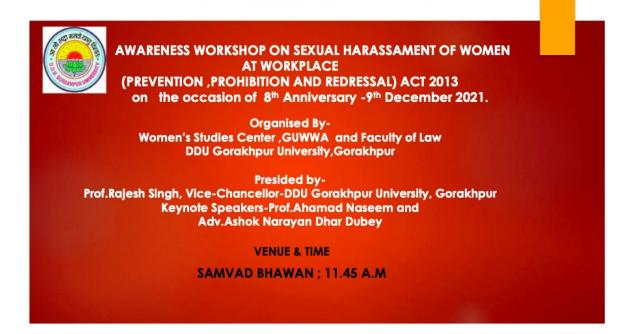
GUWWA Activities 2020-2021



A One day Awareness Workshop on Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act 2013 was organized by Women's Studies Center, Gorakhpur University Women's Welfare Association (GUWWA) and Faculty of Law, DDU Gorakhpur University on December 09, 2021 at Samvaad Bhawan at 11:45 AM. in order to sensitize the students and staff of the University about Sexual Harrassment against women at Workplace.

The Keynote Speakers were Prof. Ahmad Naseem from the Faculty of Law and Advocate Ashok Narain Dhar Dubey. Both the Speakers highlighted the circumstances why such complaints often go unreported and suggested ways and means the guilty could be punished. They enumerated the various legal provisions that provided scope for such complaints to be reported and their redressal thereof. At the end of the Workshop, there was an interactive Session where several questions were asked of the Speakers on the issue. The Speakers satisfactorily answered the questions put up by the audience. Prof. Nandita Singh, President, GUWWA and Coordinator, ICC also emphasized the relevance of the Act. Prof. Chandrashekhar, Dean, Faculty of Law presided over the Workshop Session and stressed the need for such Awareness Workshops. The programme was attended by more than 200 students. Prof. Divya Rani Singh was the Convenor of the Workshop.

Prof. Divya Singh introducing the Speakers and welcoming the Guests and audience.

Prof. Nandita Singh, President GUWWA and Coordinator, ICC introducing the topic.

Keynote Speakers: Advocate. Shri. Ashok Narain Dhar Dubey and Prof. Naseem Ahmad

Participants of the Workshop

Interactive Session of the Workshop

Prof. Chandrashekhar, Dean, Faculty of Law delivering is Presidential Remarks.

Prof. Sunita Murmu

Secretary

Gorakhpur University Women Welfare Association (GUWWA)

GUWWA Activities from January 2022-

Girl Child Day 2022 on January 24, 2022

On the occasion of the Girl Child Day on January 24, 2022 an Online Talk was organized by the Women Studies Centre and Gorakhpur University Women's Welfare Association (GUWWA). Prof. Sunita Mishra, Head of the Department of Home Science, Babasaheb Bhimrao Ambedkar University, Lucknow was the Chief Guest. She spoke on the care and attention was important to be given to the girl child. Mr. spoke on the actual figures of the girl child abuse and the need to generate awareness about girl child abuse especially the growing incidence of child trafficking and the vulnerability of young girls and children. Prof. Nandita Singh, President, GUWWA welcomed the guests and participants and expressed the need to open up discussions on such areas. Prof. Sunita Murmu, Secretary, GUWWA proposed the vote of thanks. Prof. Divya Singh, Head of the Department of Home Science and Director, Women Studies Centre was the Convenor of the Programme. More 50 students participated in the Online Talk.

International Women's Day March 08, 2022

On the occasion of the International Women's Day, a Walkathon was organized by the Women's Studies Centre, Department of Home Science and Gorakhpur University Women's Welfare Association (GUWWA) on March 08, 2022 on the theme "Gender Equality Today for a Sustainable Tomorrow". The Walkathon was flagged off by Smt. Anju Chaudhary, former Mayor of Gorakhpur and Member, State Women's Commission from the University Main Gate. The participants of the Walkathon took a circular route from the Main Gate of the University towards the Income Tax Office turning towards the RTO Road and finally back to the University Main Gate. More than 60 students and several teaching staff participated in the Walkathon.

Walkathon being flagged off by Smt. Anju Chaudhury, former Mayor, Gorakhpur



Participants of the Walkathon

International Women's Day March 08, 2022

On the occasion of the International Women's Day, March 08, 2022 an Online Talk was organized by Women's Studies Centre and Gorakhpur University Women's Welfare Association (GUWWA) at 5:00 pm. Prof.Sushama Sharma, Department of Education, Kurukshetra University, Haryana was the Chief Speaker on the occasion. She spoke on the significant role that women played in building a sustainable future. She elaborately expressed her views through a power point presentation. Prof. Nirmala Chaudhury, University School of Management, Kurukshetra University, Haryana, was the next speaker who spoke the role of women in contemporary society and emphasized the need for empowerment. Prof. Nandita Singh, welcomed the guests and participants of the Online Programme on the International Women's

Day was presided over by the Hon'ble Vice Chancellor of the University, Prof. Rajesh Singh. The Programme was attended by more than 100 students.

A Health Check up Camp on 28th May, 2022

A Health Check up Camp was organized by GUWWA in collaboration with the Women Doctors Wing of the Indian Medical Association (IMA) in the GUWWA Common Hall on 28th May 2022. Hb% test, BDM Test, Neuropathy check were conducted in the Camp. The Women doctors also gave Talks on Female Cancer, Nutrition, Vaccination and Lifestyle Modification in the Camp. The doctors also provided medical advice free of cost. Speaking on the occasion, GUWWA Patron, Mrs. Sumita Singh said that empowerment of women and girls would lead to the building of a strong home, society and country. The University fraternity should forward in large numbers and take advantage of this Health Check Up Camp. One must break the silence regarding one's health problems and must consult the doctor for medical advice. President, GUWWA, Prof. Nandita Singh welcomed the guests and said that the Health Camp was being organized to mark the World Mensturation Day and the World Tobacco Day. A Talk on "Quit Tobacco to Save our Planet" was given by Dr, A.K. Chaturvedi. The following doctors were Present:Dr. A.K. Chaturvedi, Dr. Dipti Chaturvedi, Dr. Babita Shukla, Dr. Anju Srivastava and Dr. Anju Jain. Prof. Anubhuti Dubey, Executive Member, GUWWA and Head, Department of Psychology proposed the vote of thanks. The Programme was compered by Prof. Sunita Murmu, Secretary, GUWWA. The response of the students and staff of the University was very encouraging. Many students and Faculty members took the Medical Tests.



Women's Health Check Up Camp organized by GUWWA on May 28, 2022





Prof. Nandita Singh, President, Gorakhpur University Women Welfare Association (GUWWA) welcoming the Panel of Doctors and audience during the Health Check Up Camp



Dr.Dipti Chaturvedi, President, Women Doctors' Wing (IMA) addressing the audience on Health Awareness

World Environment Day was observed on June 05, 2022

An Online Talk on Rainwater Harvesting was delivered by Col. Shashikant Dalvi on the Occasion of the World Environment Day in the Online mode. This Talk was organized by the Departments of Zoology and Botany in collaboration with the Green Campus Initiative and the Women's Welfare Association (GUWWA). Col Dalvi discussed in detail the advantages of Rain water Harvesting and explained the process by which this could be done with minimum expenditure. He emphasized the necessity of this as especially in the face of depleting water resources. More than 60 participants joined the Online Talk.

World Mental Health Day October 10, 2022

Swasti Psychological Counselling Cell, Department of Psychology in collaboration with Gorakhpur University Women's Welfare Association (GUWWA) organized a Psychological Healing Clinic on the occasion of the World Mental Health Day on October 10, 2022 in the GUWWA Common Hall from 10:30 am onwards on the theme "Prioritize your Mental Health and Well-being". The Programme began by welcoming of the guests and students by Prof. Nandita Singh, President, GUWWA.This was followed by a theme presentation by the Head, Department of Psychology, Prof. Anubhuti Dubey. Prof. Dhananjay Singh elaborated on emotional states like fear, anxiety etc and the need to tackle these emotional states. Prof. Sunita Murmu , Secretary proposed the vote of thanks. Several staff and students of the University undertook the psychological tests to understand their stress levels. The Panel of Psychological counselling Experts from Swasti, the Psychological Counselling Cell provided psychological counseling to those who took the tests. The response of the participants was very enthusiastic and encouraging. More than 70 students and staff participated in the psychological tests.

Awareness Programme on World Mental Health Day, October 10, 2022

Interactive Session on **"Empowering Rural and Tribal Women through Capacity Building"** held on August 08, 2022 at Maharani Laxmibai Women's Hostel.

Speaker: Smt. Sheela Tripathi

A Talk on **"Empowering Rural and Tribal Women through Capacity Building"** was held on August 08, 2022 in the Common Room of Maharani Laxmibai Women's Hostel, Deen Dayal Upadhyaya Gorakhpur University. Smt. Sheela Tripathi, First Lady of Indira Gandhi National Tribal University, Amarkantak, Madhya Pradesh was the Chief Speaker. Smt. Sheela Tripathi shared her experiences of working with the tribal and rural women of Madhya Pradesh and discussed how she had empowered them by encouraging their local arts and handicrafts. This was followed by an Interactive Session with the hostel residents who raised several questions of social interest. The Talk was attended by 47 students. The Vice President of GUWWA, Prof. Sudha Yadav chaired the Session. Prof. Divya Rani Singh presented a handmade paper bag by the Girls of the Dept. of Home Science to the Chief Speaker and proposed the vote of thanks. The Programme was conducted by Prof. Sunita Murmu, Secretary, GUWWA. The Talk was attended by the Superintendents of the Hostel Dr. Tulika Mishra, Dr. Arti Yadav, Dr. Ranjanlata and other Staff members of the Hostel. Talk on Empowering Rural and Tribal Women through Capacity Building on 20.08.2022 Speaker: Smt. Sheela Tripathi

Prof. Sunita Murmu

Secretary

Gorakhpur University Women's Welfare Association (GUWWA)

Minute to minute Programme on the occasion of the International Women's Day, 8th March, 2022

5:00- 5:07	Welcome by the Secretary, GUWWA	
PM		
5:07-5:20	Formal Welcome by the President, GUWWA	
PM		
5:20-5:40	Talk by the Chief Speaker Prof. Sushama Sharma	
PM		
5:40-6:00	Talk by the Guest Speaker Prof. Nirmala Chaudhury	
PM		
6:00-6:15	Vice Chancellor's Message on the occasion of International	
PM	Women's Day and Presidential Remarks	
6:15-6:30	Vote of thanks by Prof. Sushma Pandey	
PM		

Topic: Role	of Women	in Building a	Sustainable Tomorrow
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