SYLLABUS
Department of Psychology
D.D.U. Gorakhpur University
Gorakhpur

B.A. I
Paper 1: Fundamentals of Psychology                Max Marks 75
Paper 2: Environmental Psychology                Max Marks 75
Paper 3: Practical                                 Max Marks 50

B.A. II
Paper 1: Social Psychology                          Max Marks 75
Paper 2: Psychological Statistics                  Max Marks 75
Paper 3: Practical                                 Max Marks 50

B.A. III
Paper 1: History and Systems of Psychology         Max Marks 75
Paper 2: Personality and Psychopathology           Max Marks 75
Paper 3: Psychology of life Span-Development        Max Marks 75
Paper 4: Practical                                 Max Marks 75
B.A. Part I

Paper-1

Basic Psychological Processes


8. Individual Differences: Intelligence: Theoretical Perspectives: Spearman, Thruston, Sternberg and Gardner. Personality: approaches to Personality: trait (Cattell), Psychodynamic (Freud), Socio-Cultural (Bandura and Triguna).

Recommended Books

1. त्रिपाठी, ला० ब० एवं अन्य (2001). आधुनिक प्रायोगिक मनोविज्ञान। आगरा: हर प्रसाद भार्गव।
2. तिवारी, बी० डी० एवं त्रिपाठी, ए० एन० ()। आधुनिक दैहिक मनोविज्ञान
वराणसी: मोतीलाल बनारसी दास।


**Paper-2**

**Environmental Psychology**


3. Methods of Environmental Psychology: Data collection technique, Self report, Observation.


6. Environmental Perception, Cognition and Attitudes: Nature and characteristics of Environmental perception; Social and cultural influences; Environmental Cognition and cognitive mapping; Acquisition of Environmental Attitudes.

7. Personal space and Territoriality: Nature, Function and determinants of personal space; Consequences of personal space invasion; Territoriality function and type; Territoriality & Aggression.

8. Environmental Psychology and Saving the Environment: Environmental Education, Prompts and Reinforcement techniques in Indian context.

**Recommended Books**

1. निवारी, पी॰एस॰ एन॰ (2001). आधुनिक पर्यावरणीय मनोविज्ञान | वाराणसी: मोदीलाल बनारसी दास ए.


**Paper-3**

**Practical (Any eight of the following)**

1. Muller Lyer Illusion
2. Sustained Attention
3. Time Perception
4. Spatial Behavior
5. Paired Associate Learning
6. Clustering in Verbal Learning
7. Retroactive Inhibition
8. Intelligence Test
9. Reconstructive Memory
10. Set in Problem Solving
11. Personality Test
B.A. PART II
Paper -1

Social Psychology

3. Person-Perception: Impression management; Social Cognition: Schema, Schematic processing; Attribution.
5. Interpersonal Attraction: Nature and measurement; Antecedent conditions of Interpersonal Attraction.
7. Aggression: Nature and characteristics; Theories; Factors provoking Aggression and its Control.
8. Intergroup Relations: Prejudice; Discrimination and Communalism; Social Identity.
9. Group Influence: Leadership; Social facilitation; Polarization; Group Think; De-individuation and Mob-behavior.
10. Social Influence Processes: Characteristics and types; Reactions; Conformity; Compliance; Obedience and Minority Influence.

Recommended Books

1. त्रिपाठी, एल॰बी॰ एवं सहयोगी (2001). आधुनिक सामाजिक मनोविज्ञान | आगरा: हर प्रसाद भार्गव |

**Paper-2**

**Statistics in Psychology**

1. Measurement: Nature of Psychological Measurement; Measurement Scales; Frequency; Distribution and Graphic representation of data.
2. Measures of Central Tendency: Computation of Mean, Median and Mode and their uses.
3. Measures of Variability: Computation of Quartile and Standard Deviations; Cumulative Distribution; Percentiles; Standard Scores and their uses.
4. Normal Distribution Curve: Characteristics and Application, Kurtosis and Skewness, Computational problems.
5. Correlations: Meaning and Methods, Spearman and Pearson techniques.
6. Standard Error of Mean: Significance of the difference between means.
7. Chi-squares: Computation of Chi-square from simple and contingency table; Uses and properties of Chi-squares.

**Recommended Books**

1. मिश्रा, बब्बन एवं त्रिपाठी, ला० ब० (2001). मनोवैज्ञानिक सांख्यिकी। आगरा: हर प्रसाद भार्गव।
2. लाल, जे० एन० (2012). मनोवैज्ञानिक सांख्यिकी। गोरखपुर: नील कमल प्रकाशन।


**Paper-3**

**Practical (Any eight of the following)**

1. Person Perception; Averaging or addition or Halo effect.
2. Success & Failure Attribution.
3. Prejudice/Stereotypes.
4. Interpersonal Attraction.
5. Attitude Measurement (Bogardus or Semantic differential scales)
6. Conformity
7. Social Facilitation
8. Helping behavior
9. Aggression
10. False consensus

**B.A. Part III**

**Paper-1**

**Introduction to History of Psychology**

1. Historical background; Origin Modern Psychology; Contribution of Weber; Fechner; Wundt and Ebbinghaus; William James and Galton.
2. The early twentieth century psychology in America and Russia; Structuralism and Functionalism.
3. Psychology in Russia.

4. Antecedents, development and basic tenets of the schools of Psychology: Behaviorism, Gestalt and Field Psychology; Psychoanalytic schools; Collapse of Schools.

5. Psychology in India: Ancient roots and modern developments.

**Recommended Books**


6. मिश्र, गिरीश्वर (1998). एक विकासशील देश में मनोविज्ञान भारतीय अनुभव आगरा: वाई ० के० पब्लिशर्स


**Paper-2**

**Psychopathology**

1. Concept & Elements of Psychopathology: Statistical, Social and Practical Criteria, Classification in Psychopathology DSM IV TR.

2. Anxiety Disorders: Types (Panic Disorder, GAD, Phobia and OCD) Clinical Picture and Causes; Somatoform and Dissoative Disorders-Clinical picture and Causes.
3. Schizophrenia: Major Types, Clinical picture and etiology; Mood Disorders, Major Depressive; Bipolar.

4. Mental Retardation: Types, Clinical picture and etiology; Pervasive Developmental Disorder.

5. Substance Related Disorder; Delirium, Dementia and Amnesic disorder.


**Recommended Books**


**Paper-3**

**Psychology of Human Development**

1. Human Development Perspectives and Processes-Biological, environmental and interaction; Major categories of developmental research and focus. Theories of development: Social learning, Information theory, Cognitive and Psychoanalytic and Humanistic; Genetics and Culture.
2. The Beginning of Human Life: The prenatal period child birth and the neonate; Genetics and Culture; Principles of development, effects of birth on development.

3. Physical, Motor and Speech Development: Physical growth, body size and proportion, development of the nervous system; Principle and sequence of motor development, Motor skills; handedness and major tasks in speech development, Content of speech.

4. Emotional and Social development and Social Adjustment: Patterns of emotional development, Conditions responsible for emotional development, Emotional dominance, balance, control and catharsis; Patterns of Social development in childhood and adolescence; Meaning of social development; Importance of early social experience; Meaning of Social adjustment; Role of companion in Social Adjustment.


6. Moral and Personality development: The stages of moral development; discipline and moral, development; Cognitive approach to moral development; The personality pattern in development; Individuality; Change in personality; important personality determinants.

Recommended Books

1. त्रिपाठी, ला॰ ब॰ एवं पाण्डेय, सुषमा (2001). मानव विकास का मनोविज्ञान | नई दिल्ली: कांसेप्ट पब्लिशिंग कंपनी |

2. लाल, जे॰ एन॰ (2015). विकासात्मक मनोविज्ञान | गोरखपुर: नीलकमल प्रकाशन |


Paper-4

Practical (Laboratory Work and Field Work)

1. Administration, Scoring and Interpretation:
   a) T.A. T (Indian Adaptation by Bureau of Psychology or U. Chaudhary) or Sentence Completion Test.
   b) J.M.P.I. or 16 PF

2. Planning, conduction, analysis and report writing of either:
   a) Long experiment; in more than two treatment designs.
      OR
   b) A small field study.

3. Determination of reliability of any one of the following: by test-retest method after six weeks?
   a) Adjustment Inventory by M.S.L. Saxena.
   b) Anxiety Test by D. Sinha.
   c) Test of General Mental ability by S.M. Mohsin.