

# Dr. Vismita Paliwal

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## Awards and Certifications

- I have completed my **Graduation, Post Graduation** (M.Sc. Gold Medallist) and **Doctorate** (Ph.D. in Psychology).
- **M.Sc. (Gold Medallist)** in Clinical Psychology from **University of Rajasthan, Jaipur**. (26/01/2010 and 07/07/2015)
- **Certificate in Guidance (CIG)** course from **IGNOU** (Dec, 2007).
- **Certificate in HIV and Family Education (CAFÉ)** from **IGNOU** (May, 2022).
- **IELTS** (Acad.) Score- **7.5** (Reading-7.5, Writing-6.5, Listening-8.5, Speaking-6.5), (02/06/2017).
- **IELTS** (Gen.) Score- **7.5** (Reading-7, Writing-7.5, Listening- 8.5, Speaking-7), (22/09/2017).
- **Professional Psychotherapy Diploma Course** from **KEW Academy** (Accredited by CTAA) (28/5/2020).
- **Professional Addiction Counselling Diploma Course** from **KEW Academy** (Accredited by CTAA) (27/5/2020).
- **Diploma in Sports Psychology**.
- Awarded **“Best in Thought Expression”** By TPS School.
- Awarded **Best Paper Award**, in **41<sup>st</sup> National Annual Conference of Indian Association of Clinical Psychologists**, PDPU, Gandhinagar, Gujrat (8/02/2015).
- Awarded **“Bharat Gaurav Award”** for meritorious services, outstanding performance and remarkable role by ‘India International Friendship Society’ at a Seminar on ‘Economic Growth and National integration’, New Delhi, India. (27/05/2017)
- Received **Award of Appreciation** on **International Women’s Day** for sincerity, hard work, strong standing against the challenges in life and being a role model in the community from **NIMS University, Jaipur**. (08/03/2018)
- Received **Certificate of Appreciation**, by the students of **NIMS School of Humanities, Social Science and Commerce** (12/05/18).
- Awarded **“Young Scientist Award”** by **Global Multidisciplinary Research and Academic Foundation (GMRAF)**, for innovative academic and research contributions (13/3/2021).
- **Appreciation Award** for “Conference Coordinator” in **6<sup>th</sup> International Conference of Indian Academy of Health Psychology** held at **Gautam Budha University, Noida** from **23<sup>rd</sup> to 28<sup>th</sup> November, 2021**.

## Educational Qualifications

Degree and Year	Institute	Specialization	% age of Marks
Ph.D. (2012)	University of Rajasthan, Jaipur (Rajasthan), India	Psychology	NA
SLET (2010)	Rajasthan Public Service Commission, Ajmer	Qualified	NA
Master of Science (M.Sc.) 2007-2009	University of Rajasthan, Jaipur (Rajasthan), India	Clinical psychology	73% <b>Gold Medallist</b>
Bachelor Of Science (B.Sc) 2004-2007	University of Rajasthan, Jaipur (Rajasthan), India	Psychology, Botany, Zoology	76.9%
Senior Secondary Education (12th) 2004	TPS NRI. C.B.S.E. Board, India	Physics, Chemistry, Biology, English, Psychology	60%
Secondary Education (10th) 2000-2001	MGD Girls School, C.B.S.E. Board, India	Hindi, English, Mathematics, General Science, Social Science	64.8%

## Research Experience

- Completed M.Sc. dissertation on topic entitled, **“Study of performance of paranoid schizophrenics and bipolar disorder patients (males and females) on cognitive tasks.”** Under the supervision of **Dr. Asha Hingar**, Ex- Professor, Department of Psychology University of Rajasthan, Jaipur and co- supervision of **Dr. Shiv Gautam**, Former Professor & Head, Psychiatric

Centre, Jaipur, Former Additional Principal, SMS Medical College, Jaipur, Rajasthan. (2009)

- Awarded Ph.D. degree from University of Rajasthan for the thesis entitled, “**Psychosocial correlates of patients of epilepsy and stroke and their caregivers**” Under the supervision of **Dr. Asha Hingar**, Ex- Professor, Department of Psychology University of Rajasthan, Jaipur Rajasthan and Department of Neurology, SMS Hospital, Jaipur, Rajasthan. (2012)
- Supervised 12 M.A. dissertations.
- Supervised 15 B.A. dissertations.
- Supervised PhD thesis entitled, “**The role of Appreciative Inquiry in Effective Management**”, by Vasudha Dahiya, Amity University Rajasthan, Jaipur which was awarded on 18 November 2021.
- Supervised PhD Thesis entitled, “**Psychotherapeutic Components in Faith Healing: A Qualitative Analysis of Psychiatric Cases**”, by Gayathri Menon, Amity University Rajasthan, Jaipur which was awarded on 4 March 2022.

### Projects

- Worked as Principal Investigator for the project entitled, “**Enhancing the level of adjustment and quality of life of border students through counseling**”, approved by Academic Council under Intramural Research Scheme and sponsored by NIMS University, Rajasthan, Jaipur (2014).
- Worked as Principal Investigator for the project entitled, “**Applying intervention techniques to improve mental health of adolescents: A Pre-post study**”, approved by Academic Council under Intramural Research Scheme and sponsored by NIMS University, Rajasthan, Jaipur (2015).
- Worked as Principal Investigator for the project entitled, “**Effectiveness of counseling on students having alcohol and nicotine dependence**”, approved by Academic Council under Intramural Research Scheme and sponsored by NIMS University, Rajasthan, Jaipur (2016).
- Worked as Principle Investigator for the project entitled, “**Role of Counselling in Domestic Violence**” approved and sponsored by **National Women’s Commission** under the scheme of Webinar on "Violence against Women: with special reference to counselling" grant of Rs.50000/- (2020-21).

### Work Experiences

- Worked as **Counsellor** in Dr. Asha Hingar’s Counselling Center from (January 2008- June 2010).
- Worked as **Project Coordinator** in **Department of Adult and Continuing Education** (now known as **Department of Life Long Learning**), University of Rajasthan, Jaipur (1 May 2009- 30 June 2010).

#### **Key Responsibilities:**

- Worked as **Project Coordinator** in several research projects and **Conducted field work**.
- Coordinated as a **Field Inspector** and **Chief Advisor** for the major project entitled, “**Psychosocial correlates of HIV+: An exploratory study of selected tribes across Rajasthan**” sanctioned by University Grants Commission.
- Successfully completed **External Evaluation** of **National Literacy Mission (N.L.M.)** of **Kanpur District (U.P.)** through **The Central Government of India** as Chief Advisor.
- Delivered lectures and participated in community outreach programmes.
- Worked as **Lecturer** and **Head of the Department** in Psychology in **Stani Memorial PG College**, Jaipur (affiliated from University of Rajasthan) (1 July 2010- 31 March 2011).

#### **Key Responsibilities:**

- Educated Post-Graduate and Under-Graduate classes for both theory and practical papers.
- Accomplished responsibilities as **Head of the Department**.
- Carried out all examination responsibilities and supervised PG dissertations.
- Worked as a **Lecturer** in Psychology in **Monaharpur Co-ed College**, Shahpura, Jaipur (affiliated from University of Rajasthan) in Department of Psychology (1 April 2011- 28 February 2014).

#### **Key Responsibilities:**

- Took theory and practical classes of Post-Graduate and Under-Graduate students.
- Conducted internal and external examinations, field work and educational tour of students.
- Facilitated all **administrative work at admission cell** and HR work for the recruitment of faculties.
- Worked as **Assistant Professor in Clinical Psychology** in **Department of Psychology and Psychiatry, NIMS Medical College & Hospital**, NIMS University, Jaipur, Rajasthan, India (3 March 2014- 30 March 2019).

## ● Teaching Activities

- Taught different papers to Undergraduate and Postgraduate students along with practical classes through PPT presentations, lectures, chalk and talk, group discussions and problem based learning.
- Planned, prepared and revised the syllabus of the Department of Psychology every year.
- Prepared question papers, conducted and evaluated practical as well as theory examinations for both the Postgraduate and Undergraduate students to assess the performance of the student for internal and Semester end exams through Direct/Indirect/Viva/Written/project etc.
- Supervised and completed 5 Postgraduate dissertations and organized field trips.
- Supervised and accomplished Clinical Psychology internship course for 3 years.

## Administrative responsibilities

- Appointed as the **Chairperson** in the Committee for Data Collection and Implementation of **Value Added Courses (VAC)** in NIMS university where effectively executed 51 VAC in 11 colleges namely, Medical college, Dental college, Nursing, Engineering, Management and Computer Science, Law, Mass media, Humanities, Paramedical, Pharmacy & Architecture.
- Worked as **Principal Investigator** and successively completed three projects approved by Academic Council under Intramural Research Scheme and sponsored by NIMS University, Rajasthan, Jaipur.
- **Supervised and Managed** Invigilation duties for various University exams such as, Distance Learning Course Examinations, Semester-end exams, Practicum etc.
- Guided students for various career prospects after bachelors or master's degree as the **head of the career counselling committee** of Humanities department.
- Effectively contributed in departmental activities, policy implementations and meetings as a faculty member.
- Accomplished duties as the in-charge of family counselling clinic and mental health helpline in Department of Psychiatry.

## Other academic responsibilities

- Designed question papers and examined theory exam answer sheets of different universities of Rajasthan as an external examiner.
- Presented and published research articles related to several psychological domains on variety of target population in order to contribute to the betterment of the community.

- Worked as **Associate Professor (Psychology) and Head of the Department (Coordinator)** in Amity Institute of Behavioral Sciences, **Amity University**, Jaipur, Rajasthan from 14 October, 2019- 23 December, 2022, **Coordinator of Amity Centre for Positivism and Happiness** as well as **Anandam Scheme** initiated by Government of Rajasthan.

- Promoted as **Professor and Head (Deputy Director)** (24<sup>th</sup> December 2022- 16 June, 2023) in the same department.

### Key Responsibilities:

- Taking classes of UG, PG and Ph.D. course work classes.
- Executed Invigilation duties for various University exams such as Semester-end exams, Practicum etc.
- Prepared question papers, conducted and evaluated practical as well as theory examinations for UG, PG and Ph.D. students to assess the performance of the student as internal and external examiner.
- External examiner for colleges in practical evaluations.
- Handling the responsibilities as the Head of the department.
- Coordinator of Amity Center of Positivism and Happiness.
- Coordinator of Anandam Scheme implemented in all universities by State Government of Rajasthan.
- Handling the responsibilities as a member of the University Academic Council, Grievance redressal committee, Ethical Committee, Research Board, Library Committee, Academic Integrity panel.
- Fulfilling the responsibilities as Convener of Board of Studies and Co-chair of Industry Advisory Council in Amity Institute of Behavioural and Allied Sciences, Amity University Rajasthan.

- Presently working as **Associate Professor**, Department of Psychology in Deen Dayal Upadhyay University, Gorakhpur, U.P. from 16 June, 2023.

### Key Responsibilities:

- Coordinator Placement Cell.
- Coordinator MBA, BBA programs.
- Hostel Warden.
- IQAC Committee of the University.
- NIRF Ranking Committee.
- Taking classes of UG, PG and Ph.D. course work classes.
- Executed Invigilation duties and evaluations for various University exams such as Semester-end exams.

## Symposium / Workshops/Webinars Attended

- **HIV/AIDS** workshops by UNICEF (3-5 Dec 2001 & 3-5 May 2002).
- **Summer School for Vocal Music** by Patrika in Education (May-June, 2007).

- **Summer School for Financial Management** by Patrika in Education (May-June, 2007).
- **Research methodology in Social Sciences** workshop at **Department of Adult and Continuing Education**, University of Rajasthan, Jaipur (28-29 July, 2008).
- **Enhancement of Counselling Skills** workshop by **Department of Adult and Continuing Education**, University of Rajasthan, Jaipur (22-24 Sep. 2008).
- **Awareness about HIV/AIDS** a theatre workshop in **Department of Adult and Continuing Education**, University of Rajasthan, Jaipur (15-17 Nov. 2008).
- **Cognitive behaviour therapy** workshop organized by Withcare Sanstha, Ajmer in association with Indian Academy of Applied Psychology (IAAP) (30<sup>th</sup> August 2014).
- Practical certified training workshop on **Rorschach Ink Blot Test** at **Psycho-Waves, Chandigarh** by **Dr. Dwarka Pershad** and gained proficiency in administration/interpretation of this test (4<sup>th</sup>-7<sup>th</sup> September 2014).
- Practical certified training workshop on **IQ Testing and Neurocognitive Assessments** at **Psycho-Waves, Chandigarh** by **Dr. Dwarka Pershad** and gained proficiency in administration/interpretation of 20 psychological tests (3<sup>rd</sup>-5<sup>th</sup> July 2015).
- Intensive certified training program on “**Clinical Hypnosis**” (**Basic level**) by **Dr. Jini K Gopinath** by Indian Society for Clinical and Experimental Hypnosis by Psychowaves, Chandigarh (15<sup>th</sup>-16<sup>th</sup> August 2015).
- Intensive training program on “**Advanced Hypnosis: Cognitive Hypnotherapy**” by **Dr. Jini K Gopinath** by Indian Society for Clinical and Experimental Hypnosis by Psychowaves, Chandigarh (16<sup>th</sup>-17<sup>th</sup> September 2015).
- Participated in the ‘**1<sup>st</sup> Asia Pacific Conference on the Pursuit of Happiness**’ in Department of Psychology, University of Rajasthan, Jaipur, India on 1<sup>st</sup> & 2<sup>nd</sup> March 2016.
- Three days training program on “**Applications of Neuro-Biofeedback therapy among patients with Neuropsychiatry conditions**” affiliated from **Rehabilitation Council of India**, at Gautam Budha University, Greater Noida. from 3<sup>rd</sup> to 5<sup>th</sup> March 2016.
- Two days training program on “**Behaviour Modification and Learning Disabilities**” from Psychowaves, Chandigarh and Psychomatrix, Delhi at Chandigarh on 26<sup>th</sup> -27<sup>th</sup> March 2016.
- Two days training on “**Cognitive Drill Therapy**” by **Dr. Rakesh Jain**, Mental Hospital. Agra at Chandigarh on 7<sup>th</sup>-8<sup>th</sup> May 2016.
- Training workshop on “**Fairy Tale Test**” by **Dr. Carina Coulacoglou**, at Caring Minds, Kolkata on 25<sup>th</sup> January 2017.
- **National level Training Workshop on Statistical Applications (SPSS & R- Packages) to Research Data Visualization and Analysis**, by Refocus Behavioural Sciences, PGGC, Sec.-46, Chandigarh (8-14 January, 2018).
- **Mindfulness based cognitive behavioural interventions** by Prof. Mahendra Sharma, NIMHANS, Bangalore, in the 4<sup>th</sup> International Conference of Indian Academy of Health Psychology held at C.M.C.S. College, Nasik, Maharashtra from 22<sup>nd</sup> November, 2018.
- **Mindfulness based cognitive behavioural interventions** by Prof. Mahendra Sharma, NIMHANS, Bangalore, in the 5<sup>th</sup> International Conference of Indian Academy of Health Psychology held at M.G.K.V.P., Varanasi from 19<sup>th</sup> October, 2019.
- Webinar on topic “**Revisiting Well Being During Lockdown**” organized by ARSD College, Dhaula Kuan held on 28th May, 2020.
- Seven days International Webinar on “**Understanding Counselling Process for Specific Populations**” organized by the Department of Psychology, Vasanta College for Women, Varanasi in Association with Bharatiya Counselling Psychology Association from 04 - 10 June 2020.
- **Plagiarism - An Opportunity to Learn, Teach & Grow** a workshop under the Pandit Madan Mohan Malviya National Mission On Teachers and Teaching, MHRD, Government of India on June 05, 2020.
- Webinar on the **Upside of stress: Staying psychologically fit and productive during the pandemic and beyond & coping with stress** during the 2019-nCoV outbreak by Mizoram University on 10 June 2020.
- Webinar on “**Recent advances in the field of IT and challenges due to COVID- 19**” organised by Amity School of Applied Science, Amity University Rajasthan, Jaipur on 10.06.2020.
- **In Science Leadership Workshop** organized by the Central University Punjab, Bathinda, India from 22 - 28 June 2020.
- National Webinar on “**Promoting Gender Equality: Strategies & Challenges**” organized by the Centre for Women Empowerment and Women Studies of Manonmaniam Sundaranar University on 15.07.2020.

- National webinar, **“Revisiting Self: A pathway towards sustainable Mental Health”** organized by University of Rajasthan, Jaipur on 15.09.2020.
- National Webinar on **“Mental Health for all: The more you invest, the more you gain”** organized by University of Rajasthan, Jaipur on 10.10.2020.
- National Seminar on **“Tech trends 2021: Issues and emerging challenges and changes in the student centric – Learning and best innovative practices for quality enhancement in education”** organized by Global Multidisciplinary Research and Academic Foundation (GMRAF), Chennai on 13<sup>th</sup> March, 2021.
- Webinar on **“Yoga and Mindfulness for the Youth”** organized by Amity School of Engineering and Technology, Amity University Madhya Pradesh, Gwalior on 26th August 2021.
- Webinar on, **“Role of RCI in Disability Rehabilitation”** organized by Manonmaniam Sudaranar University, Tirunelveli on 4<sup>th</sup> September 2021.

### **FDP/Refresher/Orientation Course/Summer School Attended**

- **Summer School on Statistical and Machine Learning Approaches in Neuroimaging and Cognitive Neuroscience**, at IIIT-Hyderabad (16-20 July 2017).
- **Faculty Development Programme on Be Gentle with Mind and Body**, organised by SRM Institute of Science & Technology, Faculty of Science & Humanities, Ramapuram, Chennai-89 held on 30<sup>th</sup> April 2020.
- Online orientation to **Motivational Interviewing** organized by Feeling Minds from 1 May, 2020 to 31 May, 2020
- Eleven Days Faculty Induction Programme (FIP) on **“Research Methodology for Science and Social Science”** jointly organized by Meerut College, Meerut & ARIDSS, Meerut. From 20 June, 2020 to 30 June 2020.
- Five Day Faculty Development Programme on **“Reconfiguring the mind: Post COVID Consciousness”** Organized by IQAC, Jyoti Nivas College Autonomous from 23-27 June 2020.
- Faculty Development Programme on **“Applied Psychological Perspectives of Wellbeing: S.P.E.E.D.”** from 22<sup>nd</sup> to 27<sup>th</sup> June 2020 at Amity University, Uttar Pradesh.
- One Week Online Faculty Development Programme on **“Research Methodology: Tools & Techniques”** under Pandit Madan Mohan Malviya National Mission on Teachers and Training Scheme of MHRD, Govt. of India held from 5th-11th June, 2020 at ARSD College, University of Delhi.
- Two-day International Virtual FDP on **Innovative Techniques for Effective Teaching Online and Offline** on 12-13 June, 2020 by Faculty of English (Department of M&H) on Organised by Mahatma Gandhi Institute of Technology, Hyderabad.
- Two Week Online Interdisciplinary Refresher Course on **“Cinema, Society & Education”** from 06th -19th April, 2021 and obtained Grade A+.
- One week Faculty Development Programme on **“Qualitative Techniques in Social Sciences”** at Amity Institute of Behavioural and Allied Sciences, Amity University Rajasthan, Jaipur from 27<sup>th</sup> January 2022 to 2<sup>nd</sup> Feb 2022.
- Attended one week short term course on **“Research Methodology”** at UGC-HRDC, Deen Dayal Upadhyay Gorakhpur University, Gorakhpur, Uttar Pradesh (4-10<sup>th</sup> October, 2023).

### **Key Resource Person**

- Conducted Workshop on **“Child Psychology”** as resource person in NIMS International School, Rajasthan (5<sup>th</sup>-6<sup>th</sup> October, 2016).
- Conducted Workshop on **“Parenting Skills”** as resource person in NIMS International School, Rajasthan (25<sup>th</sup> March, 2017).
- Delivered lecture on **“Tips to reduce Stress”** at Kendriya Vidyalaya, Jhunjhunu, Rajasthan (13<sup>th</sup> December, 2019).
- Key Resource Person in Webinar **“Gender Equality, Domestic Violence and Women Safety: Psychological and Legal Issues”** by Mohd. Ali Jauhar University, UP (26<sup>th</sup> February, 2021).
- Key Resource Person in Webinar **“Career Perspectives in Psychology”** by Unique Institute of Behavioural Sciences, Delhi (27<sup>th</sup> February, 2021).
- Guest speaker on **“Sports Psychology”** for 12<sup>th</sup> National Sambo Championship (23<sup>rd</sup> October, 2021).
- Delivered a scientific session on **“Health Psychology as Career”** on 1<sup>st</sup> National Online Summit on Psychology as Careers in

India and Abroad by Mental Health Action for People (23<sup>rd</sup>-24<sup>th</sup> October 2021)

- Delivered a Talk on “**Recognition of a New Dimension: Indian Health Psychology**” in 57<sup>th</sup> National and 26<sup>th</sup> International Conference of Indian Academy of Applied Psychology (28<sup>th</sup> January, 2022).
- Delivered a talk on “**Stress Management**” in Campus Connect Programme at Birla International School, Kishangarh, Ajmer (24<sup>th</sup> February, 2022).
- Delivered lecture on UGC lecture series on “**Health Psychology**” in Department of Psychology, University of Rajasthan, Jaipur (16-18<sup>th</sup> November 2023).
- Delivered a lecture on “**Knowing the Vulnerable Population of India**” at Amity Institute of Clinical Psychology, Amity University Haryana, Manesar, Gurgaon (23<sup>rd</sup> November, 2023).

### Symposium / Workshops/Field trips Organized

- Intensive training program on “**Clinical and Experimental Hypnosis**” (Basic level) by Dr. Jini K Gopinath (President, Indian Society for Clinical and Experimental Hypnosis) at Department of Life Long Learning, University of Rajasthan, Jaipur on 28<sup>th</sup> & 29<sup>th</sup> Nov. 2015.
- Intensive training program on “**Clinical and Experimental Hypnosis**” (Basic and advanced level) by **Dr. Jini K Gopinath** (President, Indian Society for Clinical and Experimental Hypnosis) at Department of Life Long Learning, University of Rajasthan, Jaipur on 24<sup>th</sup> - 27<sup>th</sup> Jan. 2016.
- Four days training workshop on “**Rorschach Ink blot test**” by **Dr. Dwarka Pershad** (Clinical Psychologist, Retd. Prof. from PGI, Chandigarh) at Department of Life Long Learning, University of Rajasthan, Jaipur from 16<sup>th</sup> to 19<sup>th</sup> June 2016.
- Two days training program on “**Learning Disabilities**” by Psychowaves, Chandigarh and Psychomatrix, Delhi at Department of Psychology, University of Rajasthan, Jaipur on 10<sup>th</sup>-11<sup>th</sup> September 2016.
- Organized 3 Days educational tour (Field Trip) to Jodhpur for Students of UG & PG Batches of Psychology in NIMS University, Jaipur for **International Conference on Psychology Beyond Horizon** at Jai Narayan Vyas University, Jodhpur (30 Aug.- 1 Sep. 2017).
- Coordinated seven days “**National level Training Workshop on Statistical Applications (SPSS & R- Packages) to Research Data Visualization and Analysis**”, by Refocus Behavioural Sciences, PGGC, Sec.-46, Chandigarh (8-14 January, 2018).
- Organized two days “**National workshop on Applications of Cognitive Drill therapy and Hypnosis**” by Dr. Rakesh Jain, (Senior Clinical Psychologist, IIMH, Agra) by Indian Academy of Health Psychology and Department of Life Long Learning, University of Rajasthan, Jaipur on September 2-3, 2018.
- As **National Coordinator** in the 4<sup>th</sup> International Conference of Indian Academy of Health Psychology held at C.M.C.S. College, Nasik, Maharashtra from 21<sup>st</sup> to 25<sup>th</sup> November, 2018.
- Organized two days “UGC- NET oriented **National workshop on Research Methodology**” by Dr. Tushar Singh, (BHU, Varanasi) by Indian Academy of Health Psychology and Department of Life Long Learning, University of Rajasthan, Jaipur on June 8-9, 2019.
- As **National Coordinator** in the 5<sup>th</sup> International Conference of Indian Academy of Health Psychology held at M.G.K.V.P., Varanasi from 19<sup>th</sup> to 23<sup>rd</sup> October, 2019.
- Organized an International Workshop/FDP on “**Counselling and Counsellor’s Education**” in Amity Institute of Behavioural Sciences, Amity University Rajasthan, Jaipur on 27<sup>th</sup> February 2020.
- Organized National Level Webinar on “**Violence against Women: with special reference to counselling**” in association with **National Commission for Women** on 10<sup>th</sup> January 2021.
- As **National Coordinator** in the 6<sup>th</sup> International Conference of Indian Academy of Health Psychology held at Gautam Budha University, Noida from 23<sup>rd</sup> to 28<sup>th</sup> November, 2021.
- Organized one week Faculty Development Programme on “**Qualitative Techniques in Social Sciences**” at Amity Institute of Behavioural and Allied Sciences, Amity University Rajasthan, Jaipur from 27<sup>th</sup> January 2022 to 2<sup>nd</sup> Feb 2022.

### Presentations

- “**Social support, stress and quality of life: A study of Kashmir migrants**” at National seminar on Terrorism, society and quality of life, University of Rajasthan, Jaipur (3-4 Oct, 2010).
- “**Cognition in schizophrenia and bipolar disorder: Effects of gender difference**” in International Conference on

**Positivism: Path to Success, Satisfaction and Bliss**, Amity University, Jaipur, Rajasthan (6-8 Aug. 2011).

- **“A comparative study of psycho-social factors among the mothers of male and female mentally challenged children”** in **3<sup>rd</sup> International Conference on Psychology and Allied Sciences**, Amity University, Noida, Uttar Pradesh, India (25-27 Sep. 2014).
- **“Training and development scenario in public and private sector banks”** in **3<sup>rd</sup> International Conference on Psychology and Allied Sciences**, Amity University, Noida, Uttar Pradesh, India (25-27 Sep. 2014).
- **“Role of counselling in marital dissatisfaction: A pre and post study”** in **41<sup>st</sup> National Annual Conference of Indian Association of Clinical Psychologists**, PDPU, Gandhinagar, Gujrat (6-8 Feb. 2015) and won the **Best Paper Award**.
- **“Psychological consequences of terrorism on students”** in **1<sup>st</sup> International Conference of Indian Academy of Health Psychology**, University of Jammu, Jammu & Kashmir (6-8 Dec. 2015).
- **“Neurocognitive functioning: An indicator of Schizophrenia and Bipolar disorder”** in **2<sup>nd</sup> International Conference of Indian Academy of Health Psychology**, Gautam Buddha University, Greater Noida (16-18 Dec. 2016).
- **“A study of the selected psychosocial manifestations after committing a crime”** in **52<sup>th</sup> National and 21<sup>st</sup> international conference of Indian Academy of Applied Psychology**, University of Rajasthan, Jaipur (23-25 Feb. 2017).
- **“Does gender have a role in influencing psycho-social factors of Epilepsy?”** in **International Conference on Psychology Beyond Horizon**, Jai Narayan Vyas University, Jodhpur (30 Aug. - 1 Sep. 2017).
- **“Influence of age on selected psycho-social aspects among the Epilepsy and Stroke patients”**, in **International Conference on Psychology, Health and Medicine**, Amity University, Jaipur (2-4 Feb, 2018).
- **“Assessing the long term impacts of domestic violence”**, in **44<sup>th</sup> NACIACP- 2018**, Gautam Budha University, Greater Noida, U.P. (23<sup>rd</sup> – 25<sup>th</sup> Feb, 2018).
- **“Extent of suicide intent among teenagers having low academic grades”**, in **8<sup>th</sup> International Conference of Somatic Inkblot Society (USA) and Inaugural Conference of International Tele Psychology Association (ITPA)** at ICSSR Complex, Panjab University, Chandigarh (28-29<sup>th</sup> April, 2018).
- **“Quality of Life of LGBTQ community”**, in **8<sup>th</sup> International Conference of Somatic Inkblot Society (USA) and Inaugural Conference of International Tele Psychology Association (ITPA)** at ICSSR Complex, Panjab University, Chandigarh (28-29<sup>th</sup> April, 2018).
- **“Influence of Type of family on Stress, Social support, Mental health and Quality of Life of Epilepsy and Stroke patients”** in the **4<sup>th</sup> International Conference of Indian Academy of Health Psychology** held at C.M.C.S. College, Nasik, Maharashtra (23<sup>rd</sup> - 25<sup>th</sup> November, 2018).
- **“Mental health, anxiety and quality of life among women suffering from domestic violence”** in the **5<sup>th</sup> International Conference of Indian Academy of Health Psychology** held at M.G.K.V.P., Varanasi from 19<sup>th</sup> - 23<sup>rd</sup> October, 2019.
- **“Comparing the impact of duration of illness on the psychosocial factors among Epilepsy patients”** in the **International Conference on Emerging Trends in Cognitive Neurosciences: Forensic and Clinical Applications** held at Gujarat Forensic Science University, Gandhinagar, Gujarat from 20<sup>th</sup>-22<sup>nd</sup> January, 2020.
- **“Psychological Impact of Covid-19”** in National Seminar on Reshaping Education Amidst Corona: Psychosocial Concerns at PG Govt. College for girls, Sector-11, Chandigarh on 30<sup>th</sup> June 2020.
- **“Violence Against Women: With special reference to Counselling”** in the **10<sup>th</sup> International Conference on Victim Assistance** held at O.P. Jindal Global University, Sonipat, India from 21<sup>st</sup> - 23<sup>rd</sup> October, 2021.
- **“The study of emotional intelligence and psychological capital among college students during covid-19”** in the **6<sup>th</sup> International Conference of Indian Academy of Health Psychology** held at Gautam Budha University, Noida, UP from 26<sup>th</sup> to 28<sup>th</sup> November, 2021.
- **“Effect of Sleep deprivation on Depression, Anxiety and Stress among students”** **7<sup>th</sup> International Conference of Indian Academy of Health Psychology** held at Gautam Budha University, Noida, UP from 22<sup>nd</sup> to 24<sup>th</sup> December, 2022.
- **“The association between death anxiety and quality of life in caregivers”** **27<sup>th</sup> International and 58<sup>th</sup> National Conference of Indian Academy of Applied Psychology** held at Vigyan Bhawan, New Delhi from 15<sup>th</sup> to 17<sup>th</sup> February 2023.
- **“Treatment adherence of geriatric patients in Palliative care: An Indian Scenario”** **27<sup>th</sup> International and 58<sup>th</sup> National Conference of Indian Academy of Applied Psychology** held at Vigyan Bhawan, New Delhi from 15<sup>th</sup> to 17<sup>th</sup> February 2023.
- **“Psychological manifestations due to hormones among infertile women”** **8<sup>th</sup> International Conference of Indian Academy of Health Psychology** held at Goan Heritage, Calangute, Goa from 30<sup>th</sup> November, 2023- 2<sup>nd</sup> December, 2023.

## **Publications**

- Hingar, A., Sharma, P.L. and Paliwal, V. (2012). **“HIV/AIDS: Health, Family and Community”** Jaipur: Ritu Publications. A book which is published all over India. ISBN 9789381422724.
- Paliwal, V., Paliwal, C.K., Fatma, N. and Chaturvedi, S. (2014). Personal Hygiene Habits among School-Going Children in Rural Areas of Jaipur, Rajasthan, India. **International Journal of Scientific Research and Reviews**, 3(2), 126 – 142.
- Khurana, C. and Paliwal, V. (2014). An analysis of problems faced by handicraft sector in Jaipur, Rajasthan. **International Journal of Research Science & Management**, 1(4), 1-6.
- Paliwal, V. and Paliwal, C.K. (2014). A comparative study of psycho-social factors among the mothers of male and female mentally challenged children. **Indian Journal of Health and Wellbeing**, 5(12), 1439-1444.
- Singh, B. and Paliwal, V. (2014). Training and development scenario in public and private sector banks. **Indian Journal of Health & Wellbeing**, 5 (10), 1236-1239.
- Hussain, S. and Paliwal, V. (2015). Psychological Aspects of Women Suffering from Domestic Violence. **Global Journal for Research Analysis**, 4(5), 190-191.
- Singh, B. and Paliwal, V. (2015). An Exploratory Study of the Selected Psychological Factors among Criminals. **International Journal of Scientific Research**, 4(6), 128-129.
- Paliwal, C.K. and Paliwal, V. (2016). Cognition in Schizophrenia and Bipolar disorder: Effects of gender difference. **Indian Journal of Applied Research**, 6(1), 90-92.
- Kumari, R. and Paliwal, V. (2017). Prevalence of alcohol and nicotine dependence along with hopelessness and disability in campus residing students. **International Journal of Scientific Research**, 6(6), 462-464.
- Singh, B., Yadav, P. and Paliwal, V. (2017). Psychosocial study of selected public and private sector bank employees. **IOSR Journal of Business and Management**, 19(12), 54-58.
- Paliwal, V. (2017). Psychological consequences of terrorism on students. **Global Journal of Human-Social Science: Arts & Humanities – Psychology**, 17 (2), 40-46.
- Chauhan, H. and Paliwal, V. (2018). Extent of suicide intent among teenagers having low academic grades. **International Journal of Scientific Research and Reviews**, 7(2), 122-128.
- Ghosh, S. and Paliwal, V. (2018). Quality of life of LGBTQ community. **International Journal of Scientific Research and Reviews**, 7(2), 111-121.
- Jain, V. and Paliwal, V. (2019). Socio Economic Status Shaping the Drug Attitude of Asthma Patients. **International Journal of Applied Social Science**, 6 (5), 1057-1061.
- Kavya, B. and Paliwal, V. (2019). Juvenile delinquency: Psychosocial issues and challenges. **Research Review International Journal of Multidisciplinary**, 4(5), 1445-1448.
- Menon, G., Paliwal, V. and Singh, T.K. (2020). The psycho therapeutic components in faith healing: A qualitative exploration. **Kala: The Journal of Indian Art History Congress**, 26(2), 42-51.
- Menon, G., Paliwal, V. and Singh, T.K. (2021). Faith healing and modern Psychiatry. **Journal of Education: Rabindrabharati University**, 23(7), 90-93.
- Paliwal, V. and Gupta, P. (2021). Perceived stress and happiness of young adults during the covid-19 quarantine. **Journal of Well Being**, 16(2), 5-12.
- Paliwal, V. Menon, G., Singh, T.K. and Nathawat, S.S. (2021). Psychotherapeutic Components in Chottanikara Healing: A Qualitative Analysis. **Indian Journal of Clinical Psychology**, 48 (1), 60-66.
- Paliwal, V. and Akshita (2021) Impact of stress and anxiety on procrastination among adults: A correlational study. **International Journal of Current Advanced Research**, 10; 11 (A), 25489-25496. DOI: <http://dx.doi.org/10.24327/ijcar.2021.25496.5089>
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- V. Paliwal, (2022). Treatment of Impaction of Digestive System in Ruminants by Tumba: A Clinical Report. **Agricultural Science Digest**, 42 (6), 790-791.
- Shekhawat, J. Paliwal, V., Prashant, Sisodia, D.S., Singh, T.K., and Chandel, P.K. (2022). A comparative study of self-esteem and quality of life among Indian educated working women and housewives. **Journal of Positive School Psychology**. 6(6), 3258-



- Sharma, O.P. and Paliwal, V.(2022). Correlation between Academic Motivation and Mindfulness among College Students. **Shodh Journal of Multidisciplinary Innovative Thoughts**. 2(2), 95- 102.
- Paliwal, V., Ranjini, J. and Chauhan, H. (2023). Assessing The Gender Difference Among Children of Parents with Transferable and Non-Transferable Jobs on their Parent-Child Relationship. **Journal of Survey in Fisheries Sciences**, 10(2S), 1621-1630.
- Paliwal, V. and Ranjini, J. (2023). Adjustment and Achievement motivation of students whose parents are in transferable and non-transferable jobs. **BioGecko**, 12(2), 101-108.
- Joshi, R., Mathur, P., Gupta, A.K., Singh, S., Paliwal, V. & Nayar, S. (2023) Mathematical modeling of intelligent system for predicting effectiveness of premenstrual syndrome, **Journal of Interdisciplinary Mathematics**, 26(3), 551-562.
- Paliwal, V. and Skilling, L. (2023) Psychometric Profiling of Psychosocial factors among Larceny Offenders in India. **Rivista Italiana di Filosofia Analitica Junior**. Acceptance letter Received.

### Course Developed

- Developed one year detailed program entitled, “Post Graduate Diploma in Forensic Psychology” (PGDFP) consisting of the syllabus for 11 courses along with its structure, credit scheme and its attainment schemes.

### E-Content development

- Development of e-content module for a complete course on Fundamentals of Forensic Psychology. [https://www.youtube.com/watch?v=1MKpv\\_RlnW0](https://www.youtube.com/watch?v=1MKpv_RlnW0)

### Patents

- Awarded the patent for the design entitled, “**Happy Hormone Stimulating Device to Relieve Anxiety**” in Collaboration with NIMS Medical College and Hospital under the application number: 357538-001 and CBR number: 212685.

### Chaired Session

- Chaired the scientific session in 5<sup>th</sup> International and 7<sup>th</sup> Indian Psychological Science Congress held at Department of Psychology and Anthropology, Panjab University, Chandigarh (26-28 October, 2018).
- Chaired the scientific session in the 4<sup>th</sup> International Conference of Indian Academy of Health Psychology held at C.M.C.S. College, Nasik, Maharashtra from 23<sup>rd</sup> to 25<sup>th</sup> November, 2018.
- Chaired the scientific session in the 5<sup>th</sup> International Conference of Indian Academy of Health Psychology held at M.G.K.V.P., Varanasi from 19<sup>th</sup> to 23<sup>rd</sup> October, 2019.
- Chaired the scientific session in the National Online Seminar on “Post Pandemic life challenges: Philosophical and Psychological perspectives by Amity University Rajasthan, Jaipur from 26<sup>th</sup> to 27<sup>th</sup> September, 2020.
- Chaired the scientific session in 56<sup>th</sup> National and 25<sup>th</sup> International Conference of Indian Academy of Applied Psychology (IAAP), held at Punjabi University, Patiala, Punjab from 18<sup>th</sup> to 20<sup>th</sup> February, 2021.
- Chaired the scientific session in the 6<sup>th</sup> International Conference of Indian Academy of Health Psychology held at Gautam Budha University, Noida, UP from 26<sup>th</sup> to 28<sup>th</sup> November, 2021.
- Chaired the Plenary session in the 1<sup>st</sup> International Online Conference on Permanand: Philosophy, Psychology, and Physiology of Happiness, by Amity Centre of Excellence for Positivity & Happiness (ACEPH) held at Amity University Lucknow, UP from 28<sup>th</sup> to 30<sup>th</sup> September 2022.
- Chaired the scientific session in the 7<sup>th</sup> International Conference of Indian Academy of Health Psychology held at Gautam Budha University, Noida, UP from 22<sup>nd</sup> to 24<sup>th</sup> December, 2022.
- Chaired the scientific session in 58<sup>th</sup> National and 27<sup>th</sup> International Conference of Indian Academy of Applied Psychology (IAAP), held at Punjabi University, Patiala, Punjab from 15<sup>th</sup> to 17<sup>th</sup> February, 2023.
- Chaired the Plenary session in the 8<sup>th</sup> International Conference of Indian Academy of Health Psychology held at Goan Heritage, Calangute, Goa from 30<sup>th</sup> November, 2023- 2<sup>nd</sup> December, 2023.

### Memberships

- Member of the **Editorial Board in Red Flower Publications** for their Journal ‘Psychiatry and Mental Health’.

- Member of the **Editorial Board** of Advanced Humanities and Social Sciences (Journal), **Consortium Publishers, Canada**.
- International Affiliate member of **American Psychological Association (APA)** (Membership # 03097258).
- Life member of **Indian Science Congress (ISC)** (Membership No.: L29069).
- Member of **Healthcare Magic.com** as online psychologist (consultation).
- Executive Committee Member of **Indian Academy of Health Psychology** (Membership No.: 04).
- Life associate member of **Indian Association of Clinical Psychologists (IACP)** (Membership No.: LAM 397/15).
- Member organizing (organizing secretary) in the governing council of **International Tele Psychology Association**.
- Life Member of **Indian Academy of Applied Psychology (IAAP)** (Membership No.: LM- 1955)
- Life member of **Society of Young Psychologists (IAYP)**.
- Five-year membership of **Academy of Well-Being Society**, Udaipur.
- Life member of **Indian School Psychology Association** (Membership No.: LM/2023/11447)

### **Areas of Interest**

- Clinical Psychology
- Physiological Psychology
- Cognitive Psychology
- Psychotherapies & Psychological Testing
- Counseling

### **Languages known**

- Hindi
- English

### **Computer Know-How**

- Internet Applications
- Basic computer skills
- SPSS (Statistical analysis software)

### **Career Aspirations**

Looking for a long-term association with a professional organization of excellence where individual talents are acknowledged and at the same time fosters an environment of creativity and continuous learning among its employees with a conducive work culture to help in **Psychological Research & Development**.

### **Declaration**

I hereby declare that the above information is true to the best of my knowledge and belief.

**(Dr. Vismita Paliwal)**