Eligibility Test in Psychology in 1996.
- Gold medalist in Masters of Arts (1996 Batch).
- Gold medalist in Bachelor of Arts (1994 Batch)
- National Scholarships in High School, U.G. and P. G.
- National level Master Trainer for Counseling Training to HIV/AIDS/STI counselor.

### **Academic/ Teaching Experiences (24 years)**

- Currently working as Dean Students' Welfare, Deen Dayal Upadhyay Gorakhpur University, Gorakhpur, from 4<sup>th</sup> October 2023.
- Served as Head, Department of Psychology, Deen Dayal Upadhyay Gorakhpur University, Gorakhpur, 1<sup>st</sup> Dec. 2020 to 30<sup>th</sup> November 2023.
- Professor, Department of Psychology, Deen Dayal Upadhyay Gorakhpur University, Gorakhpur, from 10<sup>th</sup> October 2013 to present.
- Associate Professor, Department of Psychology, Deen Dayal Upadhyay Gorakhpur University, Gorakhpur, 2010 to 2013.
- Reader, Department of Psychology, Deen Dayal Upadhyay Gorakhpur University, Gorakhpur, 2007-2010
- Senior Lecturer, Department of Psychology, Deen Dayal Upadhyay Gorakhpur University, Gorakhpur, Gorakhpur, 2004-2007.
- Lecturer, Department of Psychology, Deen Dayal Upadhyay Gorakhpur University, Gorakhpur, from 10<sup>th</sup> October 1998-2004.

### **Memberships of Professional Societies**

- Life member of Indian Science Congress.
- Member of National Academy of Psychology (NAOP).
- Life Member of Samvedana an NGO.
- Life Member of Indian Academy of Health Psychology.

## Editor/Consulting Editor/ Reviewer

- Mind And Society (Editor)
- Indian Journal of Social Science Researches (Consulting Editor)
- Frontiers of Psychiatry (Reviewer)

## Academic and Research Activities

### Publications in Journals

**Total =58**

1. Azeez, A. & **Dubey, A. (2023)**. Resilience: a comprehensive review of the concept. *Journal of Korean Academy of Psychiatric and Mental Health Nursing*, Vol. 5 (4), 926-936. ISSN:1225-8482 | E-ISSN:2288-4653
2. Giri, S.P. & **Dubey, A. (2023)**. Loneliness in the time of COVID-19: an alarming rise. *The Lancet*, Vol.401, Issue 10394, P2107-2108. Published Online June 19, 2023 [https://doi.org/10.1016/S0140-6736\(23\)01225-4](https://doi.org/10.1016/S0140-6736(23)01225-4)
3. Chaudhary, R., Pandey, N. & **Dubey, A. (2023)**. A systematic study of health and life satisfaction among older adults in relation to successful ageing. *Journal of Clinical Otorhinolaryngology, Head, and Neck Surgery*, Vol. 27 Issue: 1, March 2023, 4420-4433. ISSN: 1001-1781. <https://www.lcebyhkzz.cn/>
4. Singh, G. & **Dubey, A. (2022)**. Psychologist in Action for New Education Policy, 2020. *Journal of Psychosocial Research*, 17 (2), 487-495. ISSN (printed): 0973-5410. ISSN (electronic): 0976-3937
5. Pandey, S. & **Dubey, A. (2022)**. A Study on Relationships of Spirituality and Personal and Social Identity Orientation with Psychological Distress. *The International Journal of Indian Psychology*, ISSN 2348-5396 (Online), ISSN: 2349-3429 (Print), Volume 10, Issue 2, 813-822. DIP:18.01.082.20221002, DOI: 10.25215/1002.082
6. Singh V., Kumari N. & **Dubey A. (2021)**. Online Learning Experiences amid Lockdown- A Boon or Bane for Parents and Learners? *International Journal of Indian Psychology*, 9 (4), 1760-1777. DIP:18.01.168.20210904, DOI:10.25215/0904.168. ISSN (Print):2349-3429
7. Pandey, S. & **Dubey, A. (2021)**. Confluence of Triguna and PERMA Model: An Empirical Validation. *Mind and Society* Vol. 10, No. III & IV, Sep. & Dec., Page No. 43-49. ISSN 2277-6907.
8. Tiwari, S.K., Kumar, D. & **Dubey, A. (2021)**. Development of Social Dominance Orientation Towards Caste Category Scale and Hindi Translation of Social Dominance

- Orientation Scale for Different Social Categories in India. *The International Journal of Indian Psychology*, ISSN 2348-5396 (Online) | ISSN: 2349-3429 (Print), Volume 9, Issue 2, April- June, 2021, DIP: 18.01.036.20210902, DOI: 10.25215.0902.036
9. Chaudhary, R., Pandey, N. & **Dubey, A. (2021)**. Correlates of Happiness Among Older Adults: A Systematic Review. *International Journal of Current Research and Review*, Vol 13 (10), 173-178. ISSN: 2231-2196 (Print) ISSN: 0975-5241 (Online) DOI: <http://dx.doi.org/10.31782/IJCRR.2021.131036>
  10. Azeez, A. & **Dubey, A. (2020)**. Moderating role of self-esteem in distress and cognitive distortions relationship among marginalized adolescents. *Iikogretim Online-Elementary Education Online*, Vol. 19 (4), pp. 5147-5160. 1305-3515. doi:10.17051/ilkonline.2020.04.764923
  11. Kumari, N. & **Dubey, A. (2020)**. Coping with Cancer: What Illness Perception Do? *International Journal of Medical and Bioscience: Cross Current*. Vol. 2(10). ISSN 2663-2446. Peer reviewed journal.
  12. Pandey, A. & **Dubey, A. (2020)**. Role of Self-Efficacy in Social Support Perception and Coping with Arthritis. *International Journal of Multidisciplinary Approach and Studies*. Vol. 7(5). 31-41. ISSN 2348 – 537X.
  13. Singh, V. & **Dubey, A. (2020)**. Resolution of Moral Dilemmas: A Cross- Religion Analysis. *International Journal of Multidisciplinary Approach and Studies*. Vol. 7(5), 22-51. ISSN 2348 – 537X.
  14. Kumari, N. & **Dubey, A. (2019)**. Do chronic illnesses increase children’s risk of being maltreated? *International Journal of Social Sciences Review*, Vol. 7 (1), 1074-1077. ISSN 2347-3797. UGC Journal No. 41948.
  15. Singh, V. & **Dubey, A. (2019)**. School Culture and School Climate: Who is impacting whom? *A Journal of Composition Theory*, Vol. 12(7), 228-237. ISSN: 0731-6755. UGC Journal No. 18482

16. **Dubey, A. & Mishra, K. (2018).** Role of optimism and perceived control in well-being of women in reproductive age. *Journal of Indian Health Psychology*, Vol. 13 (1), 53-71. ISSN0973-5755.
17. **Dubey, A. (2017).** Co-morbid psychological distress in breast and cervix cancer patients. *International Journal of Social Sciences Review IAHRW*, Vol. 5 (3), 398-401. ISSN 2347-3797. Doi 10.5281/zenodo.5712814
18. **Dubey, A. & Singh, G. (2017).** The notion of school teacher in changing social world: A narrative analysis. *International Journal of Education & Management Studies*, Vol. 7 (3), 344-349. ISSN 2231-5632.
19. **Dubey, A. & Kumari, N. (2017).** Cognitive representation of illness, coping and wellbeing in cancer patients, *Journal of Indian Health Psychology*, Vol. 12, No. 1, 9-23.
20. **Kumari, N. & Dubey, A. (2017).** Environmental density and its effect on health and quality of life. *International Journal of Research in Social Sciences*, Vol. 7 (1), 163-175. ISSN 2249-2496.
21. **Maddhesia, R. & Dubey, A. (2017).** Biculturalism: An emerging feature of globalization. *International Journal of Social Sciences Review*, Volume 5 (3), 525-528. ISSN 2347-3797.
22. **Yadav, K.S. & Dubey, A. (2017).** Self-esteem and vulnerability in elderly people. *Indian Journal of Human Relations*, Vol. 51 (2), 1-11. ISSN 0974-1089.
23. **Maddhesia, R. & Dubey, A. (2017).** Acculturation and academic achievement in Intercultural context. *Indian Journal of Psychology & Education (IJPE)*, Vol. 7 (2), 134-139. ISSN 2231-1432
24. **Dubey, A. & Tripathi, K.M. (2016).** Health literacy and health practices in women of Sabia village of Kushinagar district: A qualitative analysis. *International Journal of Physical and Social Sciences*, Vol. 6 (2), 1-12. ISSN 2249-5894.
25. **Dubey, A. & Singh, G. (2016).** Psychological resources: An asset to the Indian caregivers. *Indian Journal of Psychology*, Centennial Issue, 215-217. ISSN 0019-5553.

26. Singh, G. & **Dubey, A. (2016)**. Mental health and wellbeing of caregivers: A review of literature. *Indian Journal of Psychological Issues*, Vol. 24 (1), 121-127. ISSN 0972-4427.
27. Singh, G. & Dubey, A. (2016). Mental health and wellbeing of caregivers: A review of the literature. *The International Journal of Indian Psychology*, Volume 3, Issue 4, No. 57, pp 98-105. DIP: 18.01.030/20160304. ISSN 2348-5396 (e) | ISSN: 2349-3429 (p)
28. **Dubey, A. & Gupta, S. (2015)**. Characteristics of communication of doctor during consultation. *Asian Journal of Social Sciences, Arts and Humanities*, Vol. 3(2), 35-43. ISSN 2311-3782.
29. Singh, S. & **Dubey, A. (2015)**. Coping and wellbeing in infertile males and females. *Journal of Indian Health Psychology*, Vol. 9 (2), 79-92. ISSN 0973-5755.
30. Mishra, K. & **Dubey, A. (2014)**. Indian Women's perspectives on reproduction and childlessness: Narrative analysis. *International Journal of Humanities and Social Sciences*, Vol. 4, No. 6 (1), 157-164. ISSN 2220-8488.
31. Mishra, K. & **Dubey, A. (2013)**. Perceived psychosocial changes in life of women after marriage: A Narrative analysis. *International Journal of Social Science Tomorrow*, Vol. 2, No.9, 1-9. ISSN 2277-6168.
32. **Dubey, A. & Srivastava, A. (2013)**. Parental factors, achievement motivation and performance of adolescents. *International Journal of Education and Management Studies*, Vol. 3 (1), 66-70, ISSN 2231-5632.
33. Kumar, D. & **Dubey, A. (2012)**. Empowerment and Sources of Power as perceived by women of Eastern Uttar Pradesh. *International Journal of Social Science Tomorrow*, Vol. 1, (4), 1-5, ISSN 2277-6168.
34. **Dubey, A. (2012)**. Perceived control as predictor of yogic practices and effects of yoga on health and wellbeing. *Journal of Psychology*, Vol. 3(2), 121-129. ISSN 0976-4224 Citation =2

35. Tripathi, P. & **Dubey, A. (2015)**. Obesity related psychological problems and involvement of mothers in obese behavior of adolescent daughters. *Indian Journal of Health and Wellbeing*, Vol. 6 (7), 724-727. ISSN 2229-5356.
36. **Dubey, A. (2014)**. The psychology of Women Health. *Gorakhpur Social Scientist*, Vol. V (1& 2), 57-62. ISSN 0976-8521.
37. **Dubey, A. & Singh, S. (2014)**. Role of emotional responses in marital adjustment and satisfaction in couples undergoing infertility treatment. *Journal of Positive Psychology*, Vol. 5 (2), 125-130. ISSN 2229-4937.
38. **Dubey, A. & Singh, S. (2014)**. Stress during infertility treatment process. *United Journal of Awadh Scholars*, Vol. 8 (2), 1-12. ISSN 0974-0503.
39. **Dubey, A. & Kumari, P. (2013)**. Conceptualization of terrorism: an Intercommunity study. *Humanities and Social Science Studies*, Vol. 2 (2), 26-33. ISSN 2319-829X.
40. Tripathi, K.M. & **Dubey, A. (2013)**. Role of education in health and wellbeing of rural women. *Indian Journal of Social Science and Organization Behavior*, Vol. 2 (1), 22-27. ISSN 2278-568X.
41. **Dubey, A. & Bajpai, L. (2013)**. Fostering emotional intelligence and coping with diabetes and evaluation of quality of life. *Indian Journal of Health and Wellbeing*, Vol. 4 (5), 993-999. ISSN 2229-5356.
42. **Dubey, A. & Shahi, D. (2012)**. Social networks, congruence in desired and received social support, coping and health of women. *Indian Journal of Health and Wellbeing*, Vol. 3, (2), 390-394. ISSN 2229-5356.
43. **Dubey, A. & Shahi, D. (2011)**. Psychological Immunity and coping strategies: A study of Medical Professionals. *Indian Journal of Social Science Researches*, Vol. 8 (1-2), 36-47. ISSN 0974-9837.

44. Kumar, D., **Dubey, A.**, & Misra, A. (2011). Social Identity and Job categories: Effects on Occupational Stress. *Indian Social and Psychological Studies*, Vol. 4, No. 1, 46-50. ISSN 0974-634X.
45. **Dubey, A.** (2010). Reviewed book entitled "HIV Prevention: A Comprehensive Approach" Edited by Kenneth H. Mayer & H.P. Pizer. *Psychological Studies*, Vol. 55 (1), 77-78.
46. **Dubey, A.** & Upadhya, P. (2009). Psychosocial correlates of abusive behavior in parents. *Indian Journal of Social Sciences Researches*, Vol. 6, No.2. 1-7. ISSN 0974-9837.
47. **Dubey, A.** (2009). Does being employed have psychological consequences on women? *Social Engineering*, Vol. 12, No.1, 41-50. ISSN 2320-4508.
48. **Dubey, A.** (2008) Future Oriented Thinking and Well Being in Diabetic Patients. *Journal of Indian Psychology*, Vol. 26, No. 1& 2, 22-30. ISSN 0972-5431.
49. **Dubey, A.** & Agarwal, A. (2008). Maintaining quality of life in adversity: A study on chronically ill patients, *Journal of Indian Health Psychology*, Vol. 3 (1), 50-63. ISSN 0973-5755.
50. **Dubey, A.** & Agarwal, A. (2007). Coping strategies and life satisfaction: Chronically ill patients' perspectives. *Journal of Indian Academy of Applied Psychology*, Vol.33, No.2, 161-168. ISSN 0019-4247
51. **Dubey, A.** & Agarwal, A. (2007). Positive Outcomes from Negative situations, Goal and Fears in Chronically Ill Patients: A Qualitative Analysis. *Journal of Community Guidance and Research*, Vol. 24, (2), 205-212. ISSN 0970-1346.
52. **Dubey, A.** & Shrama L. (2006). Cognitive behavioral Intervention: A study on cancer patients. *Psychological Studies*, Vol. 51, (2-3), 212-216. ISSN 0033-2968.
53. **Dubey, A.** & Shrama L. (2006). AIDS: Awashyakta ek manovygyanik pahalki. *Samayik Neha*, Vol. 28, 17-19.



54. Agarwal, A. & Dubey, A. (2005). Cancer ke uprant bhi jeeven mai anand :Ek sambhavana. Samayik Neha, Vol. 26, 32-33
55. Dubey, A. & Agarwal, A. (2004). Feeling well inspite of chronic illness. *Psychological Studies*, Vol. 49, No. 1, 63-68. ISSN0033-2968
56. Dubey, A. (2003). Reviewed book entitled “Integral Health” Written by Soumitra Basu. *Psychological Studies*, 48 (2), 83-84.
57. Dubey, A. & Kumari, V. (1999). Psychosocial stress and perceived quality of life in working and non-working women. *Indian Journal of Psychological Issues*, Vol. 7, No. 2, 63-66.  
Citation=3
58. Agarwal, A. & Pandey, A. (1998). Coping with Chronic diseases: Role of Some Psychological Variables. *Psychological Studies*, Vol. 43. 58-64.

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#### Article in Magazine

Dubey, A. (30/11/2020). अवसाद बढ़ा रही कोरोना महामारी. *News Time Post*. Page 11-13.

#### Chapters in Books (46)

1. Dubey, A. (2023). Gender leadership gap: Why does it matter and how to intervene? In Manju Mishra (Ed.) *Psychology of Women, Work and Wellbeing* (pp. 42-58). New Delhi: Concept Publishing Company. ISBN 978-93-5594-618-8
2. Azeez, A. & Dubey, A. (2021). Adolescents Orphans “A Socially Excluded Group”: Psychological Problems and Challenges. In Aradhana Shukla and Anubhuti Dubey (Ed.), *Mental Health Psycho-social Perspective: Adolescents and Children Mental Health (Vol. V)* (pp. 232-248). New Delhi: Concept Publishing Company. ISBN 978-93-5439-017-3.
3. Singh, V. & Dubey, A. (2021). Mental Health Promotion among Students: A Holistic School-based Approach. In Aradhana Shukla and Anubhuti Dubey (Ed.), *Mental Health Psycho-social Perspective: Adolescents and Children Mental Health (Vol. V)* (pp. 310-321). New Delhi: Concept Publishing Company. ISBN 978-93-5439-017-3.

4. Pathak, V. & **Dubey, A. (2021)**. Contemplating the Lives of Visually Impaired: A Review of Studies. In Aradhana Shukla and Anubhuti Dubey (Ed.), *Mental Health Psycho-social Perspective: Adolescents and Children Mental Health (Vol. V)* (pp. 284-295). New Delhi: Concept Publishing Company. ISBN 978-93-5439-017-3.
5. Giri, S. P. & **Dubey, A. (2021)**. Parlous Effect of Loneliness among Adolescents. In Aradhana Shukla and Anubhuti Dubey (Ed.), *Mental Health Psycho-social Perspective: Adolescents and Children Mental Health (Vol. V)* (pp. 177-188). New Delhi: Concept Publishing Company. ISBN 978-93-5439-017-3.
6. Pandey, S. & **Dubey, A. (2021)**. Conjunction of Spirituality: Mental Health and Happiness in Adolescents with Special Reference to PERMA Model. In Aradhana Shukla and Anubhuti Dubey (Ed.), *Mental Health Psycho-social Perspective: Adolescents and Children Mental Health (Vol. V)*. (pp. 117-134). New Delhi: Concept Publishing Company. ISBN 978-93-5439-017-3.
7. Shukla, A. & **Dubey, A. (2021)**. Family and Parenting: Promotion of Mental Health in Adolescents and Children. In Aradhana Shukla and Anubhuti Dubey (Ed.), *Mental Health Psycho-social Perspective: Adolescents and Children Mental Health (Vol. V)*. (pp. 4-19). New Delhi: Concept Publishing Company. ISBN 978-93-5439-017-3.
8. **Dubey, A. (2021)**. Gender Disadvantage: Mental Health Risk Factors. In Aradhana Shukla and Anubhuti Dubey (Ed.), *Mental Health Psycho-social Perspective: Women Mental Health (Vol. VI)*. (pp. 339-345). New Delhi: Concept Publishing Company. ISBN 978-93-5439-025-8.
9. Singh, G. & **Dubey, A. (2021)**. Caring the Chronically Ill: Toll of Mental Health of Women Caregivers. In Aradhana Shukla and Anubhuti Dubey (Ed.), *Mental Health Psycho-social Perspective: Women Mental Health (Vol. VI)* (pp. 280-291). New Delhi: Concept Publishing Company. ISBN 978-93-5439-025-8.

10. Pandey, A, & Dubey, A. (2021). Down to the Roots: Understanding the Mental Health of Women with Post-Menstrual Syndrome (PMS). In Aradhana Shukla and Anubhuti Dubey (Ed.), *Mental Health Psycho-social Perspective: Women Mental Health* (Vol. VI). (pp. 206-218). New Delhi: Concept Publishing Company. ISBN 978-93-5439-025-8.
11. Dubey, A. & Shukla, A. (2021). Women: Psyche, Society and Health (Vol. VI). In Aradhana Shukla and Anubhuti Dubey (Ed.), *Mental Health Psycho-social Perspective: Women Mental Health* (pp. 5-15). New Delhi: Concept Publishing Company. ISBN 978-93-5439-025-8.
12. Dubey, A. (2019). Mental health issues of domestically abused and violence victimized old women. In Nazish Bano and Aradhana Shukla (Eds.) *Social Justice among the Women* (pp.135-147). New Delhi: Concept Publishing Company. ISBN 93-86682-93-1.
13. Dubey, A. & Singh, G. (2019). Sources of Happiness: A Qualitative Analysis. In Aradhana Shukla, Anubhuti Dubey and Narendra Singh Thagunna (Eds.) *Psyche of Asian Society* (pp. 169-180). New Delhi: Concept Publishing Company. ISBN 93-86682-82-6.
14. Dubey, A. & Vajpeyi, L. (2019). Triyoga and Triguna in Bhagwad Gita: An Empirical validation. In Aradhana Shukla, Anubhuti Dubey and Narendra Singh Thagunna (Eds.) *Psyche of Asian Society* (pp. 59-77). New Delhi: Concept Publishing Company. ISBN 93-86682-82-6.
15. Dubey, A. & Maddhesia, R. (2019). Acculturative strategies of Nepali immigrants living in India In Aradhana Shukla, Anubhuti Dubey and Narendra Singh Thagunna (Eds.) *Psyche of Asian Society* (pp. 102-115). New Delhi: Concept Publishing Company. ISBN 93-86682-82-6.
16. Dubey, A. (2018). The Psychology of Protest with special reference to Quit India Movement. In Himanshu Chaturvedi (Eds.) *Quit India movement: Revisiting Eastern*

- Utter Pradesh* (pp. 1-20). New Delhi: Academic Heights Publications. ISBN 978-93-85265-31-0.
17. **Dubey, A. (2018).** Determinants of Health and Well Being: Empirical analysis with different groups of Eastern Utter Pradesh. In Girishwar Mishra (Eds.) *Psychosocial Interventions for Health and Well Being* (pp. 29-42). New Delhi: Springer. ISBN 978-81-322-3780-8.
18. **Dubey, A. & Shukla A. (2017).** Mental health: Therapeutic Applications. In A. Dubey and A. Shukla (Eds.) *Mental Health Psychosocial –Social Perspectives: Therapeutic Applications* (Vol Four) (pp.1-13), New Delhi: Concept Publishing Company. ISBN 978-93-5125-172-9.
19. **Dubey, A. & Maddhessia, R. (2017).** Psychotherapy in India: Past and Present. In A. Dubey and A. Shukla (Eds.) *Mental Health Psychosocial –Social Perspectives: Therapeutic Applications* (Vol. Four) (pp.79-98), New Delhi: Concept Publishing Company. ISBN 978-93-5125-172-9.
20. Maddhessia, R. & **Dubey, A. (2017).** Relevance of Existential therapy in present scenario. In A. Dubey and A. Shukla (Eds.) *Mental Health Psychosocial –Social Perspectives: Therapeutic Applications* (Vol. Four) (pp.215-231), New Delhi: Concept Publishing Company. ISBN 978-93-5125-172-9.
21. Kumari, N. & **Dubey, A. (2017).** Effectiveness of reality therapy in multiple perspectives. In A. Dubey and A. Shukla (Eds.) *Mental Health Psychosocial –Social Perspectives: Therapeutic Applications* (Vol. Four) (pp.270-289), New Delhi: Concept Publishing Company. ISBN 978-93-5125-172-9.
22. **Dubey, A. (2017).** A call for culture specific mental health therapies. In A. Dubey and A. Shukla (Eds.) *Mental Health Psychosocial –Social Perspectives: Therapeutic Applications*

- (Vol Four) (pp.290-294), New Delhi: Concept Publishing Company. ISBN 978-93-5125-172-9.
23. Shukla, A. & **Dubey, A. (2017)**. Searching strength in human life. In A. Shukla and A.Dubey (Eds.) *Mental Health Psychosocial –Social Perspectives: Strength of Human Resources* (Vol Three) (pp.1-7), New Delhi: Concept Publishing Company. ISBN 978-93-5125-171-2.
24. **Dubey, A. (2017)**. Understanding positivism in Westo-Eastern perspective: A comparative vision. In A. Shukla and A. Dubey (Eds.) *Mental Health Psychosocial – Social Perspectives: Strength of Human Resources* (Vol. Three) (pp.94-107), New Delhi: Concept Publishing Company. ISBN 978-93-5125-171-2.
25. Shukla, H. & **Dubey, A. (2017)**. Mental health, wellbeing and quality of life as correlates of successful ageing. In A. Shukla and A. Dubey (Eds.) *Mental Health Psychosocial – Social Perspectives: Strength of Human Resources* (Vol. Three) (pp.236-248), New Delhi: Concept Publishing Company. ISBN 978-93-5125-171-2.
26. Maddhesia, R. & **Dubey, A. (2016)**. Stressful situation in context of existentialism. In Manju Mishra (Eds.) *Stress management: Strategies and Future challenges* (pp. 29-36). New Delhi: Ayushman Publication House. ISBN 978-93-5234-058-3.
27. **Dubey, A. &Tripathi, K.M. (2015)**. Psychological distress and quality of life in women with diabetes and cancer. In A. Shukla and A. Dubey (Eds.) *Mental Health Psychosocial – Social Perspectives: Issues and interventions* (Vol One) (pp. 54-68), New Delhi: Concept publishing Company. ISBN 978-93-5125-169-9
28. **Dubey, A. & Gupta, S. (2015)**. Management of Dyslexia: A case study. In A. Shukla and A. Dubey (Eds.) *Mental Health Psychosocial –Social Perspectives: Issues and interventions* (Vol. One) (pp. 144-153), New Delhi: Concept publishing Company. ISBN 978-93-5125-169-9.

29. Tripathi, P. & **Dubey A. (2015)**. Parenting, ecological conditions and psychological complications in runaway children and adolescents. In A. Shukla and A. Dubey (Eds.) *Mental Health Psychosocial –Social Perspectives: Issues and interventions* (Vol. One) (pp. 165-177), New Delhi: Concept publishing Company. ISBN 978-93-5125-169-9.
30. **Dubey, A. & Shahi, D. (2015)**. Causes of stress and burnout in doctors. In A. Shukla and A. Dubey (Eds.) *Mental Health Psychosocial –Social Perspectives: Issues and interventions* (Vol. One) (pp. 54-68), New Delhi: Concept publishing Company. ISBN 978-93-5125-169-9.
31. Shukla, A. & **Dubey, A. (2015)**. Mental health: concept and issues. In A. Shukla and A. Dubey (Eds.) *Mental Health Psychosocial –Social Perspectives: Issues and interventions* (Vol. One) (pp. 1-13), New Delhi: Concept publishing Company. ISBN 978-93-5125-169-9.
32. **Dubey, A. & Kumar, D. (2015)**. Cross-cultural researches on mental health with special reference to India. In A. Dubey & A. Shukla (Eds.) *Mental Health Psychosocial–Social Perspectives: Multi-group Analysis* (Vol Two) (pp. 46-55), New Delhi: Concept publishing Company. ISBN 978-93-5125-170-0.
33. **Dubey, A. (2015)**. Poverty, social position and mental health of women. In A. Dubey & A. Shukla (Eds.) *Mental Health Psychosocial–Social Perspectives: Multi-group Analysis* (Vol Two) (pp.204-216), New Delhi: Concept publishing Company. ISBN 978-93-5125-170-0.
34. **Dubey, A. & Shukla, A. (2015)**. Psycho-social perspectives on mental health. In A. Dubey & A. Shukla (Eds.) *Mental Health Psychosocial–Social Perspectives: Multi-group Analysis* (Vol Two) (pp. 1-9), New Delhi: Concept publishing Company. ISBN 978-93-5125-170-0.

35. **Dubey, A. & Shukla, A. (2015).** Preventing mental disorders and promoting mental health: Challenges ahead. In A. Dubey & A. Shukla (Eds.) *Mental Health Psychosocial–Social Perspectives: Multi-group Analysis (Vol Two)* (pp.309-314), New Delhi: Concept publishing Company. ISBN 978-93-5125-170-0.
36. **Dubey, A. & Tripathi, K.M. (2014).** Health literacy and health practices in women of Sabia village of Kushinagar district: A qualitative analysis. In Anurag Dwivedi (Eds.) *Indivisible or invisible: Women in the public and private sphere* (pp 161-174). Faizabad: Shrinkhala Publishing House. ISBN 978-81-925879-5-0.
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37. **Dubey, A. & Kumari, P. (2014).** Causal attribution of Terrorism: An Intergenerational Analysis. In R.P. Yadav & S.C. Pandey (Eds.) *Terrorism in South Asia: Issues, Challenges and Responses* (pp 302-312). New Delhi: Radha Publications.
38. **Dubey, A. (2014).** HIV transmission and women victims: Issues in Counseling. In S. Banerjee & A. Mukhopadhyay (eds.) *Guidance and Counseling: An Overview* (pp. 270-280). Varanasi: Greenleaf Publications. ISBN 978-93-82105-29-9.
39. **Dubey, A. (2013).** Psychosocial determinants of health of women in India. In Aradhana Shukla (eds.) *Psyche of Indian Women* (pp.141-156), New Delhi: Concept Publishing Company. ISBN 978-81-8069-974-0.
40. **Dubey, A. (2013).** Does gender affect access to health care services: Gender inequalities? In N. Chaturvedi (eds.) *Equipollent Issues and Women in Post Independent India* (pp. 127-144), New Delhi: Pratish Publications. ISBN 978-93-82171-22-5.
41. **Dubey, A. & Kumar, D. (2012).** How Health beliefs shape Health Practices, Coping and Well-being of Women. In Ojha, S. & Pandey, S. (Eds.) *Positive Psychology: Emerging*

*Issues*, Vol. 2, (pp 329-341) New Delhi: Shree Publisher and Distributors. ISBN 978-81-8329-473-7.

42. **Dubey, A. & Kumar, D. (2010).** Vulnerability to sexually transmitted infections (STIs) in Adolescents. In S.K. Srivastava, Vipin Kumar and Veena Katyal (eds.) *Health Care Management in India: Psychosocial and Neurological aspects of HIV/AIDS and other Physical and Mental Disorders* (pp. 267-279), New Delhi: New Century Publications. ISBN 978-81-7708-244-9.
43. **Dubey, A. (2010).** Children with Chronic Illness: Developmental Issues and Intervention Strategies. In S. Ojha, U.R. Srivastava, & Shobhana Joshi, (eds.) *Health and Well-Being: Emerging Trends* (pp 447-461). New Delhi: Global Vision Publishing House. ISBN 978-81-8220-284-9.
44. **Dubey, A. (2010).** Coping with Chronic Illness. In S. Ojha and S. Upadhaya (eds.) *Psycho-social aspect of Health and Illness* (pp 169-178), New Delhi: Global Vision Publishing House. ISBN 978-8220-315-0
45. **Dubey, A. (2009).** Psychosocial mediators of health. In Aradhana Shukla (Ed.) *Culture, Cognition and Behavior* (pp 240-263). Concept publishing Company: New Delhi. ISBN 978-81-8069-639-8.
46. **Dubey, A. & Agarwal, A. (2003).** Conceptualization of Intelligence in Rural and Urban groups. In A. Agarwal and A. K. Saxena (Eds.) *Psychological Perspectives in Environmental and Developmental Issues* (pp. 113-132). New Delhi: Concept Publishing Company. ISBN 81-8069-012-1.

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#### **CITATIONS (As Per Google Scholar)**

**Total Citations= 327**

**h Index= 7**



**Books Published**

1. A. Shukla, & A. Dubey (2023). सम्प्रेषण कौशल एवं व्यक्तित्व विकास. Meerut: Anu Books. ISBN 978-93-90115-84-6
2. A. Dubey & A. Shukla (2023). **Communication Skills and Personality Development**. Meerut: Anu Books. ISBN 978-93-87922-96-9
3. A. Shukla, A. Dubey & N. S. Thagunna (Eds.) (2022). **Cognizing Asian Societies through Psychological Underpinnings**. New Delhi: Concept Publishing Company. ISBN 978-93-5439-048-7.
4. A. Dubey & A. Shukla (2022). स्वास्थ्य मनोविज्ञान । नई दिल्ली: किताब महल । ISBN 978-81-953867-2-7
5. A. Shukla & Anubhuti Dubey (Eds.) (2021). *Mental Health Psycho-social Perspective: Adolescents & Children Mental Health* (Vol. Five), New Delhi: Concept Publishing Company. ISBN 978-93-5439-017-3
6. Anubhuti Dubey & A. Shukla (Eds.) (2021). *Mental Health Psycho-social Perspective: Women Mental Health* (Vol. Six), New Delhi: Concept Publishing Company. ISBN 978-93-5439-025-8
7. A. Shukla, A. Dubey & N. S. Thagunna (Eds.) (2019). *Psyche of Asian Society*. New Delhi: Concept Publishing Company. ISBN 978-93-5125-171-2.
8. A. Shukla and A. Dubey (Eds.) (2017). *Mental Health Psychosocial –Social Perspectives: Strength of Human Resources* (Vol. Three), New Delhi: Concept Publishing Company. ISBN 978-93-5125-171-2.

9. **A. Dubey & A. Shukla (Eds.) (2017). *Mental Health Psychosocial–Social Perspectives: Therapeutic Application*** (Vol. Four), New Delhi: Concept Publishing Company. ISBN 978-93-5125-172-9.
10. **A. Shukla and A. Dubey (Eds.)(2015). *Mental Health Psychosocial –Social Perspectives: Issues and Interventions*** (Vol. One), New Delhi: Concept publishing Company. ISBN 978-93-5125-169-9.
11. **A. Dubey& A. Shukla (Eds.) (2015). *Mental Health Psychosocial–Social Perspectives: Multi-group Analysis*** (Vol. Two), New Delhi: Concept publishing Company. ISBN 978-93-5125-170-0.
12. **A. Dubey (2012) *Psychological Perspectives in Chronic Illnesses***. New Delhi: Concept Publishing Company. ISBN 978-81-8069-842-2.

### **Published Psychological Scales**

Vandana Singh & **Anubhuti Dubey (2022)**. Perceived School Climate Scale (Hindi & English. New Delhi: Prasad Psycho Corporation.

### **Research Projects**

1. **Research Project (2009-2011):** Two-year ICSSR funded research project on “**Psychosocial Dynamics of Health in Women of Rural Eastern Utter Pradesh**”. (Sanctioned Grant Rs. 1, 77,375). **(COMPLETED)**
2. **Research Project (2021-2023):** UP Higher Education Department funded research project under the Research Development Scheme on “**Institutional Psychosocial support and care received by women in trauma: an Intervention Evaluation Analysis**”. (Sanctioned Grant Rs. 1, 77,000). **(ONGOING)**

### **Minor Research Projects under DSA UGC Scheme**

<b>Agency</b>	<b>Year</b>	<b>Title</b>	<b>Description</b>
U.G.C.	2008-2009	Stress and Burnout in health care professionals	Principal Investigator

U.G.C.	2007-2008	Stress and perceived Family Social support in women	Principal Investigator
U.G.C.	2007-2008	Beliefs and Health of women in Urban Setting	Principal Investigator
U.G.C.	2006-2007	Health Beliefs, Causation and Health Practices of Women: A Qualitative Study	Principal Investigator
U.G.C	2005-2006	Yoga and well being	Principal Investigator
U.G.C	2005-2006	Environment and health	Principal Investigator
U.G.C	2004-2005	Emotional Intelligence and Emotion Focused Coping	Principal Investigator
U.G.C	2004-2005	Tsunami: A societal coping experiences	Co- Investigator
U.G.C.	2003-2004	Counseling for the wellbeing of Cancer patients	Principal Investigator
NCERT	1998-1999	Culture and Conceptualization of Intelligence	Research Assistant
U.G.C	1997-1998	Future Orientation in Women and Gender Issues	Research Assistant

### **Ph.D. Supervised**

Sl. No	Name of the Ph.D. scholar	Title of the thesis	Year of registration of the scholar	Year of award of Ph.D.
1.	Laxmi Sharma	Coping, health and well being: Indigenous Indian perspective	2006	2010
2.	Darshana Shahi	Psychological Resources and Coping Strategies in Attenuating Stress and Burnout: A Study of Health Care Professionals	2008	2012
3.	Sarita Gupta	Role of Doctor's Communication and setting the adherence and recovery of patients.	2009	2012
4.	Kamini Mani Tripathi	Cognitive determinants of health beliefs and relation to coping and wellbeing of women	2010	2014
5.	Vartika Mishra	Intervention for Behavioral problems in Children and Adolescents	2010	2014
6.	Pratima Kumari	A study of cognitive awareness of terrorism	2011	2014
7.	Kirti Mishra	A Study of Conceptualization of Infertility, Psychological Resources, Spiritual Beliefs and Well Being	2012	2016
8.	Shipli Singh	Stress and emotional response in relation to marital adjustment coping and wellbeing couples undergoing infertility treatment	2012	2016

9.	Pragya Tripathi,	Psychosocial profile of overweight/obese pediatric population	2013	2016
10.	Radha Maddhesia	Mental and distress in adults: A cross cultural study	2014	2019
11.	Garima Singh	Mental health and wellbeing of caregivers of chronically ill patients: Role of Psychological Resources	2014	2019
12.	Nisha Kumari	Illness perception, distress, coping strategies and psychological wellbeing in chronically ill patients	Feb 2015	2021
13.	Vandana Singh	Trajectories and associations of Personality & School climate with academic achievement, social skills and psychological well-being	June 2018	October 2023
14.	Shivangi Pandey	Linking Triguna, Spirituality and Identity with Happiness and health in various groups	October 2018	In Progress
15.	Akansha Pandey	Relationship of Distress, Psychological Immunity and Coping with Premenstrual Syndrome and Polycystic Ovary Syndrome	October 2018	In Progress
16.	Sakshi Priya Giri	The Role of Personality Traits and Self-discrepancy in Loneliness, distress, psychosomatic symptoms and quality of life	October 2019	In Progress
17.	Adil Azeez	Cognitive Distortion and Distress among Marginalized adolescents and Role of Resilience and Social Support in their Holistic Wellness	October 2019	In Progress
18.	Vatsala Pathak	A psychological journey of Visually Challenged: Interpretative Phenomenological Analysis of their life world	October 2019	In Progress

### **Dissertation Supervised (M.Phil. Level): 04**

Sl. No.	Student	Year	Topic
1.	Sarita Gupta	2007	Resilience, coping and wellbeing in cancer patients
2.	Pratya Upadhaya	2007	Role of parental factors in child abuse & neglect
3.	Preeti Shahi	2008	Perceived Quality of work life of employees Qualitative Study
4.	Anita Verma	2008	The psychological impact of television on children as perceived by parents

➤ **M.A. dissertation supervised=More than 180**

**Paper Presented at Conferences / Seminars: 50**

## **International (12)**

1. **Dubey, A. (2018).** Satisfied with Retired Life: Role of Psychological Immunity and Social Networks. In 4th International Congress on Gerontology and Geriatric Medicine. All India Institute of Medical Sciences, New Delhi, November 15-16.
2. **Dubey, A.(2017).** Triyoga and Triguna in Bhagvad Gita and its Relation to Mental Health: An Empirical Validation. In 3<sup>rd</sup> International Conference of Indian Academy of Health Psychology, National PG College, Lucknow, November 12-14.
3. **Dubey, A.(2016).** Psychological distress in women with Cancer. In 25th Silver Jubilee Convention of National Academy of Psychology-India, Department of Psychology, Allahabad University, Allahabad Feb 2-5.
4. **Dubey, A. (2016).** Healthy Relationships: Positive School climate and mental health. In 4<sup>th</sup> International Conference on Psychology and Allied Sciences on *Positive schooling: A Heaven for Holistic Development* organized by Indian Association of Health, Research and Welfare, Ravindra Bhavan, Margo, Goa, India. Jan 16-18.
5. **Dubey, A. (2015).** Cognitive representation of illness, coping and wellbeing in patients with cancer. In 1<sup>st</sup> International Conference of Indian Academy of Health Psychology on *Health Psychology: Emerging Trends and Challenges* organized by Department of Psychology, University of Jammu, Jammu, December 6-8.
6. **Dubey, A. (2014).** Co-morbid psychological distress in women cancer patients. In 8<sup>th</sup> International Conference of SARRC Psychiatric Federation on *Global Peace: To Nurture a Healthy Mind* organized by Psychiatrists' Association of Nepal in collaboration with Nepalese Association of Social Psychiatry at Lumbini, Nepal, November 27-29.
7. **Dubey, A. (2014).** Childhood sexual abuse (CSA), sexual identity and HIV risk in UGC International Conference on *Youth, Gender & HIV*, Amity University, Lucknow Campus, August, 12-13.

8. **Dubey, A. (2013).** Fostering emotional intelligence and coping with diabetes and evaluation of quality of life in *Bangkok International Conference on Social Science (BICSS)* at Organized by Assumption University & SKAL International, Thailand, Pulman Bangkok King Power, Bangkok, January, 25-27.
9. **Dubey, A., Shahi, D. & Kumar, D. (2012).** Stress-burnout, Psychological Immunity and Coping Strategies: A study on medical professionals in *international conference on Recent Advances in Cognition and Health* at Department of Psychology, Banaras Hindu University, January 23-24.
10. **Dubey, A., Gupta, S. & Kumar, D. (2012).** Communication style of doctors and patients' adherence to treatment and satisfaction in *International Conference on Recent Advances in Cognition and Health* at Department of Psychology, Banaras Hindu University, January 23-24.
11. **Dubey, A. (2011).** Role of perceived parent child relationship in Adjustment in *International conference on Counseling and Community Psychology* at Department of Applied Psychology, V.B.S. Purvanchal University, Jaunpur, Dec 17-19.
12. **Dubey, A.(2011).** Psychosocial determinants of health in women of eastern Uttar Pradesh in *4<sup>th</sup> International GyaanUday Symposium* in collaboration with Rural India Community Health Association at Dubai, November 3-7.

### **National (39)**

1. **Dubey, A. (2018).** Pragmatic scrutiny of moderators of health and wellbeing with special sections of population of Eastern Uttar Pradesh in UGC National Seminar on *Health and Wellbeing: Research Trends and Applications* at Department of Psychology, D.D.U. Gorakhpur University, September 15-16.
2. **Dubey, A. (2018).** -----In UGC National Seminar on *Women studies: Prospects & Challenges* at Women Study Center, HRPG College, Khalilabad, Sant Kabir Nagar, U.P., April 12-13.

3. **Dubey, A. (2018).** The Psychology of Protest with special reference to Quit India Movement. In National Seminar on *Quit India Movement in Eastern Uttar Pradesh*, Indian Council of Historical Research, New Delhi & Department of History, DDU Gorakhpur University, Gorakhpur at Maharanapratap PG College, Jungle Dhusar, Gorakhpur, March 29-30.
4. **Dubey, A. (2018).** Health and Well Being: Chronically Ill patients' perspective. In UPHED sponsored National seminar on *Advances in Health & well-being Research*, Department of Psychology, DigvijaiNath Post graduate College, Gorakhpur, March 25-26.
5. **Dubey, A. (2018).** Age relations and Intergenerational Connections: Multiple Levels of Analysis. In UGC National Seminar on *Human Development: Research Trends, applications & Possibilities* at Department of Psychology, D.D.U. Gorakhpur University, March 23-24.
6. **Dubey, A. (2017).** क्या भारत में लिंगगत रुधियुक्तियाँ टूट पा रही है?. In UGC National Seminar on *भारतीय समाज में स्त्री: यथार्थ एवं चुनौतियाँ*, Gorakhpur University Women Welfare Association (GUWWA), DDU Gorakhpur University, Gorakhpur, February 8-9.
7. **Dubey, A. (2016).** Domestic violence among older women: a cross cultural phenomenon. In UGC National Seminar on *Culture and Human Behavior* at Department of Psychology, D.D.U. Gorakhpur University, September 15-16.
8. **Dubey, A. (2016).** Opportunities and Challenges in wide spreading distance education. In National Seminar on *Distance Education: Challenges & Possibilities*, IGNOU Study Centre, Buddha PG College, Kushinagar, U.P., August 8.
9. **Dubey, A. (2014).** Quality of Life from Population Health Approach in National Conference on *Role of Community Psychology in creating Well Being* under the aegis of Community Psychology Association of India at Department of Psychology, Lucknow University, Lucknow, December 19-20.

10. **Dubey, A. (2014).** Intergroup processes and Health disparities. In National Seminar on *Intergroup Relations in Contemporary Indian Society: Multidisciplinary Perspective* at Department of Psychology, DDU Gorakhpur University, March 25-26.
11. **Dubey, A. (2014).** Cultivating co-existence through education. In UGC National Seminar on *भारतीय संस्कृति में सह-अस्तित्व की अवधारणा एवं उसकी वैश्विक प्रासंगिकता* organized by Gorakhpur University Women Welfare Association (GUWWA), Gorakhpur, August 23-24.
12. **Dubey, A. & Kumari, P. (2013).** Causal attribution of Terrorism: An Intergenerational Analysis. In UGC National Seminar on *Terrorism in South Asia: Issues, Challenges and Options* at Department of Defense Studies, D.D.U. Gorakhpur University, December, 14-15.
13. **Dubey, A. & Kumari, P. (2013).** Understanding of Terrorism by different age and educational groups: A Qualitative Analysis in UGC National Seminar on *Challenges, Perspectives & Issues* at Department of Political Science, D.D.U. Gorakhpur University, December, 16-17.
14. **Dubey, A. (2013).** Applying Psychology to Health and Well Being in National seminar on Making Psychology relevant to Society at Department of Psychology, DDU Gorakhpur University, Gorakhpur, October 5.
15. **Dubey, A. & Tripathi, K.M. (2013).** Health Literacy and its role in Health Practices and Perceived Health Status in UGC National Seminar on *Emerging areas of contemporary Indian Education*, Department of Education, D.D.U. Gorakhpur University, March 9-10.
16. **Dubey, A. (2013).** A Qualitative analysis of Portrayal of women in Hindi daily soaps in UGC National Seminar on *Globalization and marginalized groups in India: Context and Issues*, Department of Sociology, D.D.U. Gorakhpur University, Feb 5-6.
17. **Dubey, A. & Tiwari, S. (2011).** Gender Inequality in Accessing Health services: Myths and Facts in *UGC and ICSSR National Seminar on Gender and Society in Contemporary*



*India: Issues and Concerns* at Department of Sociology, D.D.U. Gorakhpur University, Gorakhpur, November, 29-30.

18. **Dubey, A. (2011).** Negative self-stereotyping and perceived discrimination among students of different social categories in ICSSR National Seminar on *Cultural Transformation of Selfhood and Identity: Emerging Dialogues*, Department of Psychology, Kumaun University, S. S. J. Campus, Almora, Feb 26-28.
19. **Dubey, A. (2011).** Social Identity and Subjective Well Being in ICSSR National Seminar on *Cultural Transformation of Selfhood and Identity: Emerging Dialogues*, Department of Psychology, Kumaun University, S. S. J. Campus, Almora, Feb 26-28.
20. **Dubey, A.(2011).** Gender disparity in quality health care: A constraint in women empowerment in UGC National Seminar on *Women Empowerment in Rural India: Challenges & Possibilities*, Department of Sociology, S.G.R.P. College, Dobhi, Jaunpur, March 7-8.
21. **Dubey, A. (2011).** Diagnosis of Mental Retardation: Reactions and Coping Strategies in UGC National Seminar on *Role of Home Science in the Adjustment of Children with Special Needs*, Department of Home Science, C. R. D. P. G. College, Gorakhpur, Feb 13-14.
22. **Dubey, A. (2010).** Intergroup relation and communal harmony: Psychological perspective. In National Seminar on *Communal Harmony: Challenges and Our Future* organized by National Service Scheme, DDU Gorakhpur University, Gorakhpur in collaboration with राष्ट्रीय सांप्रदायिक सद्भाव प्रतिष्ठान. गृह मंत्रालय, भारत सरकार . February 15-16.
23. **Dubey, A. & Sharma, L. (2010).** Emotional Intelligence and Coping with Chronic Illness in UGC National Seminar on *Human Emotions and Well Being: Emerging Perspectives*, Department of Psychology, D.D.U. Gorakhpur University, Gorakhpur, March 21-22.
24. Mishra, V. & **Dubey, A.(2010).** The effect of Emotional Intelligence and Parent Child relationship on Problematic Behavior and Adjustment in UGC National Seminar on

*Human Emotions and Well Being: Emerging Perspectives*, Department of Psychology, D.D.U. Gorakhpur University, Gorakhpur, March 21-22.

25. **Dubey, A. & Misra, V. (2009)**. Intervention for Behavioral Problems in Children and adolescents in UGC National Seminar on *Social Psychology in India: Perspectives and Potentials*, Department of Psychology, D.D.U. Gorakhpur University, Gorakhpur, March 21-22.
26. **Dubey, A. & Gupta, S. (2009)**. Role of Doctor's Communication and setting in the adherence and recovery of patients in UGC National Seminar on *Social Psychology in India: Perspectives and Potentials*, Department of Psychology, D.D.U. Gorakhpur University, Gorakhpur, March 21-22.
27. **Dubey, A. (2008)**. Shaping wellbeing through rediscovering self. UGC National Seminar on *Applied Cognitive Psychology*, Department of Psychology, D.D.U. Gorakhpur University, Gorakhpur, March 28-29.
28. **Dubey, A. & Tripathi, K.M. (2008)**. Health Beliefs, Causation and Health Practices of Women. UGC National Seminar on *Applied Cognitive Psychology*, Department of Psychology, D.D.U. Gorakhpur University, Gorakhpur, March 28-29.
29. **Dubey, A. (2008)**. Conflict in Health care Professional and Role of Psychologists. IPR National Seminar on *Ethical Values and Contemporary Challenges*, Department of Philosophy, D.D.U. Gorakhpur University, Gorakhpur, Feb28-March1.
30. **Dubey, A. (2007)**. Ecological approaches to self-management in chronic illness. UGC National Seminar on *Psychology and The Challenge to Improve The Environment*, Department of Psychology, D.D.U. Gorakhpur University, Gorakhpur, March 25-27.
31. **Dubey, A. (2007)**. Does being employed have psychological consequences? 17<sup>th</sup> Annual Conference of National Academy of Psychology on "*Science, technology and psychology*" Department of Humanities and Social Sciences I.I.T. Kanpur, December 17-19.

32. **Dubey, A. (2007).** Conflict in health Care Settings? Symposium presentation on social Psychology in 17<sup>th</sup> Annual Conference of National Academy of Psychology on “*Science, technology and psychology*” Department of Humanities and Social Sciences I.I.T. Kanpur, December 17-19.
33. **Dubey, A.&Agarwal, M. (2006).** Occupational stress and coping in health care professionals: A Qualitative Analysis. UGC National Seminar on *Environment and human behavior: Emerging challenges and intervention strategies*, Department of Psychology, D.D.U. Gorakhpur University, Gorakhpur, March 21-22.
34. **Dubey, A.& Sharma, L. (2006).** High and low crowded environment: Health and quality of life. UGC National Seminar on *Environment and human behavior: Emerging challenges and intervention strategies*, Department of Psychology, D.D.U. Gorakhpur University, Gorakhpur, March 21-22.
35. **Dubey, A.& Sharma, L. (2006).** Emotional intelligence and emotion focused coping. UGC National Seminar on *Environment and human behavior: Emerging challenges and intervention strategies*, Department of Psychology, D.D.U. Gorakhpur University, Gorakhpur, March 21-22.
36. **Dubey, A. (2005).** Counseling for the well-being of Cancer patients. International Conference on *Stress*. Department of Psychology. M.G. KashiVidyapeeth, Varanasi, Feb 20-22.
37. **Dubey, A.&Agarwal, A. (2005).** Positive Outcomes from Negative Situations, Goals & Fears in Chronically ill Patients: A Qualitative Analysis. 15<sup>th</sup> Annual Conference of National Academy of Psychology on *Psychology and Social Problems: Issues & Interventions*, Department of Psychology, K.S. Saket P.G. College, Ayodhya, Faizabad, March 4-6.
38. **Dubey, A.&Agarwal, A. (2005).** Maintaining Quality of life in Adversity: Strength of Positivity. 15<sup>th</sup> Annual Conference of National Academy of Psychology on *Psychology and Social Problem: Issues & Interventions*, Department of Psychology. K.S. Saket P.G. College, Ayodhya, Faizabad March 4-6.

39. **Dubey, A. (2005).** Cognitive Behavioral Intervention: A Study on Cancer Patients. UGC National Seminar on *Human Cognition: Advances in Theory and Applications*, Department of Psychology, D.D.U. Gorakhpur University, Gorakhpur, March 21-22.
40. **Dubey, A. & Agarwal, A. (2005).** Coping Strategies and Cognitive Behavioral Judgment about Satisfaction: Chronically ill Patients' Perspectives. UGC National Seminar on *Human Cognition: Advances in Theory and Applications*, Department of Psychology, D.D.U. Gorakhpur University, Gorakhpur, March 21-22.
41. **Dubey, A. (2004).** Indoor Pollution and its consequences on Health and well Being. UGC National Seminar on *Psychology and Environmental Change*, Department of Psychology, D.D.U. Gorakhpur University, Gorakhpur, March 20-21.
42. **Dubey, A. & Agarwal, A. (2004).** Coping and well-being. UGC National Seminar on *Psychology and Environmental Change*, Department of Psychology, D.D.U. Gorakhpur University, Gorakhpur, March 20-21.
43. **Dubey, A. (2002).** Optimism as a predictor of life style. U.G.C. National Seminar on *Culture and life Style*. Department of Psychology, D.D.U. Gorakhpur University, Gorakhpur.
44. **Dubey, A. (2001),** Behavioral Medicine: A challenge to Social Psychologists. U.G.C. National Seminar on *New Directions in Psychology*, Department of Psychology, D.D.U. Gorakhpur University, Gorakhpur.
45. **Dubey, A.(2000).** Future Orientation, Optimism and well-being in diabetic patients. U.G.C. National Seminar on *Psychology and Quest for well-being*. Department of Psychology, D.D.U. Gorakhpur University, Gorakhpur.
46. **Pandey, A. (1999).** Television Culture and decision making in women. U.G.C. National Seminar on *Current Trends in Human Development Research*. Department of Psychology, D.D.U. Gorakhpur University, Gorakhpur.

47. **Pandey, A. (1998).** Culture and conceptualization of Intelligence. U.G.C. National Seminar on *Environment and Cognition*, Department of Psychology, D.D.U. Gorakhpur University, Gorakhpur.

### **Chairperson in Seminar/Conferences**

1. National Seminar on *Child Abuse: Socio-cultural and Psychological Perspectives*, Department of Psychology, Pavitra Degree College, Siktaur, Maniram, Gorakhpur, March 20-21, 2016.
2. National Seminar on *Recent trends in Social Sciences*, Department of Psychology, Buddha P.G. College, Kushinagar (U.P.), September 16, 2015.
3. UGC National Seminar on *Stress management: Strategies and future challenges*, Department of Psychology, HiralalRamniwas Post Graduate College, Khalilabad, SantKabirnagar (U.P.), September 18-19, 2015.
4. National Seminar on *Stress among Drug Addicts and its remedy in psychological perspective*, Department of Psychology, RLSY College, Bettiah, Bihar. November 23-24, 2013.
5. International Conference on *Recent Advances in Cognition and Health*, Department of Psychology, Banaras Hindu University, Varanasi, January 23-24, 2012.
6. Xth State Conference of Uttar Pradesh Diabetes Association UPDAICON-2011. Organized by UP Diabetes Association. October 29-30, 2011.

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### **Orientation / Refresher Courses / Workshop/Short Term Course**

1. **Workshop on Structural Equation Modelling** organized by the Department of Psychology, Allahabad University, Allahabad during 25th Silver Jubilee Convention of National academy of Psychology-India , Feb 1-2, 2016.
2. **Refresher Course** held by Department of Psychology, D.D.U. Gorakhpur University, Gorakhpur from 9 Feb. 2015 – 1 March 2015 on the theme “*Understanding Social Reality: Emerging Perspectives and Approaches*”. Obtained Grade – A.

3. **Short Term Course** held by Department of Psychology, D.D.U. Gorakhpur University, Gorakhpur from August 23– 29, 2013 on the theme “*Organizational Behavior: Issues and Challenges*”. Obtained Grade - A
4. **Refresher Course** held by Department of Psychology, D.D.U. Gorakhpur University, Gorakhpur from 23 Feb – 14 March 2008 on the theme “*Current Trends in Cognitive Researches*”.  
Obtained Grade - A
5. **Refresher Course** held by Department of Psychology, D.D.U. Gorakhpur University, Gorakhpur from 18 Dec 2004 – 7 Jan 2005 on the theme “*Indigenous Psychology in India*”.  
Obtained Grade - A
6. **Refresher Course** held by Department of Psychology, D.D.U. Gorakhpur University, Gorakhpur from 1 Jan-21 Jan 2003 on the theme of “*Social Processes and Applications*”.  
Obtained Grade - A
7. **Orientation Course** held by Academic Staff College, D.D.U. Gorakhpur University, Gorakhpur from 22 June-19 July, 2002. Obtained Grade - A
8. **Training Program on Student’s counseling** from 12 Feb- 20 Feb. 2000. Organized by Department of Psychology, D. D. U. Gorakhpur University, Gorakhpur.
9. **Workshop on Research Proposals and Resources** from 24 Oct- 25 Oct 2005. Organized by Academic Staff College, D.D.U. Gorakhpur University, Gorakhpur.

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### **Training Programs Attended under GFATM-R7 program**

1. Twelve days Induction Program for **Training of Master Trainers for HIV/AIDS Counselors** at Department of Psychology, Lucknow University, Lucknow, from April 3-14, 2009 under GFATM- Round-7 project.
2. Three days Program for **Orientation Workshop for Master Trainers on STI/RTI Counseling** at Tata Institute of Social Sciences, Mumbai from Dec 2-4, 2009 under GFATM- Round-7 project.

3. Five days **Refresher Training of Master Trainers for HIV/AIDS Counselors** at Department of Psychology, Lucknow University, Lucknow, from Jan 28- Feb 2, 2010.
4. Four days **Refresher Training for Master Trainers on Gender and Sexuality** conducted by TARSHI and organized by Saksham, GFATM, Round-7 at Yuva Centre, Navi Mumbai, from January 18-21, 2011.
5. Four days **Induction Training Program on Counseling Supervision** at Department of Psychology, D.D.U.Gorakhpur University, from July 11-14, 2011.
6. Three days **Refresher Training Program for Counseling Supervisors, HIV Training Centre, GFATM-Round7, Department of Psychology, D.D.U. Gorakhpur University, from August 4-6, 2012.**
7. One day **Refresher Training Program on ART for Supportive Supervisors, HIV Training Centre, GFATM-Round7, Department of Psychology, D.D.U. Gorakhpur University, November 15, 2014.**
8. One day **Refresher Training Program on STI for Supportive Supervisors, HIV Training Centre, GFATM-Round7, Department of Psychology, D.D.U. Gorakhpur University, November 16, 2014.**

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#### **Expert Member of Board of Studies of Universities**

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1. Banaras Hindu University, Varanasi from 8.6.2022-8.6.2024
2. Kumaun University, Nanital, Uttarakhand from 15.7.2022-14.7.2025
3. VBS University, Jaunpur from 24.4.2022-23.4.2024
4. Siddhartha University, Siddrathanagar from 2021 onwards

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#### **Work in University Corporate Life**

- Dean Student Welfare, Deen Dayal Upadhyay Gorakhpur University, Gorakhpur from October 4, 2023 onwards

- Head, Department of Psychology, Deen Dayal Upadhyay Gorakhpur University, Gorakhpur from December 1, 2020-December 1, 2023.
- President Alumni Association, Deen Dayal Upadhyay Gorakhpur University, Gorakhpur from April 2023-November 2023.
- Coordinator of Sector Special Groups for Development in National webinar cum seminar on Sustainable Development of Poorvanchal: Issues, Strategies and Way Forward on Dec.10-12, 2020
- Member of Deen Dayal Upadhyay Gorakhpur University Shodhpeeth.
- Center superintendent M.Sc. (Agriculture) Entrance exam 2016
- Superintendent of Alaknanda Women's Hostel from 2010-2011.
- Assistant Dean Students' welfare from 24 June 2008 to 2015.
- Assistant Centre Superintendent in B. Ed Entrance Test from 2000 to 2005 & 2012
- Assistant Centre Superintendent in B.A. Entrance Test from 2003 to 2005, 2008, 2012
- Assistant Centre Superintendent in B.Com Entrance Test in 2012
- Superintendent Alaknanda women Hostel from 2008-2010.
- Program Officer of NSS girls' unit from 1999-2001.
- Member of University Athletic Association and Chairperson of different sports from 2004-2018.
- Member of University Flying Squad in Examinations from 2004-2009.

### **Programs Organized**

- Organizing Secretary of U.G.C. National Seminar on *Environment and human behavior: Emerging challenges and intervention strategies*, Department of Psychology, D.D.U. Gorakhpur University, Gorakhpur, March 21-22, 2006.



- Organizing Secretary of National Workshop on “Encephalitis Survivors: Issues, Challenges and Psychological Interventions” February 22-23, 2014.
  - Organizing Secretary of National Workshop on Cancer Awareness in Women organized by Gorakhpur University Women Welfare Association (GUWWA), August 6, 2014.
  - Organizing Secretary of National Workshop on HIV/AIDS Awareness Program “Together We Can” organized by Gorakhpur University Women Welfare Association (GUWWA), December 1, 2015.
  - Organizing Secretary of U.G.C. National Seminar on *Culture and human behavior*: Department of Psychology, D.D.U. Gorakhpur University, Gorakhpur, September 15-16, 2016.
  - Organizing Secretary of U.G.C. National Seminar on *Health and Wellbeing: Research Trends and Applications*, Department of Psychology, D.D.U. Gorakhpur University, Gorakhpur, September 15-16, 2018.
  - Facilitator of A Webinar on a topic ‘*A panel discussion to celebrate World Mental Health Day*’, Department of Psychology, D.D.U. Gorakhpur University, Gorakhpur, October 10, 2020.
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## **Special Lectures/Workshops/ Programs conducted**

### **2023**

- Invited Speaker in World Mental Health Day on “Mental Health and Human Rights: Multicultural Perspectives” organized by Psychdesk Foundation, Kathmandu, Nepal on October 10, 2023.
- Invited Speaker in International Day of Older Person on “Geropsychology: Practices and Future direction in South-East Asia” organized by Psychdesk Foundation, Kathmandu, Nepal on October 1, 2023.
- Invited Speaker in World Suicide Prevention Day on “Suicide Prevention Practices and Future direction in South-East Asia” organized by Psychdesk Foundation, Kathmandu, Nepal on September 10, 2023.

### **2022**

- Key note Speaker in Two days National Web Conference of Psychological Forum Chhattisgarh on “*Emerging trends and challenges in Educational and*

*Psychological researches*” organized by Department of Psychology, Sanskar City College of Education, Thakurtola, Rajnandgaon, on December 2-3, 2022.

- Plenary session Speaker in Webinar on “*New approaches in health psychology and mental health*” organized by Manoprabha, Shri Vashnav Vidyapeeth Vishwavidyala, Indore, December 3, 2022.

## 2021

- Key note Speaker in 3<sup>rd</sup> Annual National Web Conference of Psychological Forum Chhattisgarh on “*Status and Awareness of Mental Health*” organized by Department of Psychology, Government Kamla Devi Rathi Girls PG College, Rajnandgaon, on June 25, 2021.
- Key note Speaker in Webinar on “*Multifaceted effects of COVID 19 on Children, Adolescents and Parents*” organized by Department of Psychology, Karim City College, Jamshedpur on June 26, 2021.
- Key Speaker in International Webinar on the occasion of International Father’s Mental Health Day on ‘Men Mental Health Issues & Challenges’ organized by Psychdesk Foundation, Nepal on June 21, 2021.
- Invited Speaker in e-counseling series 104 on “Causes, Prevention & Management of Learning Disability” organized by Composite Regional Centre for Skill Development, Rehabilitation & Empowerment of Persons with Disabilities (CRC), Gorakhpur on June 18, 2021.
- Invited Speaker in e-counseling series 93 on “Management of Problem behavior in Children with disabilities” organized by Composite Regional Centre for Skill Development, Rehabilitation & Empowerment of Persons with Disabilities (CRC), Gorakhpur on May 28, 2021.
- Master Trainer and Key Speaker for the 10-day Workshop on ‘Training of Master Trainers for Identification of Dyslexia and ADHD affected children’ Organized by Divyangjan Shashaktikaran Vibhag, Gorakhpur, Uttar Pradesh on Feb 23-March 1, 2021.
- Invited Speaker 10 day Workshop on “Research Methodology” on the topic “*Psychometrics*” and “*Qualitative Research Methods*” organized by SSJ University, Almora on March 14-15, 2021.
- Invited Speaker in 10 day International Mental Health Fair (March 15-25, 2021) on “Mental Health Awareness & Well Being” on the topic “*Suicidal Ideations: Causes and prevention*” Psychologs Magazine, New Delhi on March 18, 2021.
- Invited Speaker in 28 days Faculty Development Program on the topic “*Emotional Intelligence*” organized by Human Resource Development Centre, DDU Gorakhpur University, Gorakhpur on Feb 9, 2021.
- Invited Speaker in 28 days Faculty Development Program on the topic “*Understanding Self*” organized by Human Resource Development Centre, DDU Gorakhpur University, Gorakhpur on Feb 4, 2021.

## 2020

- Key Speaker in Webinar on “*Haq ki bat Ziladhikari ke sath*” on the topic “Sexual harassment, Gender Inequality, Domestic Violence & Dowry Violence” organized by Mahila Kalyan Vibhag and Baal Vikas evm Pushtahar Vibhag, Gorakhpur, Uttar Pradesh on November 25, 2020.
- Key Speaker in Webinar on “*Child Marriage Prevention & Rehabilitation*” organized by Mahila Kalyan Vibhag and Baal Vikas evm Pushtahar Vibhag, Gorakhpur, Uttar Pradesh on October 10, 2020.

- Invited Lecture on ‘Mental Health and Women’ organized by CRC, Gorakhpur on October 07, 2020.
- Chief Speaker in a Talk Show on ‘Suicide prevention and mental health’ organized by CRC, Gorakhpur on October 08, 2020.
- Invited Lecture on “*An Overview of Psychotherapy in present scenario*” in three days Web lecture Series on ‘Psychotherapy for Mental Health: Types and Implementation’ organized by Department of Psychology, DAV PG College, Siwan, Bihar on October 08, 2020.
- Key note Speaker in Webinar on “*Suicide: Thoughts and Behavior, Risk and Preventive Factors*” on ‘World Suicide Prevention Day’ organized by Department of Psychology, Hindustan Institute of Technology & Science, Chennai on September 11, 2020.
- Invited Lecture on “*Gender sensitization through the Lens of Psychology*” in Short Term Course on ‘Gender Sensitization in Contemporary India: Issues & Concerns’ organized by UGC-HRDC & Department of Sociology, DDUGU on September 10, 2020.
- Expert and Speaker in Webinar on “*Counseling Attitude & Micro Skills*” Organized by Mahila Kalyan Vibhag, Gorakhpur on August 8, 2020.
- Invited Lecture on July 15, 2020 on the topic ‘The Dichotomous Psychological impact of COVID-19 pandemic ’ organized by Department of Biotechnology, Jiwaji University, Gwalior, Madhya Pradesh.
- Invited Lecture in One day International Webinar on “ COVID-19 Pandemic: Psychosocial Problems and Solutions” on June 26, 2020 on the topic ‘Family Resilience’ organized by Bhanupratapdeo Government PG College, Kanker, Chattisgarh.
- Invited Lecture on June 28, 2020 on the topic ‘Life Satisfaction’ organized by Department of Psychology, St Joseph’s College for Women, Gorakhpur.
- Resource Person in Webinar on “Childcare during COVID-10” organized by 90FM Loudspeaker and Safe Society, Gorakhpur on June 8, 2020.
- Live Facebook talk on ‘khole man ke kiwand: aao bat kare’ organized by Dainik Jagran Gorakhpur on June 16, 2020.
- Guest speaker in an International Web Workshop organized by Dept. of Psychology, Vasanta College for Women, Varanasi on ‘*Understanding Counseling Process for Specific Populations*’ on June 04-10, 2020.
- Invited Lecture on Feb 16, 2020 on the topic ‘Understanding people in context: Perspectives & Methods’ organized by Department of Sociology & UGCMHRD Center DDU Gorakhpur University, Gorakhpur in 14days Refresher Course.

## 2018

- Resource Person in ‘Training for School Counselors’ organized at PGSS, Gorakhpur and taken sessions on ‘Problems in Education/Class room settings’, ‘Counseling Techniques Problems in Education/Class room settings’, ‘Counseling for special Groups’, ‘Career Counseling’ during the session 2017-2018.
- Invited lecture on ‘What is Plagiarism’ in 109<sup>th</sup> /110<sup>th</sup> Orientation program organized by UGC-Human Resource Development Center, DDU Gorakhpur University on 12.01.2018. Invited lecture on ‘Mixed Research Designs’ in Short Term Course on Research Methodology organized by UGC-Human Resource Development Center, DDU Gorakhpur University on 12.03.2018.

- Invited lecture on ‘Paradigm Shift in Organization Health Management’ in Refresher Course in Management and Business Studies organized by UGC-Human Resource Development Center, DDU Gorakhpur University on 17.03.2018.
- Invited address on “Interrelationship of Stress, Health and wellbeing: the role of Coping Strategies” in UPHEd sponsored National seminar on ‘Advances in Health & well being Research” organized by Department of Psychology, DigvijayNath Post Graduate College, Gorakhpur, March 25-26, 2018.
- Invited address on “Mental Health challenges for women facing inequality and discrimination” in National seminar on ‘Women Studies: Prospects & Challenges” organized by Women Study Center, HRPG College, SantKabir Nagar, April 12-13, 2018.
- Invited address on “Student Counseling” in 111<sup>th</sup> Orientation Program organized by UGC-Human Resource Development Center, DDU Gorakhpur University on 28.8.2018.
- Invited address on “Emotional Intelligence” in 112<sup>th</sup> Orientation Program organized by UGC-Human Resource Development Center, DDU Gorakhpur University on 07.12.2018
- Resource Person on Dyslexia: Identification & management in Master Trainer Training Program organized by ‘दिव्यांग जनसशक्तिकरण विभाग, उत्तर प्रदेश, from Jan 8-10, 2018.
- Resource Person on Autism: Identification & management in Master Trainer Training Program organized by ‘दिव्यांग जनसशक्तिकरण विभाग, उत्तर प्रदेश, from Jan 8-10, 2018.
- Invited talk on ‘Parenting’ in parent Orientation program organized by RPM Academy, Rustampur, Gorakhpur on 21.02.2018.

## 2017

- Resource Person in the ‘Induction Program on Effective Communication Skills’ organized by Department of Applied Science, Madan Mohan Malviya University of Technology, Gorakhpur with the topic ‘Communication Micro Skills’ on March, 9, 2017.
- Resource Person for Capacity Building Workshop on ‘Trauma Counseling for abused Children’ organized by Asian Sahyogi Sansthan, August 9-11, 2017.
- Resource Person for Capacity Building Workshop on ‘Gender Sensitization and Women Empowerment’ organized by Regional Training Center, Railway police Force, NE Railway, Gorakhpur on 20.12.2017.
- Invited lecture on ‘Health Psychology’ in 108<sup>th</sup> Orientation Program organized by UGC-Human Resource Development Center, DDU Gorakhpur University on 09.09.2017.
- Resource Person for ‘Evaluation of Participants LOR’ in 4<sup>th</sup> Refresher Course organized by UGC-Human Resource Development Center, DDU Gorakhpur University on 21.06.2017.

## 2016

- Expert panelist of Yuva Jagat Program on *Mental health issues of youth* on Doordarshan Kendra , Gorakhpur. May 20, 2016.

## 2015

- Invited lecture on ‘Relevance of SPSS for Research Work’ in Short Term Course for Research Scholars organized by UGC-Human Resource Development Center, DDU Gorakhpur University on 18.05.2015.
- Invited lecture on ‘Ethical issues and research challenges in doing Qualitative Research’ in Short Term Course for Assistant Professr organized by UGC-Human Resource Development Center, DDU Gorakhpur University on 22.09.2015.

## 2014

- Chief Speaker on Mental Health at Zila Vidhik Sewa Pradhikaran, Civil Court Campus, Gorakhpur on Oct. 8, 2014.

## 2013

- Shara Smamy U. P. Live Proqram (8.00-9.00pm) on “*Arushi Murder Verdict*” on Nov. 24, 2013.
- Shara Smamy U. P. Live Proqram (8.00-9.00pm) on “*Raising Crime Against women*” on July 12, 2013.
- Shara Smamy U. P. Live Proqram (8.00-9.00pm) on “*Raising Crime Against women*” on July 10, 2013.
- *Gender Sensitization Workshop, at SSB, Gorakhpur organized by Manav Sewa Shansthan, on April---, 2013.*

## 2012

- *Bio-safety/Universal precautions and Psychological aspects in reference to Patient dealing*, Department of Microbiology, BRD Medical College, Gorakhpur, August 8, 2012.
- *Self-Analysis, Values & Ethics*, Chartered Accountant’s Training under CAFAI, Gorakhpur, August 14, 2012.
- *Counseling for Care & Prevention of Runaway Adolescents* organized by Child Welfare Committee at RPF Training Centre, Gorakhpur, August 18, 2012.
- *Risk Reduction and Post Test Counseling* in CS Refresher Training, HIV/AIDS Counseling Training Centre, Department of Psychology, DDU Gorakhpur, August 4, 2012.
- *Follow-up Counseling*, in ICTC Refresher Program, HIV/AIDS Counseling Training Centre, Department of Psychology, DDU Gorakhpur, July 10, 2012.
- *Body Basics: Male & Female Anatomy*, ICTC Refresher Program, HIV/AIDS Counseling Training Centre, Department of Psychology, DDU Gorakhpur, July 10, 2012.
- *Counseling Adolescents at the ICTC*, in ICTC Refresher Program, HIV/AIDS Counseling Training Centre, Department of Psychology, DDU Gorakhpur, July 12, 2012.
- *Communication Skills and Time Management* at U.P. Government Employee Training Institute, Gorakhpur, July 12, 2012.

## 2011

- *Attitude & Perception on HIV/AIDS and Skills to prevent HIV/AIDS* at Marwar Business School, Gorakhpur in Peer Educators Training Program of NSS, D.D.U. Gorakhpur University and sponsored by UPSACS, March 2-3, 2011.

- *Emotional Intelligence and Counseling the Youth in Orientation Course* organized by Academic Staff College, D.D.U. Gorakhpur University and sponsored by UGC, May 25, 2011.

## 2010

- *Stages of Development and Growth in Children and Behavioral Problems in children*, at Regional Rural Development Training Institute, Charga, Gorakhpur, July, 17, 2010.
- *Leadership and Management Skills* at Regional Rural Development Training Institute, Charga, Gorakhpur, December, 2, 2010.
- *Psychosocial problems in creating Self help groups and role play* at Regional Rural Development Training Institute, Charga, Gorakhpur, December, 2, 2010.
- *Psychosocial development in children* at Regional Rural Development Training Institute, Charga, Gorakhpur, December 22, 2010.
- *Psychosocial problems in creating Self help groups and role play* at Regional Rural Development Training Institute, Charga, Gorakhpur, December 22, 2010.
- *Awareness on HIV/AIDS and Stigma related to HIV/AIDS* on International Youth Day at SamwadBhavan, organized by NSS, D.D.U. Gorakhpur University and sponsored by UPSACS, August 12, 2010.
- *Management and Leadership Skills*, at Regional Rural Development Training Institute, Charga, Gorakhpur, Dec 2, 2010.
- *Psychosocial aspects of self help groups, problems in forming self help groups and the advantages of self help groups*, at Regional Rural Development Training Institute, Charga, Gorakhpur, Dec 2, 2010.
- *Psychosocial aspects of self help groups, problems in forming self help groups and the advantages of self help groups*, at Regional Rural Development Training Institute, Charga, Gorakhpur, Dec 22, 2010.
- *Psychosocial development of Children and Management and Leadership Skills* at Regional Rural Development Training Institute, Charga, Gorakhpur, Dec 22, 2010.
- *Basic information on HIV/AIDS/STI and Prevention of HIV/AIDS* at Marwar Business School, Gorakhpur in Peer Educators Training Program of NSS, D.D.U. Gorakhpur University and sponsored by UPSACS, Feb 9, 2010.
- *Attitude & Perception on HIV/AIDS and Skills to prevent HIV/AIDS and Harmful psychophysical effects of substance use* at Marwar Business, Gorakhpur in Peer Educators Training Program of NSS, D.D.U. Gorakhpur University and sponsored by UPSACS, Feb 24-25, 2010.

## 2009

- *Awareness on HIV/AIDS and Stigma related to HIV/AIDS* on International Youth Day at SamwadBhavan, organized by NSS, D.D.U. Gorakhpur University and sponsored by UPSACS, August 12, 2009.
- *Stress Management* at U.P. Government Employee Training Institute, Gorakhpur, August 20, 2009.
- *HIV/AIDS Awareness* at NSS program of D.D.U. Gorakhpur University, August 12, 2009.
- T.V. talk show at Sahara T.V. Uttar Pradesh program “Jan Ganka Mann” on “Ragging,” August 5, 2009.

- T.V. talk show at Sahara T.V. Uttar Pradesh program “Jan Ganka Mann” on “*YuwaomaiBhatkawo*,” July 24, 2009.
- *Work Motivation* at U.P. Government Employee Training Institute, Gorakhpur, July 9, 2009.
- *Adolescent Sex education* at FOGSI, Gorakhpur, June 4, 2009.

## **2008**

- *School Counselor Training* Workshop conducted at Sahara Welfare Foundation, Behavior Change Communication Centre, Gorakhpur, January 16-17, 2008.

## **2007**

- *Stress Management in work settings*, at U.P. Government Employee Training Institute, Gorakhpur, August 20, 2007.

## **2006**

- *Physical and psychological well-being: Some Coping Strategies*, St. Johns’ College, Agra, Feb 18, 2006.
- T.V. talk show at Doordarshan Kendra, Gorakhpur on “*Examination stress management*,” March 7, 2006.
- T.V. talk show at Doordarshan Kendra, Gorakhpur on “*Personality Development*”, Aug 1, 2006.

## **2005**

- Special Lecture at NagarikVicharManch Women Day on “*Women Empowerment and Crime against Women*”, March 8, 2005.
  - *Personality Development and Positive Thinking* at National Service Scheme (NSS) Programs, Session 1999-2001.
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(Prof. Anubhuti Dubey)