

GARIMA SINGH

Date of Birth: September 24, 1992

Education:

<i>Degree</i>	<i>Subjects</i>	<i>University /Institute</i>	<i>Year</i>	<i>Division</i>	<i>Percentage</i>
Ph.D.	Psychology	D.D.U. Gorakhpur	08.10.2019		
NET	Psychology		June 2013		
M.A.	Psychology	Banasthali University	2013	1 st	80.67% (Merit holder)
B.A.	English, Psychology, Political science	St. Joseph's College For Women (D.D.U. Gorakhpur University)	2011	1 st	60.83%
12 th	English, EVS, PCB, Computer Science	St. Paul's School, Gorakhpur (ISC Board)	2008	1 st	66.66%
10 th	Science Group	St. Paul's School, Gorakhpur (ICSE Board)	2006	1 st	71%

Work Experience:

- **Five years Four months:** Assistant Professor (Psychology) at St. Joseph's College for Women, Gorakhpur (Aug,2016- Till date)

Publications & Participation:

1	Seminars and Conferences Attended	15
2	Papers Presented in National Seminars	11
3	Published Papers	08

(A) Dissertation

Dissertation submitted in the partial fulfillment of the requirement for the award of the degree of Master of Arts (Psychology)

Topic: “An Investigation of Instigation and Consequent Factors of Emotional Labor”

(B) Papers in Referred Journals/Conference Publications

1. Published Papers

- Singh, G. & Dubey, A. (2017). Mental Health: Preventing Negative and Enhancing Positive. In A. Shukla and A. Dubey (Eds.) *Mental Health: Strength of Human Resources*. New Delhi: Concept Publishing Company.
- Singh, G. & Dubey, A. (2016). Mental Health and Well-Being of Caregivers: A Review of the Literature. *Indian Journal of Psychological Issues*, 24(1), 121-127.
- Singh, G. & Dubey, A. (2016). Psychological Resources: An Asset to the Indian Caregivers. *Indian Journal of Psychology*, Centennial Issue, 121-127, ISSN-0019-5553.
- Singh, G. (2015). An Investigation of Instigating and Consequent Factors of Emotional Labor. *Indian Journal of Positive Psychology*, 6(2), 238-244.
- Singh, G. & Dubey, A. (2017). The Notion of School Teacher in Changing Social World: A Narrative Analysis. *International Journal of Education and Management Studies*, 7(3), 344-349.

- Singh, G. (2019). Empowering Social Status: In N.Bano and A. Shukla (Eds.) Social justice in women: Indian scenario . New Delhi: Concept Publishing Company.
- Kumari,P. & Singh,G. (2019). The Roots of Social Identity of Women: Gender Socialization. In N.Bano and A. Shukla (Eds.) Social justice in women: Indian scenario . New Delhi: Concept Publishing Company.
- Singh, G. (2019). Sources of Happiness: A Qualitative Interview. In A. Shukla, A. Dubey and N. Thagunna (Eds.) The Psyche of Asian society: Retrospects and prospects. New Delhi: Concept Publishing Company.

(C) Papers Presented in Conferences /Seminars

- Paper on “Effect of Peer, Family and Romantic Relationships on Well-Being” in Book of Abstracts, International Conference on “Youth and Positivism”, March 2012 ; Amity University, Haryana
- Paper on “An Intergroup Study of the role of Emotional and Spiritual Intelligence on General Health” in National Seminar on “Intergroup Relations in Contemporary Society: Multidisciplinary Perspective”, March 2014; D.D.U. Gorakhpur University, Gorakhpur in Academic Collaboration with National Academy of Psychology (NAOP), India.
- Paper on “Mental health and well-being of chronically ill patients: Role of psychological resources”, in National seminar on “Linking Social Science Research with Societal Development” and Prof. L.B.Tripathi Memorial Lecture, September, 2014; D.D.U. Gorakhpur University, Gorakhpur.
- Paper on “Empowering Social Status: The Psyche of Indian Women”, UGC Sponsored National Seminar on “Justice System and Justice Role for Women in

Society: Psycho-Social Impact & Consequences”, February 27-28, 2015
SantVinoba Post Graduate College, Deoria.

- Paper on “Sources of Happiness: A Qualitative Interview”, in National Seminar on “Recent Trends in Social Science Research”, September, 2015; Buddha P.G. College, Kushinagar.
- Paper on “Assessment of Pattern of Stress in Indian Caregivers”, in UGC Sponsored National Seminar on “Stress Management: Strategies and Future Challenges”, September, 2015; Hiralal Ramniwas P.G. College, Khalilabad, SantKabir Nagar.
- Paper on “Health Equity: Moving Towards Social Justice in Public Healthcare”, in National seminar on “Social Justice and Language” and Prof.L.B.Tripathi Memorial Lecture, September, 2015; D.D.U. Gorakhpur University, Gorakhpur.
- Poster presentation on “Quantifying Caregiver’s Stress”, in 25th Convention, National Academy of Psychology, 2015-16, University of Allahabad, Allahabad.
- Paper on “Role of Psychological resources in Indian Caregiving”, in International Conference of Indian Academy of Health Psychology, November, 2016, National P.G. College, Lucknow.
- Paper on “Care needs and Caregivers of Chronically Ill Patients”, in National seminar on “Culture and Human behaviour”, March, 2018; D.D.U. Gorakhpur University, Gorakhpur.
- Paper on “Caregiving in India : Demographic View”, in National seminar on “Life-Span Human Development :Emerging Issues and Challenges” and Prof.L.B.Tripathi Memorial Lecture, September, 2019; D.D.U. Gorakhpur University, Gorakhpur.

(D) Participation in Summer Schools / Workshops/ Seminars

- i. Inflore,2010 ; All India Management Fest , Rajagiri Centre for Business Studies, Cochin
- ii. International Conference on “Youth and Positivism”, March 2012 at Amity University, Haryana
- iii. Workshop on “Data Interpretation and Analysis using Statistical Tools” at Banasthali University, Rajasthan
- iv. Workshop on “Encephalitis Survivors: Issues, Challenges and Psychological Interventions”, February 2014 at D.D.U. Gorakhpur University, Gorakhpur.
- v. National seminar on “Role of Community Psychology in Creating Well-being” , under the aegis of Community Psychology Association of India, December,2014; University of Lucknow, Lucknow.

5. Other Details:

Father’s Name: Dinesh Bahadur Singh

Mother’s Name: Poonam Singh

Husband’s Name: Sumit Shahi

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Sidharthpuram Vistar,
Besides Union Bank of India,
Taramandal Road,
Gorakhpur 273017 (UP), India

7. References

- i. Dr. S.P. Singh, Associate Professor, Department of Applied Sciences, M.M.M. Technical University, Gorakhpur (09450422506)
- ii. Dr. Anubhuti Dubey, Associate Professor, D.D.U. Gorakhpur University (9415270556)
- iii. Ms. Akriti Srivastava, Associate Professor, Banasthali University (09571403364)